

TERM 1

TUCKSHOP MENU

Week 2 4 February 2013 – 8 February 2013

Monday 4 February	Recess	Egg and Bacon Wholemeal McMuffin	\$3.50
	Lunch	Sushi – Tuna, Chicken or Vegetarian	\$3.00
Tuesday 5 February	Recess	Jelly, Watermelon and Yoghurt Tub	\$3.00
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat cheese) OR Supreme (Napoli sauce, mushroom, lean ham, salami and low fat cheese)	\$4.50 \$4.50
Wednesday 6 February	Recess	Homemade Anzac Cookies (3)	\$3.00
	Lunch	Honey Soy Drumettes Served with Steamed Rice	\$5.00
Thursday 7 February	Recess	Homemade Strawberry Frozen Yoghurt	\$3.50
	Lunch	Penne Bolognese	\$5.00
Friday 8 February	Recess	Pretzels	\$2.00
	Lunch	PIE DAY Angus Beef Pie Sausage Roll Potato Pie Chicken Pie	\$3.50 \$3.00 \$4.00 \$4.00
		Sushi – Chicken	\$3.00

TUCKSHOP ROSTER

Monday 4 February	
Tuesday 5 February	Vanessa Safieh, Noelle Clark, Andrea Schlaphoff
Wednesday 6 February	Robyn Meakins, Ann Howe
Thursday 7 February	Urania Tanoy, Dyanne Wayling
Friday 8 February	Sarah Britt, Alison Jones

TERM 1

TUCKSHOP MENU

Week 3 11 February 2013 – 15 February 2013

Monday 11 February	Recess	Wholemeal Crumpets with Honey and Banana	\$3.00
	Lunch	Sushi – Beef, Prawn or Vegetarian	\$3.00
Tuesday 12 February	Recess	Strawberry Smoothie with Low Fat Milk	\$3.00
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat cheese) OR Hawaiian (Napoli sauce, lean ham, pineapple and low fat cheese)	\$4.50 \$4.50
Wednesday 13 February	Recess	Homemade Chocolate Chop Muffin	\$3.00
	Lunch	Chicken Caesar Wrap with Egg, Bacon, Croutons and Chicken	\$5.00
Thursday 14 February	Recess	Crustie Baguette Bread with Vegemite or Jam	\$1.50
	Lunch	Butter Chicken Served with Steamed Rice	\$5.00
Friday 15 February	Recess	Fruit Salad with a Scoop of Ice Cream	\$3.00
	Lunch	Beef Nachos with Guacamole, Low Fat Cheese and Greek Yoghurt	\$5.00
		Sushi – Chicken	\$3.00

TUCKSHOP ROSTER

Monday 11 February	
Tuesday 12 February	Kathy Tsakonas, Amanda Graham
Wednesday 13 February	Dita Alafaci
Thursday 14 February	Sarah Alden, Andrew Wiefler
Friday 15 February	Karen Saupin, Kathy Burshtein