

TERM 2

TUCKSHOP MENU **Week 2** 6 May 2013 – 10 May 2013

Monday 6 May	Recess	Homemade Freshly Popped Popcorn	\$2.00
	Lunch	Sushi – Beef, Prawn or Vegetarian OR Homemade Pumpkin Soup with a Wholemeal Roll	\$3.00 \$3.50
Tuesday 7 May	Recess	Slinky Apples – red or green OR Snack Box (dried apricots, carrots, cheese, crackers and dip)	\$1.50 \$3.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Hawaiian (Napoli sauce, lean ham, pineapple and low fat mozzarella cheese)	\$4.50 \$4.50
Wednesday 8 May	Recess	Homemade Vanilla Choc Chip Muffin	\$3.00
	Lunch	Homemade Meatball Sub with Napolitano Sauce on a Wholemeal Bun with Low Fat Cheese	\$5.00
Thursday 9 May	Recess	Banana Bread Slice	\$3.00
	Lunch	Homemade Butter Chicken served with Steamed Rice	\$5.00
Friday 10 May	Recess	Yogurt Cup with Banana and Muesli	\$3.00
	Lunch	PIE DAY Angus Beef Pie Chicken Pie Potato Pie Sausage Roll OR	\$3.50 \$4.00 \$4.00 \$3.00
		Sushi – Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 7 May	Vanessa Safieh, Andrea Schlaphoff, Noelle Clark
Wednesday 8 May	Wendy Stanton, Dita Alfaci
Thursday 9 May	Donna Lohmeyer
Friday 10 May	Sarah Britt, Alison Jones

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TUCKSHOP MENU **Week 3** 13 May 2013 – 17 May 2013

Monday 13 May	Recess	Wholemeal English Muffin with Poached Egg and Low Fat Cheese	\$3.00
	Lunch	Sushi – Tuna, Chicken or Vegetarian OR Homemade Pumpkin Soup with a Wholemeal Roll	\$3.00 \$3.50
Tuesday 14 May	Recess	Crustie - Baguette Bread with Vegemite or Jam	\$1.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Supreme (Napoli sauce, mushroom, lean ham, salami and low fat mozzarella cheese)	\$4.50 \$4.50
Wednesday 15 May	Recess	Homemade ANZAC Cookies (3)	\$3.00
	Lunch	Mini Sausages with Potato Mash, Gravy and Peas	\$5.00
Thursday 16 May	Recess	Slinky Apples – red or green OR Snack Box (dried apricots, carrots, cheese, crackers and dip)	\$1.50 \$3.50
	Lunch	Homemade Lasagne	\$5.00
Friday 17 May	Recess	Hot Chocolate with Marshmallows and Low Fat Milk	\$2.50
	Lunch	Homemade Beef Nachos with Beef Sauce, Low Fat Cheese, Guacamole and Greek Yogurt OR	\$5.00
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 14 May	Kathy Tsakonas, Kate McDessi
Wednesday 15 May	Nikki Harmer, Charissa Gannon
Thursday 16 May	Sandra Palmer, Junette Burke
Friday 17 May	Karen Saupin, Kathy Burshtein