

Wyvern Newington – Term 4 Week 4

2 November 2015 – 6 November 2015

Monday 2 November	Recess	Corn Cobs (2) (GF)	\$2.50
	Lunch	I Love Sushi Chicken, Salmon or Vegetarian (GF)	\$3.50
Tuesday 3 November	Recess	Slinky Apples – Red or Green (GF) Or Snack Pack – Apricots, Cheese, Carrots, Crackers & Dip	\$1.50 \$3.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and mozzarella cheese)	\$5.50
		OR Supreme (Napoli sauce, ham, salami, mushroom and mozzarella cheese)	\$5.50
Wednesday 4 November	Recess	Homemade Choc Chip Muffin	\$3.50
	Lunch	Homemade Chicken Caesar Wrap with Bacon and Egg	\$6.00
Thursday 5 November	Recess	Strawberry & Banana Smoothie with Low Fat Milk (GF)	\$3.00
	Lunch	Homemade Butter Chicken served with Steamed Rice (GF)	\$6.00
Friday 6 November	Recess	Freshly Popped Cinnamon Popcorn (GF)	\$2.50
	Lunch	Beef Burger on a Wholemeal Bun with Grilled Onion, Low Fat Cheese and Tomato Sauce	\$5.50
		I Love Sushi Teriyaki Chicken (GF)	\$3.50

TUCKSHOP ROSTER

Tuesday 3 November	Nicole Williams, Alison Tran
Wednesday 4 November	Robyn Meakins, Ann Howe
Thursday 5 November	Dyanne Wayling, Joann Hicks
Friday 6 November	Tania Nguyen, Maxine Smith

Wyvern Newington – Term 4 Week 5

9 November 2015 – 13 November 2015

Monday 9 November	Recess	Slinky Apples – Red or Green (GF) Or Snack Pack – Apricots, Cheese, Carrots, Crackers & Dip	\$1.50 \$3.50
	Lunch	I Love Sushi Salmon, Tuna or Vegetarian (GF)	\$3.50
Tuesday 10 November	Recess	Crustie – Baguette Bread with Jam or Vegemite	\$1.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli sauce and mozzarella cheese) OR Hawaiian (Napoli sauce, ham and mozzarella cheese)	\$5.50 \$5.50
Wednesday 11 November	Recess	Homemade Anzac Cookies (3)	\$3.50
	Lunch	BLP Wrap – Bacon, Lettuce, Tomato & Avocado	\$6.00
Thursday 12 November	Recess	Jelly Cup with a Scoop of Ice Cream	\$3.00
	Lunch	Homemade Beef Ravioli with Napoli Sauce	\$6.00
Friday 13 November	Recess	Fruit Salad (GF)	\$3.50
	Lunch	Homemade Beef Nachos with Low Fat Cheese, Guacamole and Greek Yoghurt	\$6.00
		I Love Sushi Teriyaki Chicken (GF)	\$3.50

TUCKSHOP ROSTER

Tuesday 10 November	Sally Hassen, Kathy Tsakonas
Wednesday 11 November	Melinda Tam, Lucy Saleh
Thursday 12 November	Caroline Townsend, Alicia Spencer
Friday 13 November	Kathy Burshtein, Catriona McKenzie, Helen Koumoulas