TUCKSHOP MENU TERM 1

Week 9 24 March 2014 – 28 March 2014

Monday 24 March	Recess	Ham and Cheese Turkish Bread Jaffle	\$3.50
	Lunch	Sushi – Chicken, Californian or Vegetarian	\$3.00
Tuesday 25 March		Slinky Apples – red or green	\$1.50
	Recess	OR Snack Box (carrots, apple, cheese, crackers & dip)	\$3.50
	Lunch	PIZZA DAY – Homemade	
		Margherita (Napoli sauce and low fat mozzarella	\$5.00
		cheese) OR	
		Supreme (Napoli sauce, mushroom, lean ham,	\$5.00
		salami & low fat mozzarella cheese)	
Wednesday 26 March	Recess	Homemade Chocolate Chip Pancakes with Maple Syrup and a Scoop of Vanilla Ice Cream	\$3.50
	Lunch	Homemade Roast Lamb Wrap with Gravy	\$5.50
Thursday 27 March	Recess	Banana and Mango Smoothie with Low Fat Milk	\$3.00
	Lunch	Homemade Penne with Napoli Sauce and Meatballs	\$5.50
Friday 28 March	Recess	Jelly Cup with a Scoop of Vanilla Ice Cream	\$3.00
	Lunch	Beef Burger on a Wholemeal Bun with Grilled	
		Onion, Low Fat Cheese and Tomato Sauce OR	\$5.00
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday	
25 March	Monica Ikladios, Martha McCall
Wednesday	
26 March	Julie Varcoe, Saima Aziz
Thursday	
27 March	Telma Tolemache, Rooshdiya Karim
Friday	
28 March	Christina Armstrong, Catriona McKenzie

TUCKSHOP MENU TERM 1

Week 10 31 March 2014 – 4 April 2014

Monday	_		40 -0
31 March	Recess	Freshly Popped Popcorn	\$2.50
	Lunch	Sushi – Tuna, Chicken or Vegetarian	\$3.00
Tuesday 1 April	Recess	Strawberry Smoothie with Low Fat Milk	\$3.00
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese) OR	\$5.00
		Hawaiian (Napoli sauce, lean ham, pineapple and low fat mozzarella cheese)	\$5.00
Wednesday 2 April	Recess	Homemade Anzac Cookies (3)	\$3.00
	Lunch	BLT Wrap with Bacon, Lettuce, Tomato and Avocado	\$5.50
Thursday 3 April	Recess	Donut Day – Pink or Chocolate	\$2.50
	Lunch	Homemade Penne Bolognese	\$5.50
Friday 4 April	Recess	Watermelon Tub	\$3.00
	Lunch	Beef Nachos with Guacamole, Low Fat Cheese and Greek Yoghurt OR	\$5.50
		Sushi - Chicken	\$3.00

TUCKSHOP ROSTER

Tuesday	
1 April	Vanessa Safieh, Noelle Clark
Wednesday	
2 April	Monica Baird, Claudia Celona
Thursday	
3 April	Mille Haw, Sara Alden
Friday	
4 April	Brigitte Iacus-Pisco, Alison Jones