

## TUCKSHOP MENU TERM 1

### Week 3 9 February 2015 – 13 February 2015

<b>Monday</b> 9 February	Recess	<b>Watermelon Tub</b>	<b>\$3.00</b>
	Lunch	<b>Sushi – Tuna, Beef or Vegetarian</b>	<b>\$3.00</b>
<b>Tuesday</b> 10 February	Recess	<b>Homemade Strawberry Frozen Yoghurt</b>	<b>\$3.00</b>
	Lunch	<b>PIZZA DAY – Homemade Margherita (Napoli sauce and mozzarella cheese)</b> <b>OR</b> <b>Hawaiian (Napoli sauce, ham and mozzarella cheese)</b>	<b>\$5.50</b> <b>\$5.50</b>
<b>Wednesday</b> 11 February	Recess	<b>Homemade Chocolate Chip Muffin</b>	<b>\$3.50</b>
	Lunch	<b>Chicken Caesar Wrap with Egg, Bacon and Croutons</b>	<b>\$5.50</b>
<b>Thursday</b> 12 February	Recess	<b>Crusties – Baguette Bread with Vegemite or Jam</b>	<b>\$1.50</b>
	Lunch	<b>Beef Ravioli with Napoli Sauce</b>	<b>\$6.00</b>
<b>Friday</b> 13 February	Recess	<b>Fruit Salad with a Scoop of Ice Cream</b>	<b>\$4.00</b>
	Lunch	<b>Homemade Beef Nachos with Low Fat Cheese, Guacamole and Greek Yoghurt</b> <b>OR</b>	<b>\$6.00</b>
		<b>Sushi - Chicken</b>	<b>\$3.00</b>

## TUCKSHOP ROSTER

<b>Tuesday</b> 10 February	<b>Kerry Guthrie, Cheryl Douglas</b>
<b>Wednesday</b> 11 February	<b>Melinda Tam</b>
<b>Thursday</b> 12 February	<b>Shelly Anderson, Alicia Spencer</b>
<b>Friday</b> 13 February	<b>Caroline Jefferies</b>

## TUCKSHOP MENU TERM 1

### Week 4 16 February 2015 – 20 February 2015

<b>Monday</b> 16 February	Recess	<b>Homemade Vegemite and Cheese Scroll</b>	<b>\$2.00</b>
	Lunch	<b>Sushi – Chicken, Californian or Vegetarian</b>	<b>\$3.00</b>
<b>Tuesday</b> 17 February	Recess	<b>Slinky apples – red or green Snack Pack (apricots, cheese, crackers, carrots and dip)</b>	<b>\$1.50 \$3.50</b>
	Lunch	<b>PIZZA DAY – Homemade Margherita (Napoli sauce and mozzarella cheese) OR Supreme (Napoli sauce, ham, salami, mushroom and mozzarella cheese)</b>	<b>\$5.50 \$5.50</b>
<b>Wednesday</b> 18 February	Recess	<b>Homemade Chocolate Chip Pancakes with Maple Syrup and a Scoop of Ice Cream</b>	<b>\$4.00</b>
	Lunch	<b>Homemade Chicken Pasta Salad with a Greek Yoghurt Dressing</b>	<b>\$6.00</b>
<b>Thursday</b> 19 February	Recess	<b>Strawberry &amp; Banana Smoothie with Low Fat Milk</b>	<b>\$3.00</b>
	Lunch	<b>Homemade Butter Chicken Served with Steamed Rice</b>	<b>\$6.00</b>
<b>Friday</b> 20 February	Recess	<b>Watermelon &amp; Jelly Cup</b>	<b>\$3.50</b>
	Lunch	<b>Beef Burger on a Wholemeal Bun with Grilled Onion, Low Fat Cheese and Tomato Sauce</b>	<b>\$5.50</b>
		<b>Sushi - Chicken</b>	<b>\$3.00</b>

## TUCKSHOP ROSTER

<b>Tuesday</b> 17 February	<b>Heleen Molenaar</b>
<b>Wednesday</b> 18 February	<b>Volunteer Needed</b>
<b>Thursday</b> 19 February	<b>Charissa Gannon, Carolyn Townsend</b>
<b>Friday</b> 20 February	<b>Martha McCall, Lesley Lysaght</b>