Newington College



WYVERN SPORT TERM 3 - WEEK 5, 2015

Athletics Carnival: Wednesday 5 August at SOPAC

It has been 4 years since an Athletics Carnival at Newington has had to be adjusted due to the weather and the early predictions had us set up for another brilliant warm, sun-drenched day to savour.....how things can change! But, despite the near arctic temperatures felt around the vast stadium at Homebush, the fire burning inside the hearts of the Newington competitors was sure to cure the winter blues.

First up, as per usual, the 800m events and it was time to see if there was a new breed of junior distance runners to rival the brilliant Bili Robertson from years past. And a young man by the name of Matthew Torrible showed us just that, leaving all before him in running a super time of 2 min 47 sec. Second was Henry Isherwood, with Thomas Blanken close behind in third.

A hush came over the crowd as the next runners took to the line. A record was on the cards as young Robertson took centre stage once more in his premier event. A lightning fast start saw Bili well clear by the 200m point, but the blustery conditions meant he had to work for every step. James McGregor had sewn up second place by the end of the first lap and it was a tight run for third. A powerful last 100m saw Bili storm home in 2min 30.34 Seconds, breaking the previous record by just 0.43 of a second....but a record nonetheless in less than ideal conditions. Second was the multi-talented McGregor and third was new kid on the block Dimitri Vallas.

In the 12 years Philip Blanken and Gaelen Dorigo battled it out for the top billing, with Blanken just having enough over the final third of the race to push clear and win a time of 2min 41 seconds. Dorigo was second with National swimming sensation Chris Mina in third.

A sea of colour on a now bleak day greeted us as the final athletes entered the arena for the first of four rotations. The most youthful of these athletes (8/9 years) took to the track for the heats of the 100m and 200m events. Of all the events on the day, the track events were the most densely populated, with all boys taking part in at least one of the premier events.

In the field, strength, power, speed, poise and grace were the special ingredients required to achieve greatness in the shot put, discus and long jump events. One such athlete of greatness was young Joel Zipeure, who managed to through an incredible 18.54m in the 8/9 years Discus and take out the event. Such was the impressiveness of the throw from this young 8 year old that he actually qualified for IPSHA in the junior event which features mainly 10 year olds! Other great performing Discus throwers was Eric Carney in the 10 year age group, with Jacob Awada taking out the 11 years age group with a throw of 18.28m before Oliver Kleppich

rounded things out for the 12 years with an impressive throw of 20.77m.

In the shot put events, a stellar field this time in the 10 years saw a battle between speed and power. Speedster Alec Peterson and powerhouse Lipina Ata went throw for throw before Ata pushed ahead with an impressive winning throw of 8.81m. Let the games begin again when the Invitationals come around. Elsewhere it was Quinn Mersal taking out the 8/9 years age group with a throw of 5.90m. Tom Stone then took out the 11 years with a throw of 8.93m, just ahead of Reuben Palmer. Finally in the 12 years it was Angus Ole with a winning throw of 8.78m.

The long jump was next and this battle was between three supremely talented athletes in Aiden Mostofi, Tom Stone and Bili Robertson. The multi-talented Robertson would have to take a back seat to the duel between two Lindfield heavyweights. Mostofi threw the gauntlet out early with a 4.13m jump, which Stone responded with a 4.11m jump. Despite both putting in massive jumps to finish, they could not push towards the record jump of 4.39m of some 30 years previous and instead settled for 1st and 2nd place in the event. In the other long jump events it was Toby Torrible taking out the 8/9 years event, before Henry Isherwood took out the 10 years event. Finally Vincent De Souza rounded out the long jump with a jump of 3.88m to take out the 2015 competition.

So this left the sprints finals and the relays, and with so many heats to accumulate, there was some delay for the older age groups, and a hush fell over the large crowd, as the start of the house cheers began. Howe and Coates were in full voice as Rydal tried in vain to counter. The men in green and gold were in fine song, taking out the house cheer for 2015. By this stage, the first of the finals were ready to be run!

In the 8 years it was a race to remember as Sam Chittendon held off wonder kid Joel Zipeure as the mass of bodies followed. Third place went to Hadi Beydoun. In the 9 years it was new kid on the block Will Fisher with a beautiful strong action as he powered to victory ahead of Cameron Davey-Webb in second and Richard Hunt in third. The 10 years saw a great battle between 2014 State finalist Alec Peterson and a rejuvenated Mitchell Cope who was only a shade behind Peterson as they crossed the line. Third in this race was Matthew Torrible.

