



**CONFIDENCE - SELF ESTEEM - BLACK BELT FITNESS - GAMES**

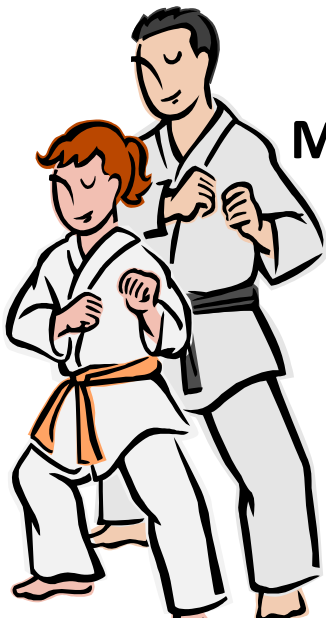
**SELF DEFENCE - FUN – MOTIVATION - DISCIPLINE - SUCCESS**

**Thursday Afternoon in Wyvern Hall**

**3.15pm – 4.15pm**

**Open to all from K – 6 to try out**

**All students' needs will be provided for. Come along and give it a try! For more information please contact...**



**Master Michael: 0405 142 922 and**

**Sensei Josie: 0407 453 145**