## **Newington Walkathon**

## Walk for Fitness and for Fun!

Wednesday, 12 June 2013 from 9am to 11.30am

(with a back-up date of Wednesday, 19 June)

You will soon receive our 2013 Newington Walkathon Sponsorship flyer.

Last year's Walkathon was a huge hit and we're hoping this year's is even bigger!

It's a great way for the boys to enjoy a relaxed, healthy and fun fitness outing!

With 10 house points on offer for each participant and 50 house points awarded to the top fundraiser in each class, the rivalry between Rydal and Kingswood will continue!

All walkers will receive a Certificate of Participation.



## On the Day

We welcome your help ... if you would like to volunteer as a parent walker or at a checkpoint, please email Melissa Hunter (am.hunter@bigpond.com). Come along, have fun and support our boys!

Each class will proceed on the walk in their allocated time and then return to regular activities. A staggered morning tea will be based on the allocated walk time.

Water will be provided to the boys at checkpoint 3 (see below for route details). First aid will be available at each checkpoint and will be administered by a teacher.

All boys will gather in the lower playground from 10.50am to cheer on the returning Buddy Walkers (Kindy & Year 6).

Mr Wyatt will present certificates, announce house points and the top fundraisers in each class.

## **Order of Walk**

