

TERM 2

TUCKSHOP MENU **Week 4** 20 May 2013 – 24 May 2013

Monday 20 May	Recess	Sausage McMuffin with BBQ Sauce	\$3.50
	Lunch	Sushi – Beef, Chicken or Vegetarian OR Homemade Pumpkin Soup with a Wholemeal Roll	\$3.00 \$3.50
Tuesday 21 May	Recess	Yogurt Cup with Apple Muesli	\$3.00
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Hawaiian (Napoli sauce, lean ham, pineapple and low fat mozzarella cheese)	\$4.50 \$4.50
Wednesday 22 May	Recess	Homemade Mixed Berry Muffin	\$3.00
	Lunch	Homemade Hot Lamb Roast on a Wholemeal Bun with Gravy	\$5.00
Thursday 23 May	Recess	Crustie – Baguette Bread with Vegemite or Jam	\$1.50
	Lunch	Homemade Penne Bolognese	\$5.00
Friday 24 May	Recess	Corn Cobs OR	\$2.50
		Pretzels	\$2.00
	Lunch	Beef Burger on a Wholemeal Bun with grilled Onion, Low Fat Cheese & Tomato Sauce OR	\$4.50
		Sushi – Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 21 May	Millie Haw, Beverly Walsh
Wednesday 22 May	Janita Modi, Tara Rennie
Thursday 23 May	Heidi Lambert, Jacki McGeechan
Friday 24 May	Tania Purkis, Hailey Latham

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TUCKSHOP MENU **Week 5** 27 May 2013 – 31 May 2013

Monday 27 May	Recess	Toasted Turkish Ham & Cheese Jaffle	\$3.50
	Lunch	Sushi – Tuna, Chicken or Vegetarian OR Homemade Pumpkin Soup with a Wholemeal Roll	\$3.00 \$3.50
Tuesday 28 May	Recess	Fruit Salad with Yogurt	\$3.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Supreme (Napoli sauce, mushroom, lean ham, salami and low fat mozzarella cheese)	\$4.50 \$4.50
Wednesday 29 May	Recess	Homemade Choc Chip Muffin	\$3.00
	Lunch	Homemade Honey Soy Chicken Drumettes Served with Steamed Rice	\$5.00
Thursday 30 May	Recess	Slinky Apples – red or green OR Snack Box (dried apricots, carrots, cheese, crackers and dip)	\$1.50 \$3.50
	Lunch	Homemade Chicken Fried Rice	\$5.00
Friday 31 May	Recess	Waffles with Maple Syrup & Banana	\$3.50
	Lunch	Chicken Breast Oven Baked Burger on a Wholemeal Bun with Lettuce a& Mayonnaise	\$4.50
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 28 May	Toni Roediger, Kate Macdessi
Wednesday 29 May	Nicola Linden-Smith, Amali Silva
Thursday 30 May	Gillian Begg, Teresa Lewis
Friday 31 May	Janet Santwire, Mel Fotea