The battle of the heavyweights resumed in the 11 years as Aiden Mostofi battled it out with Bili Robertson amidst a stellar field in the 100m final. Mostofi's blinding acceleration off the start was enough to see him clearly ahead at the halfway point. And once there he never relinquished it, winning in a time of 14.43 sec ahead of Robertson and third placed James McGregor. The 12 years saw Vincent De Souza show his class as he streaked ahead of Jean-Paul Gonios in second and Sam Sullivan in third.

The 200m finals saw Chittendon pipped at the post by Zipeure in the 8 years event, with Hadi Beydoun again finishing third. Will Fisher then completed the sprint double as he took out the 9 years 200m, ahead of Vasili Filippatos and Richard Hunt in third. The 10 years saw a

reverse of the 100m result as Mitchell Cope showed his class over the longer distance, finishing ahead of Alec Peterson, with Matthew Torrible in third. Aiden Mostofi continued his excellent form when he again accelerated with consummate ease around the bend and hold on to take out the 11 years 200m event ahead of Bili Robertson and James McGregor. Finally in the 12 years it was Philip Blanken ahead of Sam Sullivan and Willem Rumi in third.

Although run before the 11 years and 12 years 200m events, the relays were still the much-anticipated events of the day, and featured the best of the best on show for each house. In the junior event it was Howe who had all the answers in each of the changes, winning comfortably ahead of Coates and Williams in third. In the senior event it was the crafty Coates team that stormed home to victory, thanks to stellar leg from comeback king Stefano Ottavio and a clever last leg from Bili Robertson. Taking the baton right on the edge of the start of the change-over point, Robertson gave himself the furthest distance to power home ahead of his rivals. Aiden Mostofi ensured that Kingswood would be second in this event with Williams again coming through in third.

So after these memorable triumphs and once everyone was rugged up, out of the wind and safely back at each campus, we finally found ourselves a winner. And the winner was Coates!!! And few would argue that they didn't deserve it after so many stellar performances. Second was a very impressive Howe with Rydal third. For the Wyvern houses, this was redemption for 8 years of utter dominance from their counterparts at Lindfield. This is shaping up to be a rivalry etched in Newington folklore!

ATHLETICS RESULTS 2015 POINT SCORING

Final Placings	Houses	Final Scores
1	COATES	375 (4.17)
2	HOWE	325 (3.61)
3	RYDAL	197 (3.40)
4	WILLIAMS	289 (3.36)
5	KINGSWOOD	194 (3.30)
6	LUCAS	205 (2.44)

AGE CHAMPIONS

AGE CHAIN IONG		
Age	Age Champion	Runner Up
8	Joel Zipeure 36 pts	Sam Chittendon 18 pts
9	Will Fisher 22 pts	Vasili Filippatos 16 pts
10	Alec Peterson 31 pts	Matt Torrible 30 pts
11	Bili Robertson 38 pts	Tom Stone 31 pts
12	Philip Blanken 27 pts	Jean-Paul Gonios 24 pts

<u>Tennis - Newington Inter-House Tennis Singles</u> <u>Championship</u>

This year the Newington Preparatory Schools' Inter-House Tennis Singles Championship will be held on Saturday 12 September at the Newington Senior School tennis courts (8:00am – 12:00pm). This tennis championship is open to all boys in Years 3-6 from both the Wyvern and Lindfield campuses. However, numbers participating in this competition will be restricted.

Entry: Any boys who wish to compete in this 'Open' competition must first check with their parents and then they need to fill out a permission note which can be found on Spaces.

https://spaces.newington.nsw.edu.au/wyvern/sport/artic les/8447-tennis-entry-form-newington-preparatoryschools-inter-house-tennis-championships

This note must then be returned to Mr Martin by Friday 28th August to indicate your son's availability for the event. Please remember that the Championship is a Saturday morning. A final confirmation of entry will be sent home prior to the event to notify the boys who are required to play. Unfortunately not all entries can be successful and preference will be given to boys in the higher grades.

Uniform and Equipment: Boys will be required to wear House Polo shirt, shorts & runners as well as provide their own tennis racquet.

Format: There will be a round robin competition to begin with. Boys will play 5×10 minute matches with the number of games won recorded. The winner of the most games in each pool will progress to the knockout draw to determine an overall singles champion and runner up. The standard of competition will be challenging and it should be an absorbing battle to see which House will be the Champion House for 2015 and who will be this year's individual tennis champion.

Newington Inter-House Biathlon

The Newington Preparatory Schools' Inter-House Biathlon will be held on Saturday 12th September at the Newington Senior School pool (7:00am start). It involves a 400m swim followed by a 1600m run.

