

TUCKSHOP - TERM 3

Week 10: 17 September - 21 September 2012

Monday 17 September	Recess	Raisin Toast	\$2.00
	Lunch	Sushi - Tuna, Chicken or Vegetarian	\$3.00
		Homemade Pumpkin Soup with a Wholemeal Roll	\$3.50
Tuesday 18 September	Recess	Fruit Salad with Yoghurt	\$3.50
	Lunch	PIZZA DAY - Homemade Margherita (tomato sauce and low fat mozzarella cheese) OR Supreme (tomato sauce, lean ham, mushrooms, salami and low fat mozzarella cheese)	\$4.50
Wednesday 19 September	Recess	Homemade Chocolate Chip Muffin	\$2.80
	Lunch	Homemade Honey Soy Chicken Drumettes served with Steamed Rice	\$4.50
Thursday 20 September	Recess	Pretzels	\$2.00
	Lunch	BBQ DAY BBQ Beef Sausage on a Bread Roll, Popper Drink and Dixie Cup	\$6.00
Friday 21 September	Recess	Staff Professional Development Day - No Students	
	Lunch		

Tuckshop Roster

Monday
17 September

Susan Lewis

Tuesday
18 September

Charissa Gannon, Nikki Harmer

Wednesday
19 September

Susanne Goh, Dita Alafaci

Thursday
20 September

Wendy Stanton

Friday
21 September

Staff Professional Development Day - No Students

Tuckshop Convenor - Janie Guy - Mobile: 0433 452 460 Email: janieguy@gmail.com

TUCKSHOP - TERM 4

Week 1: 8 October - 12 October 2012

Monday 8 October	Recess	Sausage McMuffin with BBQ Sauce	\$3.50
	Lunch	Sushi - Chicken, Californian or Vegetarian	\$3.00
Tuesday 9 October	Recess	Slinky Apples - red or green OR	\$1.50
		Snack Box (carrots, apricot, cheese, crackers and dip)	\$3.00
	Lunch	PIZZA DAY - Homemade Margherita (tomato sauce and low fat mozzarella cheese) OR Hawaiian (tomato sauce, low fat mozzarella cheese, lean and pineapple)	\$4.50
Wednesday 10 October	Recess	Homemade Pancakes with Banana and Yoghurt	\$3.50
	Lunch	Oven Baked Potato Wedges with Dipping Sauce	\$4.50
Thursday 11 October	Recess	Fruit Salad with Yoghurt	\$3.50
	Lunch	Penne Matriciana (tomato and bacon sauce)	\$4.50
Friday 12 October	Recess	Banana Bread Slice	\$3.00
	Lunch	Skinless Hot Dog on a Wholemeal Bun with Sauce OR	\$4.00
		Sushi - Chicken	\$3.00

Tuckshop Roster

Monday
8 October

Tina Nikos

Tuesday
9 October

Kathy Tsakonas, Suzy Demyane

Wednesday
10 October

Tania Purkis, Hailey Latham

Thursday
11 October

Cathryn Ferguson, Sue Fitzsimmons

Friday
12 October

Mel Fotea, Michele Weavers

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