



NEWINGTON COLLEGE - LINDFIELD

SPRING/SUMMER MENU - TERMS 4 2012 AND TERM1 2013



OPEN ON TUESDAYS, THURSDAYS AND FRIDAYS

LUNCH ORDERS ONLY - HOT FOOD

Large Pie & Sauce	\$3.50
Small Pie & Sauce	\$1.50
Sausage Roll & Sauce	\$3.50
Cheese Jaffle	\$2.50
Cheese & Ham Jaffle	\$3.50
Ham & Pineapple Pizza	\$3.00
Cheese & Tomato Pizza	\$3.00
Lasagna	\$3.50
Macaroni & Cheese	\$3.50
Garlic Roll	\$1.50
Chicken Wedge	\$0.80
Beef in a Blanket (Tomato sauce or BBQ)	\$2.50

HOMEMADE

Pasta Bolognese	\$4.00
Nachos	\$4.00

LUNCH ORDERS ONLY - FRESH SANDWICHES

Wholemeal bread roll	\$0.20
Vegemite	\$2.00
Cheese	\$2.50
Egg & Mayonnaise or Lettuce	\$2.50
Chicken	\$3.00
Leg Ham	\$3.00
Salad - lettuce, tomato, cucumber, carrot	\$3.00
Chicken / Ham & Salad	\$4.00

*WRAPS (TOASTED OR FRESH - PLEASE INDICATE)

Chicken, avocado and cheese	\$4.80
Ham, cheese and tomato	\$4.80
Sweet chilli chicken, cheese, lettuce and carrot	\$4.80

EXTRAS

Avocado	\$0.50
Tomato sauce	\$0.20
Cheese	\$0.50
Mayonnaise	\$0.20
Egg	\$0.50
Lettuce, carrot or tomato (each)	\$0.50
Salad	\$1.00

TUESDAY LUNCH SPECIALS

Sushi - Teriyaki chicken, Tuna or Avocado & Cucumber	\$2.80
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THURSDAY & FRIDAY LUNCH SPECIAL

Wholemeal Chicken Burger with mayonnaise and fresh garden salad	\$4.50
Friday only - a bag of Jelly snakes	\$0.50

RECESS ONLY

½ Hot Cheese Bread Roll	\$0.90
Garlic Bread	\$0.80
Pizza	\$1.00

SNACKS

Anzac Biscuit	\$0.50
Bread Stick	\$0.10
Chips	\$1.50
Muffin	\$1.00
Jumpies	\$1.00

FROZEN TREATS

Frozen Quelch Sticks	\$0.60
Icy Twist	\$1.20
*Paddlepop	\$1.60
Mini Calippo	\$1.00
Frozen Yoghurt - Strawberry	\$2.00
Frozen Orange ¼	\$0.30
Jelly Cup	\$0.60

DRINKS

Bottled Water	\$1.50
Flavoured Milk (chocolate or strawberry)	\$2.00
Apple Juice	\$1.50
Quench (lemon/lime, orange, apple/raspberry)	\$1.50
Hot Chocolate	\$1.50

2012 TUCKSHOP MANAGER & TUCKSHOP ROSTERS

- Kathryn Nordstrom 0402-826-163
knordstrom@optusnet.com.au

CHECK PREP TALK & TUCKSHOP DOOR FOR NOTICES OF SPECIAL MEALS.

*denotes price change

If boys forget to place their lunch order, Mrs Nordstrom is happy to make them a jaffle or a sandwich.