

## TUCKSHOP - TERM 4

### Week 2: 15 October - 19 October 2012

<b>Monday</b> 15 October	Recess	<b>Egg and Bacon Wholemeal McMuffin</b>	<b>\$3.50</b>
	Lunch	<b>Sushi - Tuna, Chicken or Vegetarian</b>	<b>\$3.00</b>
<b>Tuesday</b> 16 October	Recess	<b>Jelly, Watermelon and Yoghurt Tub</b>	<b>\$3.00</b>
	Lunch	<b>PIZZA DAY - Homemade Margherita (Napoli sauce and low fat cheese) OR Supreme (Napoli sauce, lean ham, mushrooms, salami and low fat cheese)</b>	<b>\$4.50</b>
<b>Wednesday</b> 17 October	Recess	<b>Homemade Anzac Cookies (3)</b>	<b>\$2.50</b>
	Lunch	<b>Honey Soy Drumettes served with Steamed Rice</b>	<b>\$4.50</b>
<b>Thursday</b> 18 October	Recess	<b>Corn Cobs (2)</b>	<b>\$2.50</b>
	Lunch	<b>Homemade Penne Bolognese</b>	<b>\$4.50</b>
<b>Friday</b> 19 October	Recess	<b>Pretzels</b>	<b>\$2.00</b>
	Lunch	<b>PIE DAY Angus Beef Pie Sausage Roll Potato Pie Chicken Pie OR</b>	<b>\$3.50 \$3.00 \$4.00 \$4.00</b>
		<b>Sushi - Chicken</b>	<b>\$3.00</b>

### Tuckshop Roster

**Monday**  
15 October

Susan Lewis

**Tuesday**  
16 October

Charissa Gannon, Sharon Tivey

**Wednesday**  
17 October

Dita Alafaci, Susanne Goh

**Thursday**  
18 October

Wendy Stanton

**Friday**  
19 October

Kathy Burshtein, Karen Saupin

Tuckshop Convenor - Janie Guy - Mobile: 0433 452 460 Email: janieguy@gmail.com

## TUCKSHOP - TERM 4

### Week 3: 22 October - 26 October 2012

<b>Monday</b> 22 October	Recess	<b>Wholemeal Crumpets with Honey and Banana</b>	<b>\$3.00</b>
	Lunch	<b>Sushi - Beef, Prawn or Vegetarian</b>	<b>\$3.00</b>
<b>Tuesday</b> 23 October	Recess	<b>Strawberry Smoothie with Low Fat Milk</b>	<b>\$3.00</b>
	Lunch	<b>PIZZA DAY - Homemade Margherita (Napoli sauce and low fat cheese) OR Hawaiian (Napoli sauce, lean ham, pineapple and low fat cheese)</b>	<b>\$4.50</b>
<b>Wednesday</b> 24 October	Recess	<b>Homemade Chocolate Chip Muffin</b>	<b>\$2.90</b>
	Lunch	<b>Chicken Caesar Wrap with Egg, Bacon, Croutons and Chicken</b>	<b>\$4.50</b>
<b>Thursday</b> 25 October	Recess	<b>Crustie - Baguette Bread with Vegemite or Jam</b>	<b>\$1.50</b>
	Lunch	<b>Butter Chicken served with Steamed Rice</b>	<b>\$4.50</b>
<b>Friday</b> 26 October	Recess	<b>Fruit Salad with a Scoop of Ice Cream</b>	<b>\$2.50</b>
	Lunch	<b>Beef Nachos with Guacamole, Low Fat Cheese and Greek Yoghurt</b>	<b>\$4.50</b>
		<b>Sushi - Chicken</b>	<b>\$3.00</b>

### Tuckshop Roster

**Monday**  
22 October

**James Fairbank**

**Tuesday**  
23 October

**Cheryl Douglas, Jacinta Gill**

**Wednesday**  
24 October

**Emma Gooding, Nikki Harmer**

**Thursday**  
25 October

**Kerry-Lee Foord, Alex Loveridge**

**Friday**  
26 October

**Lisa Lawton-Wade, Tara Rennie**

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