



## WYVERN SPORT TERM 1 – Week 9, 2017

### Newington Preparatory Schools Inter-House Cross Country Championships Report

The fields had drained nicely, with no surface water in sight for the running of the 2017 Newington Preps Cross Country Championship. On a perfect day for endurance racing, competitors made their way onto the healthily green senior school campus with House pride on show.

The competitors for the junior race, over the distance of 2km were first to make their way to the start. After a quick warm up and stretch, final race information was relayed, before the starting pistol cracked and House colours exploded over the Johnson Oval and onto Old Boyd Fields. Sam Chittendon, Joel Zipeure and Sam Stewart led the way winding their way from Old Boys down the fence line onto Buchanan and back up onto the driveway for a 2<sup>nd</sup> lap. James Hoskins, Lionel Falk-Brown and Koda Leung were putting in great efforts in the 8/9 division. At the 1.5km mark, as Keegan Bowen, Henry Alexander and Diederik Blanken attempted to make up ground the leaders surged away. Down to the line it was Sam Chittendon 1<sup>st</sup>, Joel Zipeure 2<sup>nd</sup>, Sam Stewart 3<sup>rd</sup> and Bowen Keegan 4<sup>th</sup>. The 8/9 year contingent was led home by James Hoskins 1<sup>st</sup>, Lionel Falk-Brown 2<sup>nd</sup> and Edwin Guy flying home for 3<sup>rd</sup>.

Although some had finished, it was tremendous to see the efforts of the remaining junior runners, to finish the race with their personal best effort. Lungs were bursting and legs were heavy but the boys did not yield, with House spirit and the urgings of their senior counterparts sending them to the tape.

The senior runners were called to the start with a lot of nervous energy apparent. The 3km course was in front of them, final explanations were given “2 laps of the course, do your best and have fun!” Accelerating as if startled by the starting pistol, boys hurtled up the incline to Old Boys. Lindfield’s classy runner Charlie Burt, positioned himself towards the front of the pack. Matthew Torrible sat just behind with the Dundon brothers, Harry and Finn. Thomas Blanken, Nathan Sharp, Arlo Merewether, Jake Kitchen and Edward Wadland all pushed themselves to stay in touch.

Grimaces on the faces of the runners displayed the exertion and efforts required to complete the course. Zig-Zagging their way over the grounds of the senior school, the senior race resembled a rainbow serpent on a chase. This rainbow serpent had a blue Rydal tongue with Charlie Burt sailing away to record an impressive victory. Matthew Torrible 2<sup>nd</sup> showed great resilience to beat home Finn Dundon 3<sup>rd</sup> and Harry Dundon 4<sup>th</sup>. The 11 year old field was led home with strong running from Arlo Merewether 1<sup>st</sup>, Jake Kitchen 2<sup>nd</sup> and Edward Wadland 3<sup>rd</sup>.

Boys in the 1km fun run were joined with the more energetic members of the Wyvern staff, in a great way to round out the day of activity. Mr Lowrie and Miss Dillon

took the staff honours, although outsprinted to the line by many of the younger brigade.

Mr Holden and Mr Barrington-Higgs helped present the age champions, runners-up and 3<sup>rd</sup> place getters in each division. The final presentations were for the 2017 House Cross Country Championship. As the envelope was opened a hush came across the expectant group. And the winner is Coates! The silence abated, the crowd erupted and yellow shirts embraced.

Thank you to all staff who helped, all boys that participated and to all parents in attendance for making the event such a wonderful success.

Placing	8&9	10	11	12
<b>Champion</b>	J. Hoskins	S. Chittendon	A. Merewether	C. Burt
<b>Runner-Up</b>	L. Falk-Brown	J. Zipeure	J. Kitchen	M. Torrible
<b>3rd</b>	E. Guy	S. Stewart	E. Wadland	F. Dundon

House	Grand Total	Adjusted Score	Champions
Coates	199	1st - 2.19	Junior
Kingswood	139	2nd - 1.99	Sam Chittendon
Rydal	139	3rd - 1.9	Senior
Williams	130	4th - 1.58	Charlie Burt
Lucas	113	5th - 1.36	House
Howe	116	6th - 1.33	Coates











### **IPSHA Cross Country Carnival**

We wish all the Newington cross country runners all the best for the IPSHA championships to be held at Kings on Saturday 1st April. 36 boys from Wyvern and Lindfield campuses will be matching their endurance with the best runners from the IPSHA schools in NSW. We look forward to hearing how the team fared next newsletter.