Entry: Any boys who wish to compete in this 'Open' competition must first check with their parents and then they need to fill out a permission note which can be found on the Wyvern Sport page on Spaces.

https://spaces.newington.nsw.edu.au/wyvern/sport/artic les/8446-biathlon-entry-form-newington-preparatoryschools-inter-house-biathlon

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Wyvern Winter Sport & Co Curricular Photos

Photos for Winter Sport & Co-Curricular are taking place on Monday 17 August. All boys are reminded to bring their winter sport uniform for these photos.

Wyvern Summer Inter-House Competition Years 3 - 6

Over the next 2 weeks during sport time on a Monday and Wednesday afternoon, the boys in years 3 – 6 will be competing in a series of summer Inter-House sport matches. Sports that will be played include: cricket, basketball, tennis and softball. Rules are modified for the safety and enjoyment of all the boys and at the conclusion we will be able to determine who our winning House teams are in each sport for 2015. The boys will not be required to bring in equipment apart from their PE uniform and House coloured polo shirt.

Winter Sport Awards Assembly

This year our winter sports awards assembly will be held on Friday 18 September in Wyvern Hall at 1.30pm. Letters will be sent home prior to the assembly informing parents if their child will be receiving an award. Parents are welcome to attend.

2015 Bayrun

Congratulations to the dozens of Wyvern boys who participated in the 2015 Bayrun School Event. With a list of names too large to mention, our school came within seconds of being crowned "The fastest school in the West" for the 2^{nd} time. It is great to see so many of our boys being so healthy and active! See a short report below.

On the warm and sunny Sunday 2nd August, 29 young Wyvern athletes joined a record number 600 entrants on the start line of the annual Bayrun Primary 2km Challenge. When the siren went off they raced, with the senior Wyvern boys returning in similar order as the school's cross country; Bili Robertson, Philip Blanken, Henry Isherwood followed by Matthew Torrible. In true Wyvern spirit these boys were encouraged as they turned the 1km mark to return by other boys such Harry Colhoun. It was super to see a steady flow of black and white coming through the finish line. Shortly after the event, Wyvern was on the website as the Fastest School in the Inner West only for it to be adjusted and the boys finished runners-up to Trinity by just 44 seconds! Bring on 2016 and this fantastic group of runners will be up to the challenge again. Congratulations boys.



Wyvern 2015 Bayrun competitors - Nicholas Venetoulis, Cody Rixom, Henry Isherwood, Philip Blanken, Bili Robertson, Matthew Torrible, Thomas Blanken, Stefano Ottavio, Callan Rixom

Fivers

The following flyers are available on Newington Spaces and can also be collected from the display unit near the front office.

Swim Squad

Shining Stars:

- Henry Isherwood has enjoyed a great cross country and fun run season during 2015. Last weekend, amongst many other Newington faithful, Henry competed in the City to Surf. Henry ran for the school completing the course in a super time of 68mins 52 seconds. Not only did he run well, but Henry also raised a huge \$788 for the Humpty Dumpty Foundation. Well done Henry!
- Wyvern Cyclists Shine at Hunter Valley Junior
 Open Jaydan Stanton-Keir [LACC] and Hugh
 Harvey [RBCC] are both preparing for NSW Junior
 Road Cycling Titles which are 2 weeks away.
 Held in Tamworth, the State Titles are the
 accumulation of the Winter Road Series. The
 Hunter Valley Junior 2 day tour was a great
 chance for a hit out and to check out some of
 their competition.
- The 3km Time Trial saw Jaydan awarded with Stage 1 Yellow Jersey with a 12 second lead over Hugh. The next event was a 4 lap [12km criterium] to be run over an undulating course. Knowing how close Hugh's TT result was Jaydan had to come up with a race plan designed to save his energy for the final sprint. The boys were on each other throughout the race and the result was decided in a thrilling uphill sprint finally won by Jaydan. The following morning they lined up for a Handicap Road Race over 8kms. Their faces dropped when they found that were off 6 mins and 6 mins 30secs a virtually impossible task. Jaydan and Hugh finished close together but were totally handicapped out of a podium.
- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this "Shining Stars" section of the Wyvern.



Hunter Cycling Open – Hugh Harvey and Jaydan Stanton-Keir

Coming Up:

- Saturday 15 August Newington Invitational Athletics carnival (selected students)
- Monday 17 August Winter sport photos
- Saturday 22 August South Harbour Invitational Athletics carnival (selected students)
- Tuesday 25 August IPSHA Athletics carnival (selected students)
- Wednesday 26 August K-2 Athletics carnival
- Wednesday 2 September Summer sport training commences
- Saturday 5 September Back to Newington Day
 12A rugby and 12A football exhibition matches

Neil Brunton

Newington College - Wyvern Sportsmaster