## **Newington College**



## WYVERN SPORT TERM 2 - WEEK 1, 2013

## SATURDAY WINTER SPORT ROUND 1 – SATURDAY 3 MAY, 2013

The winter sport draw for 2013 has been placed on Newington Spaces. Please remember that on occasions this draw is subject to change so each week refer to the weekly team sheet included with the Wyvern to confirm the most up-to-date details regarding the weekends round of matches.

#### WINTER SPORT

By now all boys will be aware of which team they will be playing in this weekend. Please note that the team your son has been selected in may be subject to change at any time during the course of the season. In particular, the first few rounds of the season will be used as part of the selection process and any changes to team line ups will only occur after consultation between all the coaches. It is important, regardless of the team that your son ultimately finds himself selected in, that we encourage team camaraderie, good sportsmanship, a positive attitude and that we also reinforce the value that working hard to achieve a goal will make the rewards far more appreciated.

Depending on the size of the squad, it may be necessary to roster some students off each week. This ensures that all boys in attendance at the game receive adequate on field time and do not spend a large amount of the match sitting as a reserve. We will do our best to ensure that all boys that have been selected for a particular game will be rotated throughout the game and play equal time. This may even itself out over a number of games so please do not become worried if it does not happen over the course of one game.

If your son suddenly becomes unavailable for a match due to unforeseen circumstances on a Friday night/Saturday morning, it is expected that you contact your son's coach as early as possible. Absence from sport is the same as absence from any school activity and it is expected that your son bring in a letter explaining his absence when he first returns to school. This letter should be addressed to the coach and a copy sent to the Wyvern Sport Administrative Assistant (Mr Joel Wilson). Finally, we ask that all boys be:

- Punctual for games arriving at least 30 minutes prior to the start of the scheduled game.
- Ensure that correct Newington sports uniform is worn (this includes safety equipment).

## FOOTBALL (SOCCER) REFEREES COURSE

Please note that we will be running a football (soccer) referees course this Saturday 4 May 2013

The course will start at 9:00am sharp and finish at 4:00pm and is open to all Newington College students age between 13 and over. It is also open to Newington College parents. For all the details please email Mr Hellyer a.hellyer@newingtoncollege.nsw.edu.au.

# THE SYDNEY EAST/FINALS NSW PRIMARY SCHOOL RUGBY 7'S

On Wednesday Wyvern's Rugby 7's team participated in the finals stage of the Sydney South/Inner West and East NSW Primary School 7's tournament. Newington's first game was against Coogee Prep. The boys played extremely well with a 3 tries to 1 victory. Newington's defence was outstanding and the effort at the breakdown was exceptional providing clinically fast balls. The boys from the bench provided great impact and urgency to help achieve a positive result. Try scorers were Tom Ball x 2 and Finn Walsh.

After the first match, the day was halted for a short ceremony to honour our ANZACS. The boys were definitely channeling the spirit of the ANZACS during their next match against St Andrews fighting tenaciously together without compromise for a 3 tries to 1 victory. Tries were scored by Finn Walsh, Tom Ball and Lucas Dorrell.

Clempton Park School were our next opponents and with solid form leading into this match they were to be serious challengers. However with a superior rugby knowledge and necessary technique the Newington boys were confident of another strong performance. This confidence proved to be valid with Wyverns 7's rugby side running in 6 tries to 1 in a dominant display. Try scorers Perry May, Ben Gill, Oscar Linden-Smith, Dean Begetis, Tom Marchese and Josh Macdessi.

One important pool match remained against Glenmore Road School, a win in this match would earn the boys a Cup Final berth. This game was a magnificent display of 7's rugby from Wyvern. The boys threw the ball around in an expansive fashion, winning with something in reserve 6 tries to nil. Outside backs Josh Macdessi and Ben Higgins ran elusively setting up many of the tries. Scorers were Ben Gill, Tom Larkings x 2, Tom Ball x 2 and Daniel Maini.

Due to the sensational pool match form, the Newington boys qualified for the cup final with the highest ranking. An impressive 18 tries were scored and 3 conceded from Wyvern's 4 pool matches. The final, against the best side from the other pool would determine the carnivals Champion 7's rugby side. In this match, the team met a fast and physical Mascot side. This proved to be a grudge match after Wyvern beat Mascot in the final of the Sydney South tournament a few weeks prior.

It was hard to determine who were more anxious before the final. The boys found it difficult to settle with a large amount of nervous energy flowing. The parents were on edge with a mixture of nervous energy and caffeine fuelling the excitement. Shortly after the start of play Newington were on the wrong side of the scoreboard for the first time in the tournament. The Mascot team then ran in 2 or 3 more quick tries mostly against the run of play. Throughout the day, the Newington team was the most proficient at the breakdown. Unfortunately, during the final they were not rewarded for their efforts at the breakdown. Caught out by quick taps and turnover balls, the game looked all but over with the scoreboard reading 7-1 in favour of Mascot. At this point Newington could easily have thrown in the towel and dropped their heads with disappointment. To the delight of the coach, parents and the crowd. our boys proved they are a strong unit, displaying tenacity and fortitude to fight back hard. The final score showed Mascot winning the final 7-4. Try scorers Lucas Dorrell x2, Ben Gill and Tom Marchese, Despite the score, this game was Mr Wilson's (coach) most pleasing of the day as Newington definitely displayed fine qualities and sportsmanship rivalled by none.

### WINTER SPORT - "CODES OF CONDUCT"

A copy of our "Spectator Code of Conduct" and "Student Code of Conduct" can be found in the 2013 Sports Handbook. Please note in particular that parents are not allowed on to the field at any time during matches. Please also be aware that the level of experience of the referees used to officiate matches varies significantly from week to week and that Preparatory school matches are often used as a nursery for referees to gain experience. Therefore it is vital that we provide our referees with as much support and encouragement as possible to help their development.

