



# MULTI-SPORTS & ACTIVITIES

*Planting the seed for a lifelong love of SPORT*

## CAMP 1: 24-28 June 2013, 10am-3pm

5 Day multi-sports camp at Newington Sports Centre COST \$270 (or \$70pd)

## CAMP 2: 1-5 July 2013, 10am-3pm

5 Day multi-sports camp at Newington Sports Centre COST \$270 (or \$70pd)

## CAMP 3: 8-12 July 2013, 10am-3pm

5 Day multi-sports camp at Newington Sports Centre COST \$270 (or \$70pd)

All camps offer FREE before care from 8.30am

### \* OPTIONAL EXCURSION TO FOX STUDIOS (EVERY FRIDAY)

Movie plus ice-cream/popcorn, drink	COST \$40	(attending on a casual basis, cost \$90)
Laser Skirmish and bowling	COST \$50	(attending on a casual basis, cost \$120)

\* Day excursion includes: chartered bus to and from Fox Studios, activities and supervision. Staffing levels are increased when we venture off site.

### MULTI-SPORTS & ACTIVITIES CAMPS INCLUDE:

- **NEW BRAIN BUSTER ACTIVITIES:**
  - Science Experiments (Biology, Physics & Chemistry)
  - Design & Technology (race your own F1 car)
  - Theatre Sports
- TEAM BUILDING ACTIVITIES
- A WIDE VARIETY OF TEAM SPORTS
- SWIMMING
- A LOT OF FUN

### SPORTS INCLUDE:

- SWIMMING
- TOUCH FOOTY
- DODGE BALL
- WATER POLO
- BASKETBALL
- GOLF
- CAPTURE THE FLAGS
- HOCKEY
- VOLLEYBALL
- INDOOR CRICKET
- SOFTBALL
- AFL
- PLUS A WHOLE STACK MORE

### PLEASE NOTE:

- Camps are suited for children aged 5-15
- After care available from 3-5.30pm for \$30pd (siblings free).
- Swimming is supervised by qualified and trained staff. Small swimming classes with a wading pool for the less confident.
- Elective activities are organised on the first day. Those electing to participate in one or more of the electives will have them scheduled into their daily programs.
- Excursion to Fox Studios includes: A chartered bus to and from Fox Studios, activities and extra staff for increased supervision.

### WHAT TO BRING

- Morning tea, lunch, drinks (FREE BBQ on Wednesday or Thursday)
- Shorts/track pants, shirt, hat, sunscreen
- Swimmers and a towel
- Lots of energy and a positive attitude

### MEETING POINT

- Newington College Sports Centre (access via back gate on Newington Rd)

### REGISTER

[www.seedsports.com.au/register](http://www.seedsports.com.au/register)

### SPONSORED BY:



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*The multi-sports camps are best suited to those who like a little bit of everything*