# **Newington College**



### WYVERN SPORT TERM 3 - WEEK 7, 2015

#### IPSHA Athletics Carnival: Tuesday 27 August at SOPAC

15 individual entries through!! 11 team members through! 4 more than the Athletic powerhouses of Knox and Barker! This is the most Newington boys through to CIS in over 20 years! Oh yes, the black and white brigade had a day to remember and savour out at the hallowed track of Homebush.

And it started with a stellar group of 8 vying for a relay spot amongst the best of the best the private system can muster. The Junior group of Alec Peterson, Mitchell Cope, Matthew Torrible and Harry Stuart started things off superbly in the first and fastest heat. With a few baton change adjustments and confidence for next year, this team will be a force to be reckoned with, finishing 9th overall. The Senior team of Aiden Mostofi, Jake Goodhand, James McGregor and Bili Robertson were outstanding, winning their heat by no less than 40m, and their overall time was good enough to book them a spot at CIS. Not since the amazing 11 years team of 2013 have we been so excited by a young crop of athletes.

In the field we had some amazing performances, led by Tom Stone who took out the jumping double to book his place at CIS. He managed a jump of 4.34m at the long jump before clearing 1.38m in the high jump as the last competitor on the track. Bili Robertson and Aiden Mostofi joined Tom in the jumping events, with Bili qualifying in the high jump in clearing 1.35m, and Aiden in the long jump, jumping 4.12m. Alec Peterson, after being recalled to jump off for the sixth and final spot, managed just that and qualified to CIS with a jump of 1.15m in the junior high jump event. Philip Blanken, exhausted after his 800m effort, finished equal 11th in the Senior high jump with a leap of 1.25m, and Henry Isherwood was 14th in the junior long jump.

Elsewhere, the great results kept coming! In the junior shot put Lipina Ata put his powerful frame to great use as he threw his way to third with a throw of 9.13m. Reuben Palmer then made it a double as he threw 8.70m on his way to fifth in the 11 years shot put. And just to make sure it was Newington's day at the shot put, Angus Ole then threw 9.58m in the 12 years event to finish fourth and book his place to CIS.

At the discus Eric Carney surprised even himself as he finished 3<sup>rd</sup> overall with a throw of 21.92m. One wonders how much better this young man can get as this is his first time throwing the cylindrical object. Jacob Awada had to wait a long time for his opportunity but did extremely well when given the opportunity as he finished 13<sup>th</sup> in the 11 years discus, which is the exact same spot as Oliver Kleppich in the 12 years event.

Back on the track and the 8 years 100m events came and went in a flash. Sam Chittendon and Joel Zipeure nearly dead-heated in their race, finishing a very impressive 11th and 13th overall respectively. Young Hadi

Beydoun was 33<sup>rd</sup> home, which is a great result considering he was carrying a bit of extra wind resistance in the form of tracksuit pants.

The 9 years had an excellent field of runners to contend with, but were very impressive nonetheless. Richard Hunt was first home in 16<sup>th</sup>, with Will Fisher close behind in 20<sup>th</sup>, Vasili Filippatos 55<sup>th</sup> and Cameron Davey-Webb 59<sup>th</sup>. All eyes were on the clock in the 10 years event as Mitchell Cope powered home in his 100m event, only to miss out on CIS by one spot! Harry Stuart can count himself unlucky too as he finished a very impressive 9<sup>th</sup>. Alec Peterson was 23<sup>rd</sup> overall with Matthew Torrible in 37<sup>th</sup> showing that the future of sprinting at Newington is indeed looking bright.

The 11 years event was always going to be the one to watch and Aiden Mostofi and Jake Goodhand were both in the premier heat. Powerful starts from both boys saw them come home in 3<sup>rd</sup> and 2<sup>nd</sup> respectively, showing once more that the right call was made for young Goodhand to take his rightful place in the team. These events can be cruel however, and James McGregor knows all too well the pain that can be felt. Missing out on a spot at CIS last year in the 200m by one spot, James was there again as he finished 7<sup>th</sup> overall in the 100m. Could his mother take much more?? Only time would tell! The 12 years saw Sam Sullivan first home in 35<sup>th</sup>, with Jean-Paul Gonios (38<sup>th</sup>), and Tom Baird (82<sup>nd</sup>) rounding out the Newington field.

The 800m event produced a delightful shock as Matthew Torrible charged past three competitors to finish  $4^{th}$  in his heat, which was enough to book his place to CIS. This result was much deserved from a well-liked and determined young man. Philip Blanken produced the run of his life in the 12 years event, finishing  $9^{th}$  with an excellent time of 2:37.64 seconds. But we were all waiting for one event......and young Robertson was at the helm!

Asked before the event how he felt, Bili simply replied; 'more excited than nervous'. His performance was one for the ages as he ran the perfect race, allowing his biggest challenger in Will Constable from Knox to do all the work. He was nearly tripped coming through the first lap, and his recovery was something to behold, powering to victory in a remarkable time of 2:24.21 seconds.

