



MULTI-SPORTS & ACTIVITIES

Planting the seed for a lifelong love of SPORT

Hurry, FREE t-shirt to the first 50 registrations!!

CAMP 1: 23-27 September 2013, 10am-3pm

5 Day multi-sports camp at Newington Sports Centre COST \$270 (or \$70pd)

CAMP 2: 30 September-4 October 2013, 10am-3pm

5 Day multi-sports camp at Newington Sports Centre COST \$270 (or \$70pd)

After-Care Available upon request 3.00pm-5.30pm additional \$30pd (siblings free)

* OPTIONAL EXCURSION TO FOX STUDIOS (EVERY FRIDAY)

Movie plus ice-cream/popcorn, drink COST \$40 (attending on a casual basis, cost \$110)
Laser Skirmish and bowling COST \$60 (attending on a casual basis, cost \$130)

* Day excursion includes: chartered bus to and from Fox Studios, activities and supervision. Staffing levels are increased when we venture off site.

MULTI-SPORTS & ACTIVITIES CAMPS INCLUDE:

- **NEW BRAIN BUSTER ACTIVITIES:**
 - Science Experiments (Biology, Physics & Chemistry)
 - Design & Technology (race your own F1 car)
 - Theatre Sports
- TEAM BUILDING ACTIVITIES
- A WIDE VARIETY OF TEAM SPORTS
- SWIMMING
- A LOT OF FUN

SPORTS INCLUDE:

- SWIMMING
- TOUCH FOOTY
- DODGE BALL
- WATER POLO
- BASKETBALL
- GOLF
- CAPTURE THE FLAGS
- HOCKEY
- VOLLEYBALL
- INDOOR CRICKET
- SOFTBALL
- AFL
- PLUS A WHOLE STACK MORE

PLEASE NOTE:

- Camps are suited for children aged 5-15
- After care available from 3-5.30pm for \$30pd (siblings free).
- Swimming is supervised by qualified and trained staff. Small swimming classes with a wading pool for the less confident.
- Elective activities are organised on the first day. Those electing to participate in one or more of the electives will have them scheduled into their daily programs.
- Excursion to Fox Studios includes: A chartered bus to and from Fox Studios, activities and extra staff for increased supervision.

WHAT TO BRING

- Morning tea, lunch, drinks (FREE BBQ on Wednesday or Thursday)
- Shorts/track pants, shirt, hat, sunscreen
- Swimmers and a towel
- Lots of energy and a positive attitude

MEETING POINT

- Newington College Sports Centre (access via back gate on Newington Rd)

REGISTER

www.seedsports.com.au/register

SPONSORED BY:



The multi-sports camps are best suited to those who like a little bit of everything