



# NEWINGTON COLLEGE - LINDFIELD

SPRING/SUMMER MENU - TERM 4 2013 AND TERM 1 2014



**OPEN ON TUESDAYS, THURSDAYS AND FRIDAYS**

## LUNCH ORDERS ONLY - HOT FOOD

Large Pie & Sauce	\$3.80
Small Pie & Sauce	\$1.70
Sausage Roll & Sauce	\$4.00
Cheese Jaffle	\$3.00
Cheese & Ham Jaffle	\$4.00
*Supreme Pizza	\$3.50
Ham & Pineapple Pizza	\$3.50
Cheese & Tomato Pizza	\$3.50
Lasagna	\$4.00
Macaroni & Cheese	\$4.00
Garlic Roll	\$1.80
Chicken Wedge	\$0.90
Beef in a Blanket (Tomato Sauce or BBQ)	\$3.00

## LUNCH ORDERS ONLY - FRESH SANDWICHES

Wholemeal Bread Roll	\$0.20 extra
Vegemite	\$2.20
Cheese	\$2.80
Egg & Mayonnaise or Lettuce	\$3.00
Chicken	\$3.50
Leg Ham	\$3.50
Salad - Lettuce, Tomato, Cucumber and Carrot	\$3.50
Chicken / Ham & Salad	\$4.50

## WRAPS (TOASTED OR FRESH - PLEASE INDICATE)

Chicken, Avocado and Cheese	\$5.50
Ham, Cheese and Tomato	\$5.50
Sweet Chilli Chicken, Cheese, Lettuce and Carrot	\$5.50

## EXTRAS FOR SANDWICHES AND WRAPS

Avocado	\$0.50
Tomato sauce	\$0.20
Cheese	\$0.50
Mayonnaise	\$0.20
Lettuce, Carrot or Tomato (each)	\$0.50
Salad	\$1.50

## TUESDAY LUNCH SPECIALS

*Sushi - Teriyaki Chicken <u>or</u> Tuna <u>or</u> Avocado & Cucumber	\$3.00
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## THURSDAY & FRIDAY LUNCH SPECIAL

*Wholemeal Chicken Burger with Mayonnaise and Fresh Garden Salad (new tangy rissole)	\$5.50
Friday Only - Bag of Jelly Snakes	\$0.50

## RECESS ONLY

½ Hot Cheese Bread Roll	\$1.00
Garlic Bread	\$0.80
Pizza	\$1.20

## SNACKS

Anzac Biscuit	\$0.70
Bread Stick	\$0.20
Chips	\$1.80
Muffin	\$1.00
Jumpies	\$1.20

## FROZEN TREATS

Frozen Quelch Sticks	\$0.80
Icy Twist	\$1.40
Paddlepop	\$2.00
Mini Calippo	\$1.20
Lite Ice Cream Bucket	\$1.50
Frozen Yoghurt - Strawberry or Mango	\$2.00
Jelly Cup	\$0.80
*Frozen Pineapple Rings	\$0.80

## DRINKS

Bottled Water	\$1.50
Flavoured Milk (Chocolate, Strawberry or Banana)	\$2.00
Apple Juice	\$1.50
Quench (Lemon/Lime, Orange, Apple/Raspberry)	\$2.00

## 2013 TUCKSHOP MANAGER & ROSTERS

- Kathryn Nordstrom 0402-826-163  
[knordstrom@optusnet.com.au](mailto:knordstrom@optusnet.com.au)

Lunch Wallets with Velcro closure and zippered order and coin window, can be purchased from the Prep Shop or the Tuckshop for \$10.00 each

If ordering on a paper bag, please write child's name, class and meal required then enclose as close to correct money as possible. Change is taped to the outside of the bag, but large amounts of change will be given to the student by hand to ensure safety.

\*asterisk indicates new product

If boys forget to place their lunch order, Mrs Nordstrom is happy to make them a jaffle or a sandwich.