The 200m events rounded out proceedings and it was the confident Matthew Torrible first home for the black and whites in the junior event, finishing  $21^{st}$  overall. Mitchell Cope and Tom Blanken were then  $31^{st}$  and  $32^{nd}$ , with Alec Peterson  $55^{th}$ . Sam Sullivan was again the pick of the Newington 12 years as he finished  $29^{th}$ , with Phili Blanken  $37^{th}$ , Hamish Danks  $62^{nd}$  and Will Rumi  $71^{st}$ .

And then there was one boy we were all watching, hoping, pleading that his run of bad luck would finally end! As James McGregor lined up alongside Aiden Mostofi in the 1st and fastest heat, we couldn't help but think what he was feeling. We needn't worry as he turned into the straight and showed incredible power and drive, finishing 2nd overall and booking his place in an individual event. Mostofi was simply breathtaking as he opened up a 15m lead coming into the straight, winning the event in an excellent time of 28.24 seconds.

So once the dust had settled, the clouds cleared and the programs drifted along in the breeze, we had time to reflect on what was the most successful Newington team in the modern era. Time to take a breath, before gearing up for the CIS Carnival on the 9 September!

















## Newington Invitation and Sth Harbour Invitation Athletics Carnival

One week after their triumphs at the Combined Interhouse Carnival at the Olympic warm up track, the talented Newington athletes were at it again not more than 100m down the road at the warm up track of the very impressive Homebush set up. Two Saturdays of bumper competition was to greet us, packing in 72 events in just under 3 hours!

The first of these special events was the Newington Invitational (NI), with the second being the South Harbour Invitational (SHI). Blue skies and mild temperatures greeted us at both carnivals, with the latter producing a stunning show of early Spring weather as the layers were peeled off throughout the morning. On both occasions one thing was clear, conditions were perfect for fast times and records broken.

The field events were first and in the high jump, it was the Tom Stone show in the 11 years high jump, as he jumped his way to 1.45m, narrowly missing the 1.48m record in the process. Second to Stone was the impressive Bili Robertson who just missed clearing a PB equalling 1.40m. Robertson would back up his 2<sup>nd</sup> placing the following week with a jump of 1.30m. Elsewhere Matthew Torrible finished 2<sup>nd</sup> at the NI and SHI Carnivals, with Alec Peterson 3<sup>rd</sup>. In the 12 years Philip Blanken was very impressive in finishing 3<sup>rd</sup> at both carnivals, happy to watch on as Theo Kidd of Trinity jumped 1.56m and 1.65m respectively.

In the shot put Lipina Ata was  $2^{nd}$  and  $3^{rd}$  respectively in the Junior event with Henry Isherwood very close behind in  $5^{th}$ . In the 11 years Reuben Palmer dominated proceedings, narrowly missing  $1^{st}$  at the NI before taking out the event at the SHI and breaking the record with a throw if 8.50m. In the 12 years Angus Ole used his height advantage to great use in finishing  $2^{nd}$  at the SHI, with Jean-Paul Gonios finishing  $3^{rd}$ .

The discus events saw the young brigade of Joel Zipeure and Eric Carney take charge. The latter of Carney was very impressive, finishing  $4^{th}$  at the NI before storming into  $2^{nd}$  place at the SHI with a throw in excess of 21m. The 11 years saw Jacob Awada and Tom Stone duke it out with the latter just holding a lead of just under a metre in throwing 18.40m, before Oliver Kleppich showed his class with throws of over 21m at both events.

The Tom Stone show continued in the long jump at the NI, with Stone jumping a remarkable 4.63m with his first jump, obliterating the opposition and setting a new record in the process. Elsewhere Henry Isherwood finished the highest Newington rank in the junior event, jumping 3.70m.

The track events came and went in a flash at both carnivals, and in the process we got a great look at the future of Newington Athletics as well as a snapshot into how our team would perform at the upcoming IPSHA Carnival! It started with the youngest performers, and the 8 years team of Joel Zipeure, Hadi Beydoun and Sam Chittendon performed admirably against some serious competition in the form of Mosman Prep mainly.

In the 9 years the team of Vasili Filippatos, Richard Hunt, Cameron Davey-Webb and Will Fisher also had stiff competition, this time in the form of Scots, but not before showcasing their supreme talent and showing that the future looks bright for this black and white army. The 10 years then produced some brilliant runs with Harry Stuart and Matthew Torrible producing victories at the NI, with Mitchell Cope doing the job at the the SHI and Alec Peterson running very strongly at the NI.

The 11 years saw the absence of speed demon Aiden Mostofi, but the resurgence of speedster Jake Goodhand, who was outstanding at both carnivals, winning the 100 m/200 m double at the NI. The ever-improving and super talented James McGregor was also outstanding winning and taking out  $2^{\text{nd}}$  place in his respective events.

The 12's team of Tom Baird, Sam Sullivan, Jean-Paul Gonios, Vincent De Souza, Hamish Danks, Will Rumi and Philip Blanken all performed strongly, pushing their more experienced rivals all the way with some powerhouse displays.

The 800m events saw the champion we know as Bili forego his pet event at the NI due to illness and then blitz the field at the SHI to win in 2:25.34, breaking the previous record by a whole second. Mr fix it and fill in extraordinaire Eddie Timpson also ran well in this event. The rest of the distance crowd of Henry Isherwood, Philip Blanken, Gaelen Dorigo and Matthew Torrible all ran well, with the latter showing that he could be a force come IPSHA.

