



# MULTI-SPORTS & ACTIVITIES

*Planting the seed for a lifelong love of SPORT*

**CAMP 1: 10-14 Dec 2012, 10am-3pm (FREE before care from 8.30am)**

5 Day multi-sports camp at Newington Sports Centre COST \$250 (or \$70pd)

**CAMP 2: 17-21 Dec 2012, 10am-3pm (FREE before care from 8.30am)**

5 Day multi-sports camp at Newington Sports Centre COST \$250 (or \$70pd)

**CAMP 3: 14-18 Jan 2013, 10am-3pm (FREE before care from 8.30am)**

5 Day multi-sports camp at Newington Sports Centre COST \$250 (or \$70pd)

**CAMP 4: 21-22 Jan 2013, 10am-3pm (FREE before care from 8.30am)**

2 Day multi-sports camp at Wyvern House COST \$150 (or \$80pd)

### OPTIONAL EXCURSION TO FOX STUDIOS (EVERY FRIDAY)

Movie plus ice-cream / popcorn and drink COST \$40  
(If attending on a casual basis the cost is \$90)

Laser Skirmish, bowling, popcorn and drink COST \$80  
(If attending on a casual basis the cost is \$120)

### MULTI-SPORTS & ACTIVITIES CAMPS INCLUDE:

- TEAM BUILDING ACTIVITIES
- A WIDE VARIETY OF TEAM SPORTS
- SWIMMING
- A LOT OF FUN
- **NEW BRAIN BUSTER ACTIVITIES:**
  - Science Experiments
  - Design & Technology (create F1 cars or design your own Christmas gift)
  - Theatre Sports

### SPORTS INCLUDE:

- SWIMMING
- TOUCH FOOTY
- DODGE BALL
- WATER POLO
- BASKETBALL
- GOLF
- CAPTURE THE FLAGS
- HOCKEY
- VOLLEYBALL
- INDOOR CRICKET
- SOFTBALL
- AFL
- PLUS A WHOLE STACK MORE

### PLEASE NOTE:

- Camps are suited for children aged 5-15
- After care available til 5.30pm for \$25pd
- Swimming is supervised by qualified and trained staff. Small swimming classes with a wading pool for the less confident.
- Elective activities are organised on the first day. Those electing to participate in one or more of the electives will have them scheduled into their daily programs.
- Excursion to Fox Studios includes: A chartered bus to and from Fox Studios, activities and extra staff for increased supervision.

### WHAT TO BRING

- Morning tea, lunch, drinks (FREE BBQ on Wednesday or Thursday)
- Shorts/track pants, shirt, hat, sunscreen
- Swimmers and a towel
- Lots of energy and a positive attitude

### MEETING POINT

- Newington College Sports Centre (access via back gate on Newington Rd)

### REGISTER

[www.seedsports.com.au/register](http://www.seedsports.com.au/register)

### SPONSORED BY:



*The multi-sports camps are best suited to those who like a little bit of everything*