

TUCKSHOP MENU TERM 4

Week 2 14 October – 18 October 2013

Monday 14 October	Recess	Toasted Turkish Ham and Cheese Jaffle	\$3.50
	Lunch	Sushi – Tuna, Chicken or Vegetarian	\$3.00
Tuesday 15 October	Recess	Jelly Cup with Watermelon and Yoghurt	\$3.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Supreme (Napoli sauce, mushroom, lean ham, salami and low fat mozzarella cheese)	\$5.00 \$5.00
Wednesday 16 October	Recess	Homemade Anzac Cookies (3)	\$3.00
	Lunch	Homemade Honey Soy Chicken Drumettes served with Steamed Rice	\$5.00
Thursday 17 October	Recess	Freshly Popped Popcorn	\$2.00
	Lunch	Homemade Penne Bolognese	\$5.00
Friday 18 October	Recess	Banana and Mango Smoothie with Low Fat Milk	\$3.50
	Lunch	PIE DAY Angus Beef Pie Sausage Roll Potato Pie Chicken Pie	\$4.00 \$3.50 \$4.00 \$4.00
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 15 October	Millie Haw, Beverley Walsh
Wednesday 16 October	Nikki Harmer, Charissa Gannon
Thursday 17 October	Donna Lohmeyer, Junette Burke
Friday 18 October	Karen Saupin, Kathy Burshtein

TUCKSHOP MENU TERM 4

Week 3 21 October – 25 October 2013

Monday 21 October	Recess	Cinnamon Turkish Toast	\$2.50
	Lunch	Sushi – Beef, Tuna or Vegetarian	\$3.00
Tuesday 22 October	Recess	Strawberry Smoothie with low Fat Milk	\$3.00
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Hawaiian (Napoli sauce, lean ham, pineapple and low fat mozzarella cheese)	\$5.00 \$5.00
Wednesday 23 October	Recess	Homemade Vanilla Choc Chip Muffin	\$3.00
	Lunch	Chicken Caesar Wrap with Egg, Bacon and Croutons	\$5.00
Thursday 24 October	Recess	Crusties - Baguette Bread with Vegemite or Jam	\$1.50
	Lunch	Homemade Butter Chicken served with Steamed Rice	\$5.00
Friday 25 October	Recess	Fruit Salad with a Scoop of Ice Cream	\$3.50
	Lunch	Homemade Beef Nachos with Guacamole, Low Fat Cheese and Greek Yoghurt	\$5.00
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 22 October	Toni Roediger, Saima Aziz
Wednesday 23 October	Tara Rennie, Kim Rixom
Thursday 24 October	Heidi Lambert, Jacki McGeechan
Friday 25 October	Rachael Eagleton, Caroline Beecham