

TUCKSHOP MENU TERM 1

Week 5 24 February 2014 – 28 February 2014

Monday 24 February	Recess	Freshly Popped Popcorn	\$2.50
	Lunch	Sushi – Tuna, Chicken or Vegetarian	\$3.00
Tuesday 25 February	Recess	Strawberry Smoothie with Low Fat Milk	\$3.00
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Hawaiian (Napoli sauce, lean ham, pineapple and low fat mozzarella cheese)	\$5.00 \$5.00
Wednesday 26 February	Recess	Homemade Anzac Cokies (3)	\$3.00
	Lunch	BLT Wrap with Bacon, Lettuce, Tomato and Avocado	\$5.50
Thursday 27 February	Recess	Fruit Salad with a Scoop of Vanilla Ice Cream	\$3.50
	Lunch	Homemade Penne Bolognese	\$5.50
Friday 28 February	Recess	Watermelon Tub	\$3.00
	Lunch	Homemade Beef Nachos with Beef Sauce, Low Fat Cheese, Guacamole and Greek Yoghurt OR	\$5.50
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 25 February	Sharon Tivey, Alison Tran
Wednesday 26 February	Julia Varcoe, Salma Aziz
Thursday 27 February	Telma Baal, Hanade Beydoun
Friday 28 February	Allison Jones, Christina Armstrong

TUCKSHOP MENU TERM 1

Week 6 3 March 2014 – 7 March 2014

Monday 3 March	Recess	Freshly Popped Popcorn	\$2.50
	Lunch	Sushi – Chicken, Californian or Vegetarian	\$3.00
Tuesday 4 March	Recess	Slinky Apples – red or green OR Snack Box (carrots, apple, cheese, crackers & dip)	\$1.50 \$3.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR Supreme (Napoli sauce, mushroom, lean ham, salami & low fat mozzarella cheese)	\$5.00 \$5.00
Wednesday 5 March	Recess	Homemade Vanilla Chocolate Muffin	\$3.00
	Lunch	Toasted Wraps – Ham, Tomato and Low Fat Cheese OR Chicken and Low Fat Cheese	\$5.00
Thursday 6 March	Recess	Fruit Salad with a Scoop of Vanilla Ice Cream	\$3.50
	Lunch	Homemade Butter Chicken served with Steamed Rice	\$5.50
Friday 7 March	Recess	Banana Bread Slice	\$3.00
	Lunch	Skinless Hot Dog on a Wholemeal Bun with Sauce OR	\$4.00
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday 4 March	Noelle Clark, Vanessa Safieh
Wednesday 5 March	Anne Howe, Robyn Meakins
Thursday 6 March	Heidi Lambert, Jacki McGeechan
Friday 7 March	Vicki Ampoulos, Leisa Hayward