The premier events rounded out proceedings at both carnivals as the relays took great effect. With injuries and illness plaguing the team, we had some excellent fill-ins aiding the cause. All relay teams performed admirably and the Junior team of Peterson, Stuart, Cope and Torrible showed that this team will be one to beat as they stormed home just behind Mosman and Scots at both events. The Senior relay minus Mostofi, but gaining Stefano Ottavio were also very strong, finishing 3<sup>rd</sup> overall.

### <u>Tennis - Newington Inter-House Tennis Singles</u> Championship

This year the Newington Preparatory Schools' Inter-House Tennis Singles Championship will be held on Saturday 12<sup>th</sup> September at the Newington Senior School tennis courts (8:00am – 12:00pm). This tennis championship is open to all boys in Years 3-6 from both the Wyvern and Lindfield campuses. However, numbers participating in this competition will be restricted.

**Entry:** Any boys who wish to compete in this 'Open' competition must first check with their parents and then they need to fill out a permission note which can be found on Spaces.

https://spaces.newington.nsw.edu.au/wyvern/sport/artic les/8447-tennis-entry-form-newington-preparatoryschools-inter-house-tennis-championships

This note must then be returned to Mr Martin by Friday 28<sup>th</sup> August to indicate your son's availability for the event. Please remember that the Championship is a Saturday morning. A final confirmation of entry will be sent home prior to the event to notify the boys who are

required to play. Unfortunately not all entries can be successful and preference will be given to boys in the higher grades.

**Uniform and Equipment:** Boys will be required to wear House Polo shirt, shorts & runners as well as provide their own tennis racquet.

Format: There will be a round robin competition to begin with. Boys will play  $5 \times 10$  minute matches with the number of games won recorded. The winner of the most games in each pool will progress to the knockout draw to determine an overall singles champion and runner up. The standard of competition will be challenging and it should be an absorbing battle to see which House will be the Champion House for 2015 and who will be this year's individual tennis champion.

## Newington Inter-House Biathlon

The Newington Preparatory Schools' Inter-House Biathlon will be held on Saturday 12<sup>th</sup> September at the Newington Senior School pool (7:00am start). It involves a 400m swim followed by a 1600m run.

**Entry:** Any boys who wish to compete in this 'Open' competition must first check with their parents and then they need to fill out a permission note which can be found on the Wyvern Sport page on Spaces.

https://spaces.newington.nsw.edu.au/wyvern/sport/artic les/8446-biathlon-entry-form-newington-preparatoryschools-inter-house-biathlon

This note must then be returned to Mr Martin by Friday 28<sup>th</sup> August to indicate your son's availability for the event. Please remember that the Championship is on a Saturday morning. A final confirmation of entry will be sent home prior to the event to notify the boys who are required.

#### Winter Sport Awards Assembly

This year our winter sports awards assembly will be held on Friday 18<sup>th</sup> September in Wyvern Hall at 2:00pm. Letters will be sent home prior to the assembly informing parents if their child will be receiving an award. Parents are welcome to attend.

#### Flyers:

The following flyers are available on Newington Spaces and can also be collected from the display unit near the front office.

- Term 4 Swim Squad
- Wednesday Morning Basketball Skills Y3 –Y6
- Morning Cricket Skills Years 3-6
- Got Game basketball skills Year2

# **Shining Stars:**

Wyvern Cyclists at the State Titles - Hugh Harvey [RBCC] and Jaydan Stanton-Keir [LACC] competed at the NSW Junior Road Cycling Titles on the 15<sup>th</sup> and 16<sup>th</sup> August 2015. The Road State Titles consist of three disciplines: Individual Time Trial, Road Race and Criterium. The competition was fierce, and results were very tight with only 13 seconds separating the top six riders in the road race! Our boys demonstrated tremendous passion and sportsmanship. The final standings for our boys were:

**Hugh Harvey:** ITT 5<sup>th</sup>, Road Race 3<sup>rd</sup>, Criterium 4<sup>th</sup> **Jaydan Stanton-Keir:** ITT 4<sup>th</sup>, Road Race 6<sup>th</sup>, Criterium 5<sup>th</sup>

Both boys have to step up to Under 13 next season, where the fields are larger and stronger. It is pleasing to see the dedication and training the boys have applied has seen them do so well this year, and will certainly be required for the boys racing Under 13 next year.



 If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this "Shining Stars" section of the Wyvern.

#### Coming Up:

- Monday 31<sup>st</sup> August Last round of House matches
- Wednesday 2<sup>nd</sup> September Summer sport training commences
- Saturday 5<sup>th</sup> September Back to Newington Day (12A rugby and 12A football exhibition matches & NZ tour training at Tempe)
- Monday 7<sup>th</sup> September Milo Cup Cricket Gala Day (selected students)
- Saturday 12<sup>th</sup> September Newington Biathlon & Newington Tennis Championships (NZ tour training at Snr School)

**Neil Brunton** 

Newington College - Wyvern Sportsmaster