TUCKSHOP - TERM 4

Week 6: 12 November - 16 November 2012

Monday 12 November	Recess	Sausage McMuffin with BBQ Sauce	\$3.50
	Lunch	Sushi - Chicken, Californian or Vegetarian	\$3.00
Tuesday 13 November	Recess	Slinky Apples (red or green) OR	\$1.50
		Snack Box (carrots, apricots, cheese, crackers and dip)	\$3.00
	Lunch	PIZZA DAY - Homemade Margherita (Napoli sauce and low fat cheese) OR	\$4.50
		Hawaiian (Napoli sauce, lean ham, pineapple and low fat cheese)	\$4.50
Wednesday 14 November	Recess	Homemade Pancakes with Banana and Yoghurt	\$3.50
	Lunch	Oven Baked Potato Wedges with Dipping Sauce	\$4.50
Thursday 15 November	Recess	Fruit Salad with Yoghurt	\$3.50
	Lunch	Penne Matriciana (tomato and bacon sauce)	\$4.50
Friday 16 November	Recess	Banana Bread Slice	\$3.00
	Lunch	Skinless Hot Dog on a Wholemeal Bun with Sauce OR	\$4.50
		Sushi - Chicken	\$3.00

Tuckshop Roster				
Monday 12 November	Tina Nikos			
Tuesday 13 November	Kathy Tsakonas, Suzy Demyane			
Wednesday 14 November	Tania Purkis, Halley Latham			
Thursday 15 November	Wendy Stanton			
Friday 16 November	Kathy Burshtein, Karen Saupin			

Tuckshop Convenor - Janie Guy - Mobile: 0433 452 460 Email: janieguy@gmail.com

Tuckshop Menu and Roster

TUCKSHOP - TERM 4

Week 7: 19 November - 23 November 2012

Monday 19 November	Recess	Egg and Bacon Wholemeal McMuffin	\$3.50
	Lunch	Sushi - Tuna, Chicken or Vegetarian	\$3.00
Tuesday 20 November	Recess	Jelly, Watermelon and Yoghurt Tub	\$3.00
	Lunch	PIZZA DAY - Homemade Margherita (Napoli sauce and low fat cheese) OR	\$4.50
		Supreme (Napoli sauce, lean ham, mushroom, salami and low fat cheese)	\$4.50
Wednesday 21 November	Recess	Homemade Anzac Cookies (3)	\$2.50
	Lunch	Honey Soy Drumettes Served with Steamed Rice	\$4.50
Thursday 22 November	Recess	Corn Cobs (2)	\$2.50
22 November	Lunch	Penne Bolognese	\$4.50
Friday 23 November	Recess	Pretzels	\$2.00
	Lunch	PIE DAY Angus Beef Pie Sausage Roll Potato Pie Chicken Pie OR	\$3.50 \$3.00 \$4.00 \$4.00
		Sushi - Chicken	\$3.00

Tuckshop Roster				
Monday 19 November	Susan Lewis			
Tuesday 20 November	Charissa Gannon, Nikki Harmer			
Wednesday 21 November	Susanne Goh, Dita Alafaci			
Thursday 22 November	Kerry-Lee Foord, Alex Loveridge			
Friday 23 November	Lisa Lawton-Wade, Michele Benson			

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Tuckshop Menu and Roster