

TERM 2 & 3

TUCKSHOP MENU **Week 8** 17 – 21 June 2013

Monday 17 June	Recess	Wholemeal English Muffin with Poached Egg & Low Fat Cheese	\$3.00
	Lunch	Sushi – Tuna, Chicken or Vegetarian OR Homemade Pumpkin Soup with a Wholemeal Roll	\$3.00 \$3.50
Tuesday 18 June	Recess	Crustie - Baguette Bread with Vegemite or Jam	\$1.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce & low fat mozzarella cheese) OR Supreme (Napoli sauce, lean ham, mushroom, salami & low fat mozzarella cheese)	\$4.50 \$4.50
Wednesday 19 June	Recess	Homemade Anzac Cookies (3)	\$3.00
	Lunch	Mini Sausages with Potato Mash, Gravy & Peas	\$5.00
Thursday 20 June	Recess	Slinky Apples – red or green OR Snack Box – (dried apricots, carrots, cheese, crackers & dip)	\$1.50 \$3.50
	Lunch	Homemade Lasagna	\$5.00
Friday 21 June	Recess	Pretzels	\$2.00
	Lunch	Sausage Sizzle – BBQ Beef Sausage on a Bread Roll, Popper Juice, Dixie Cup Ice Cream	\$6.50

TUCKSHOP ROSTER

Tuesday 18 June	Millie Haw, Beverley Walsh
Wednesday 19 June	Charissa Gannon, Denise Beecroft
Thursday 20 June	Donna Lohmeyer, Junette Burke
Friday 21 June	Nadia Young, Karen Saupin, Kathy Burshtein

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TUCKSHOP MENU **Week 1** 15 – 19 July 2013

Monday 15 July	Recess	Egg and Bacon on a Wholemeal English Muffin	\$3.50
	Lunch	Sushi – Chicken, Tuna or Vegetarian OR Homemade Pumpkin Soup with a Wholemeal Roll	\$3.00 \$3.50
Tuesday 16 July	Recess	Corn Cobs (2)	\$2.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Supreme (Napoli sauce, mushroom, lean ham, salami and low fat mozzarella cheese)	\$4.50 \$4.50
Wednesday 17 July	Recess	Homemade Double Chocolate Muffin	\$3.00
	Lunch	Toasted Wrap with Chicken Breast & Low Fat Cheese OR Toasted Wrap with Lean Ham, Low Fat Cheese & Tomato	\$4.50 \$4.50
Thursday 18 July	Recess	Fruit Salad with Yoghurt	\$3.50
	Lunch	Homemade Penne Bolognese	\$5.00
Friday 19 July	Recess	Turkish Raisin Toast	\$2.50
	Lunch	Skinless Hot Dog on a Wholemeal Bun with Sauce OR	\$4.00
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 15 July	Beverley Walsh, Millie Haw
Wednesday 16 July	Charissa Gannon, Nikki Harmer
Thursday 17 July	Sandra Palmer, Junette Burke
Friday 19 July	Kathy Burshtein, Karen Saupin