

TUCKSHOP MENU TERM 3

Week 10 15 September 2014 – 18 September 2014

Monday 15 September	Recess	Corn Cobs (2)	\$3.00
	Lunch	Sushi – Tuna, Chicken or Vegetarian	\$3.00
		Homemade Pumpkin Soup with a Roll	\$3.50
Tuesday 16 September	Recess	Strawberry & Banana Smoothie with Low Fat Milk	\$3.00
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese)	\$5.00
		Supreme (Napoli sauce, mushroom, lean ham, salami & low fat mozzarella cheese)	\$5.00
Wednesday 17 September	Recess	Homemade Vanilla Choc Chip Muffin	\$3.00
	Lunch	Crunchy Fish Sub on a Wholemeal Bun with Tzatziki and Lettuce	\$5.50
Thursday 18 September	Recess	Pretzels	\$2.50
	Lunch	BBQ DAY BBQ Beef Sausage on a Bread Roll, Popper Drink and Dixie Cup TERM 3 CONCLUDES	\$5.50

TUCKSHOP ROSTER

Tuesday 16 September	Dita Alafaci
Wednesday 17 September	Susie Gleeson-Byrne, Tara Rennie
Thursday 18 September	TERM 3 CONCLUDES Kate Macdessi, Fiona Moore

TUCKSHOP MENU TERM 4

Week 1 8 October 2014 – 10 October 2014

Wednesday 8 October	Recess	Homemade Vanilla Chocolate Chip Muffin	\$3.00
	Lunch	Toasted Wraps Ham, Tomato and Low Fat Cheese OR Chicken and Low Fat Cheese	\$5.00
Thursday 9 October	Recess	Fruit Salad with a Scoop of Vanilla Ice Cream	\$3.50
	Lunch	Homemade Butter Chicken served with Steamed Rice	\$5.50
Friday 10 October	Recess	Banana Bread Slice	\$3.00
	Lunch	Skinless Hot Dog on a Wholemeal Bun with Sauce OR	\$4.00
		Sushi – Chicken	\$3.00

TUCKSHOP ROSTER

Wednesday 8 October	Nikki Harmer, Rachel Eagleton
Thursday 9 October	Joanne Hicks, Dyanne Wayling
Friday 10 October	Samantha Wadland, Alison Jones