# RUGBY AND FOOTBALL (SOCCER) RULES AND REGULATIONS

For those parents in years 3-6 out there who are interested and would like to become more familiar with the rules and regulations relating to your son's sport they can be viewed in the Wyvern House Sport Handbook which can also be found on Newington Spaces.

## **RISK WARNING LETTER**

The IPSHA committee has advised all schools within its association to issue the following 'Risk Warning' letter to its school community.

Risk Warning Under Section 5M of the Civil Liability Act 2002 on behalf of Newington College, AHIG and IPSHA:

## Sporting Activities:

Newington College organises many individual and team sporting activities during the course of a year.

Some of these are organised in conjunction with the Association of Heads of Independent Girls' Schools NSW (AHIGS) and some with the Independent Primary School Heads Association of Australia (IPSHA). Students participating in these sporting activities take part in practice and in competitions.

Newington College, AHIGS and IPSHA expect students to take responsibility for their own safety by wearing compulsory safety equipment, by thinking carefully about the use of safety equipment that is highly recommended and by behaving in a safe and responsible manner towards team members, opponents, spectators, officials, property and grounds.

Whilst Newington College, AHIGS and IPSHA take measures to make the sporting activities as safe as possible for participants, there is a risk that students can be injured and suffer loss (including financial loss) and damage as a result of their participation in these sporting activities, whether at training or in actual events.

Injury can occur while the student is engaging in or watching a sporting activity, or travelling to and from the event. The injury may result from a student's actions, the actions of others or equipment failure.

On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases an injury can be life threatening or result in permanent disability. If a student has a pre-existing injury, participating in a sporting activity could result in an exacerbation of that injury.

Students could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.

## F.A.S.T FOOTBALL PROGRAMME FOR YEARS 1

During Term 2, Wyvern will once again be offering the F.A.S.T Football program for boys in Years 1 and 2 to help develop their skills before entering interschool sport in Year 3. The program will begin with a free demonstration lesson during school time on Thursday the 2<sup>nd</sup> May for Year 1 and Year 2. Boys don't need to bring anything special for this day. Following this demonstration lesson, permission notes will be sent home and upon their return, students will have the opportunity to participate in a 12 week program held after school on Friday afternoons during Term 2 and 3. These sessions will begin Friday 10 May.

# GABRIEL MENDEZ - ADVANCED FOOTBALL TRAINING & DEVELOPMENT PROGRAM

Gabriel Mendez's Advanced Football Training Program at Wyvern will be opened up to all boys playing football for Wyvern this year. Gabriel and his team will run training sessions in Term 2 on Tuesday and Wednesday for boys between Year 3 – 6 who would like to participate. If numbers necessitate, Thursday morning sessions will be considered to ensure groups are manageable.

### **What Gabriel Offers**

- Technical Coaching
- Tactical/awareness Concepts
- Speed/Agility/Flexibility
- Enjoyment

### **Aims Of Program**

- Improve Players' abilities
- Provide quality coaching
- Promote Sport and a healthy lifestyle
- Develop team cohesion and structure
- Improve team results

## **Starting Date**

- Years 5 & 6 Tues 7th May to Tues 18th June (total 7 weeks)
- Years 3 & 4 Wed 8th May to Wed 19th June (total 7 weeks)

#### **Start Times**

7:15am to 8.00am

### **What To Bring**

Players must bring shin pads, runners, water bottles to all training sessions.

## Venue

Wyvern rooftop

#### Cost

\$15 per session – must commit for a term.

#### **Contact Details**

chich10@msn.com 0407 402 279

Confirm attendance before Friday 19th April.

## SWIM SQUAD - TERM 2

Swim squad sessions for Term 2 commence in the second week back on Tuesday 7 May. The swim squad will be run throughout this term on Tuesday and Thursday mornings at the senior school swimming pool between 7:00am – 8:00am. All boys who join the swim squad are encouraged to attend both sessions but swimming one session per week is an option. Please print the Swim Squad flyer in the Wyvern and return to the front office to book a place for your son/s.

## Term 2 Dates Commence

Tuesday 7 May

**Final session** 

Thursday 20 June

Cost for One session per week (7 sessions)

Tuesday = \$56

# Thursday = \$56 Total Cost for 2 sessions per week = \$112

### **IPSHA Cross Country**

Congratulations to Billi Robertson (8/9's), James Whiteing (8/9's), Eddie Timpson (8/9's), James Macgregor (8/9's) and Joshua Macdessi (12's) upon their excellent performances in the IPSHA Cross Country Carnival last term. They have now qualified to represent IPSHA at the NSWCIS Cross Country Carnival. The four boys in the 8/9's age group were one of only two school teams selected to compete for IPSHA in that age group. The NSWCIS Cross Country Carnival will be held on Thursday 13th June, 2013 at Eastern Creek Raceway

## **Flyers**

The following flyers can be collected from the display unit near the front office.

- Swim Squad
- Basketball Skills
- Gabriel Mendez Advanced Football Training
- FAST Football

#### **Shining Stars**

If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this "Shining Stars" section of the Wyvern.

## **Coming Up**

- Saturday 3 May Round 1 winter sport
- Wednesday 1 May Rugby 7's (Selected students)
- Monday 27 June AFL Paul Kelly Cup Greater Sydney Finals
- Wednesday 20 June FUTSAL (Selected students)

## **Mr Neil Brunton**

Newington College - Wyvern Sportsmaster