

TUCKSHOP MENU TERM 3

Week 10 16 September – 20 September 2013

Monday 16 September	Recess	Toasted Turkish Ham & Cheese Jaffle	\$3.50
	Lunch	Sushi – Tuna, Chicken or Vegetarian OR Homemade Pumpkin Soup with a Wholemeal Roll	\$3.00 \$3.50
Tuesday 17 September	Recess	Fruit Salad with Yoghurt	\$3.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Supreme (Napoli sauce, mushroom, lean ham, salami and low fat mozzarella cheese)	\$4.50 \$4.50
Wednesday 18 September	Recess	Homemade Anzac Cookies (3)	\$3.00
	Lunch	Homemade Honey Soy Chicken Drumettes served with Steamed Rice	\$5.00
Thursday 19 September	Recess	Slinky Apples – red or green	\$1.50
		OR Snack Box (dried apricots, carrots, cheese, crackers and dip)	\$3.50
	Lunch	Homemade Chicken Fried Rice	\$5.00
Friday 20 September	Recess	Pretzels	\$2.50
	Lunch	SAUSAGE SIZZLE DAY Beef Sausage on a Roll Popper & Dixie Cup	\$6.00
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 17 September	Beverley Walsh, Millie Haw
Wednesday 18 September	Charissa Gannon, Nikki Harmer
Thursday 19 September	Junette Burke, Sandra Palmer
Friday 20 September	Tara Rennie

TUCKSHOP MENU TERM 4

Week 1 8 October – 11 October 2013

Monday 7 October	Recess	LABOUR DAY LONG WEEKEND – SCHOOL CLOSED	
	Lunch	LABOUR DAY LONG WEEKEND – SCHOOL CLOSED	
Tuesday 8 October	Recess	Slinky Apples – red or green OR Snack Box - (carrots, apple, cheese, crackers and dip)	\$1.50 \$3.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Hawaiian (Napoli sauce, lean ham, pineapple and low fat mozzarella cheese)	\$5.00 \$5.00
Wednesday 9 October	Recess	Homemade Vanilla Choc Chip Muffin	\$3.00
	Lunch	Crunchy Fish Sub on a Wholemeal Bun with Tzatziki Sauce and Lettuce	\$5.00
Thursday 10 October	Recess	Fruit Salad with a Scoop of Vanilla Ice Cream	\$3.50
	Lunch	Butter Chicken served with Steamed Rice	\$5.00
Friday 11 October	Recess	Banana Bread Slice	\$3.00
	Lunch	Skinless Hot Dog on a Wholemeal Bun with Sauce OR	\$4.00
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 8 October	Kathy Tsakonas, Nicole Williams
Wednesday 9 October	Wendy Stanton, Dita Alafaci
Thursday 10 October	Catriona McKenzie, Sarah Alden
Friday 11 October	Alison Jones, Sarah Britt