

## TUCKSHOP MENU TERM 4

### Week 7 17 NOVEMBER 2014 – 21 November 2014

<b>Monday</b> 17 November	Recess	<b>Homemade Ham and Cheese Scroll</b>	<b>\$2.00</b>
	Lunch	<b>Sushi – Chicken, Prawn or Vegetarian</b>	<b>\$3.00</b>
<b>Tuesday</b> 18 November	Recess	<b>Jelly Cup with Watermelon</b>	<b>\$3.50</b>
	Lunch	<b>PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese)</b>	<b>\$5.00</b>
		<b>Supreme (Napoli sauce, mushroom, lean ham, salami &amp; low fat mozzarella cheese)</b>	<b>\$5.00</b>
<b>Wednesday</b> 19 November	Recess	<b>Homemade Anzac Cookies (3)</b>	<b>\$3.00</b>
	Lunch	<b>Honey Soy Drumettes served with Steamed Rice</b>	<b>\$5.50</b>
<b>Thursday</b> 20 November	Recess	<b>Freshly Popped Popcorn</b>	<b>\$2.50</b>
	Lunch	<b>Homemade Penne Bolognese</b>	<b>\$5.50</b>
<b>Friday</b> 21 November	Recess	<b>Banana Mango Smoothie with Low Fat Milk</b>	<b>\$3.00</b>
	Lunch	<b>PIE DAY</b> <b>Angus Beef Pie</b> <b>Chicken Pie</b> <b>Potato Pie</b> <b>Sausage Roll</b> <b>OR</b>	<b>\$4.00</b> <b>\$4.00</b> <b>\$4.00</b> <b>\$3.50</b>
		<b>Sushi – Chicken</b>	<b>\$3.00</b>

## TUCKSHOP ROSTER

<b>Tuesday</b> 18 November	<b>Dita Alafaci</b>
<b>Wednesday</b> 19 November	<b>Susie Gleeson-Byrne, Tara Rennie</b>
<b>Thursday</b> 20 November	<b>Fiona Moore, Kate Macdessie</b>
<b>Friday</b> 21 November	<b>Kathy Burshtein, Karen Saupin</b>

## TUCKSHOP MENU TERM 4

**Week 8 24 November 2014 – 28 November 2014**

<b>Monday</b> 24 November	Recess	<b>Cinnamon Turkish Toast</b>	<b>\$2.50</b>
	Lunch	<b>Sushi – Tuna, Beef or Vegetarian</b>	<b>\$3.00</b>
<b>Tuesday</b> 25 November	Recess	<b>Blueberry &amp; Banana Smoothie with Low Fat Milk</b>	<b>\$3.00</b>
	Lunch	<b>PIZZA DAY – Homemade Margherita (Napoli sauce and low fat mozzarella cheese)</b>	<b>\$5.00</b>
		<b>Hawaiian (Napoli sauce, lean ham, pineapple &amp; low fat mozzarella cheese)</b>	<b>\$5.00</b>
<b>Wednesday</b> 26 November	Recess	<b>Homemade Vanilla Chocolate Chip Muffin</b>	<b>\$3.00</b>
	Lunch	<b>Chicken Caesar Wrap with Egg, Bacon and Croutons</b>	<b>\$5.50</b>
<b>Thursday</b> 27 November	Recess	<b>DONUT DAY – Pink or Chocolate</b>	<b>\$2.50</b>
	Lunch	<b>Homemade Butter Chicken served with Steamed Rice</b>	<b>\$5.50</b>
<b>Friday</b> 28 November	Recess	<b>Fruit Salad with a Scoop of Ice Cream</b>	<b>\$3.50</b>
	Lunch	<b>Homemade Beef Nachos with Beef Sauce, Low Fat Cheese, Guacamole and Greek Yoghurt</b> <b>OR</b>	<b>\$5.50</b>
		<b>Sushi – Chicken</b>	<b>\$3.00</b>

## TUCKSHOP ROSTER

<b>Tuesday</b> 25 November	<b>Sharon Tivey, Alison Tran</b>
<b>Wednesday</b> 26 November	<b>Saima Aziz, Julie Varcoe</b>
<b>Thursday</b> 27 November	<b>Sarah Alden, Debra Zappacosta, Shelley Anderson</b>
<b>Friday</b> 28 November	<b>Christina Armstrong, Tracey Gavegan</b>