### **2017 IPSHA TEAM**

<b>8 &amp; 9</b>	<b>10</b>	<b>11</b>	<b>12</b>
J. Hoskins	S. Chittendon	A. Merewether	C. Burt
L. Falk-Brown	J. Zipeure	J. Kitchen	M. Torrible
E. Guy	S. Stewart	E. Wadland	F. Dundon
K. Leong	K. Bowen	F. FitzSimons	H. Dundon
L. Casey	H. Alexander	C. Roberts	T. Blanken
M. Saravanja	D. Blanken	R. Ng	N. Sharp
N. Warwick	D. James	H Wadland	W. Lane
	M. Fadel	F. Wicks	J. Walsh
	D. William	O. Veitch	D. Shields
		K. Grilis	M. Pearson

### **Wyvern Summer Sport Captains 2017**

Congratulations to the following boys in being named as a summer sport captain for 2017. These boys have been chosen to represent Wyvern by displaying sportsmanship, leadership and a standard of accomplishment within their sport.

<b>Tennis</b>	Eric Carney
<b>Cricket</b>	Felix Hochuli
<b>Swimming</b>	Lucas Pollard
<b>Basketball</b>	Will be confirmed T4
<b>Water-Polo</b>	Will be confirmed T4

### **Winter Sport: (Draw completed)**

Monday 27 March marked the beginning of our preparation and team allocation for the winter sport season. Training sessions will be held at the Newington Senior School during our normal Monday and Wednesday afternoon sport training times (1:45pm – 2:45pm).

During this time, coaches will be observing and assisting the boys to learn the game and demonstrate their skills. They will ensure all boys are given an equal and fair opportunity to demonstrate their abilities. There will be a series of skill assessments followed by mini games and modified match situations to test the boys' match play skills. Students will be allocated teams during this time to allow ample time for teams to prepare for Round 1 which will be on Saturday 29 April after we return from holidays. Consideration will be given to previous form e.g. In the event of a student being injured before the trials and unable to participate, but it must not be presumed that because a student played in a particular team last year, that he will automatically be selected in that equivalent team this year.

Where possible, coaches will select squads that include a number of placements for reserves. This is necessary to allow us to cover the absence of players due to sickness, injury etc. The team may be subject to change at any time during the course of the season.

Reserves will be rotated on and off the field each week throughout a match.

Depending on the size of the final squad it may be necessary to roster some students off from playing each week. This will be done on a rotational basis so all boys get an equal opportunity to play.

'Rostered Off' reserves are not required to attend the matches but their attendance to show support for their team mates is welcome. This ensures that all boys in attendance receive adequate game time and do not spend a large amount of time sitting off. We

will do our best to ensure that all boys that have been selected for a particular game will be rotated throughout the game and play equal time. This may even itself out over a number of games so please do not become worried if it does not happen over the course of one game.

It is important, regardless of the team that your son ultimately finds himself selected in, that we encourage team camaraderie, good sportsmanship, a positive attitude and that we reinforce the values that working hard to achieve a goal will make the rewards far more appreciated.

### **UNIFORM REQUIREMENTS FOR MONDAY AND WEDNESDAY WINTER SPORT**

#### **Football (soccer)**

- Newington soccer shirt, soccer shorts, Newington black and white striped socks and runners to and from school.
- Shin pads and boots at training



### **Rugby**

- Newington rugby jumper, rugby shorts, Newington black and white striped socks and runners to and from school.
- Mouth guard and boots at training

### **AFL**

- PE shirt, rugby shorts, Newington black and white striped socks and runners to and from school.
- PE shirt, mouth guard and boots at training

Our first round of winter sport is on Saturday 29<sup>th</sup> April.  
(First Saturday in Term 2)

### **F.A.S.T Football Program for Years 1 and 2**

During Term 2 Wyvern will once again be offering the F.A.S.T Football program for boys in Years 1 and 2 to help develop their skills before entering inter-school sport in Year 3. Flyers will be sent home towards the end of Term 1 with online registration details. Students will have the opportunity to participate in a 12 week program held after school on Friday afternoons during Term 2 and 3. More details will be on the flyer and parents are asked not to approach Fast Football until this flyer has been advertised, in order to provide an equal opportunity for registration.

### **Holiday Sport Camps**

There are Flyers for the different Holiday Sport Camps available on Spaces. Please go to the Wyvern Sport Page under the “More” tab for the “Holiday Sport Flyers” information.

### **Shining Stars**

- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this “Shining Stars” section of the Wyvern.

### **Coming Up**

- Saturday 1 April – IPSHA cross country at Kings. (selected students)
- Saturday 29 April – 1<sup>st</sup> Round of Winter Sport
- Tuesday 16 May – NSW Schools FUTSAL (selected students)
- Wednesday 17 May – NSW Schools/Sydney South Rugby 7's gala Day (selected students)

Joel Wilson

**Newington College – Wyvern Sports Coordinator**