

Wyvern Newington – Term 3

Week 4

8 August 2016 – 12 August 2016

Monday 8 August	Recess	Corn Cobs (2) (GF)	\$2.50
	Lunch	I Love Sushi – Teriyaki, Salmon or Vegetarian (GF)	\$3.50
		Homemade Pumpkin Soup with a Roll	\$3.50
Tuesday 9 August	Recess	Slinky Apples – Red or Green (GF)	\$1.50
	Lunch	Snack Pack – Apricots, Cheese, Crackers, Carrots and Dip	\$3.50
		PIZZA DAY – Homemade Margherita (Napoli Sauce and Mozzarella Cheese) OR Supreme (Napoli Sauce, Ham, Salami, Mushroom and Mozzarella Cheese)	\$5.50 \$5.50
Wednesday 10 August	Recess	Homemade Choc Chip Muffin	\$3.50
	Lunch	Homemade Beef Ravioli with Napoli Sauce	\$6.00
Thursday 11 August	Recess	Toasted English Muffin with Ham and Cheese	\$3.50
	Lunch	Homemade Butter Chicken served with Steamed Rice	\$6.00
Friday 12 August	Recess	Freshly Popped Cinnamon Popcorn (GF)	\$3.00
	Lunch	Beef Burger on a Wholemeal Bun with Grilled Onion, Low Fat Cheese and Tomato Sauce	\$5.50
		I Love Sushi – Teriyaki Chicken (GF)	\$3.50

TUCKSHOP ROSTER

Tuesday 9 August	Kerry Guthrie, Cheryl Douglas
Wednesday 10 August	Yamilla Veloz, Vanessa Safieh
Thursday 11 August	Kay Pennington, Sarah Alden
Friday 12 August	Caroline Jeffries, Sarah Capolupo

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Week 5

15 August 2016 – 19 August 2016

Monday 15 August	Recess	Slinky Apples – Red or Green (GF)	\$1.50
		Snack Pack – Apricots, Cheese, Crackers, Carrots and Dip	\$3.50
	Lunch	I Love Sushi – Salmon, Tuna or Vegetarian (GF)	\$3.50
		Homemade Pumpkin Soup with a Roll	\$3.50
Tuesday 16 August	Recess	Crusties – Baguette Bread with Jam or Vegemite	\$1.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli Sauce and Mozzarella Cheese) OR Hawaiian (Napoli Sauce, Ham, Pineapple and Mozzarella Cheese)	\$5.50
Wednesday 17 August	Recess	Homemade Anzac Cookies (3)	\$3.50
	Lunch	Chicken Breast Burger on a Wholemeal Damper Roll with Lettuce and Avocado	\$6.00
Thursday 18 August	Recess	Homemade Cheese & Vegemite Scroll	\$2.00
	Lunch	Homemade Penne Bolognese	\$6.00
Friday 19 August	Recess	Fruit Salad (GF)	\$3.50
	Lunch	Homemade Beef Nachos with Low Fat Cheese, Guacamole and Greek Yoghurt	\$6.00
		I Love Sushi Teriyaki Chicken (GF)	\$3.50

TUCKSHOP ROSTER

Tuesday 16 August	Carlie Brown, Caroline Townsend
Wednesday 17 August	Natalie OBrien
Thursday 18 August	Mika Moselmane, Dita Staka
Friday 19 August	Kathy Burshtein, Wendy Stanton