



WYVERN SPORT TERM 3 – Week 7

Newington Invitational and South Harbour Invitational Athletics Carnival 2016

In preparation for the IPSHA athletics carnival, the Wyvern Athletics team has been enjoying some competition with two recent lead up events. The Newington Invitational and the South Harbour Invitational involved many boys from other Independent schools, all looking to gain some confidence before the main carnival next week.

The first of these special events was the Newington Invitational (NI), with the second being the South Harbour Invitational (SHI). Blue skies and mild temperatures greeted us at both carnivals, with a stunning show of late winter weather, layers peeled off throughout the morning. On both occasions one thing was clear, with a newly resurfaced track, conditions were perfect for fast times and PB's.

During the field events Wyvern had strong showings in the throwing disciplines. Reuben Palmer won both carnivals in the 12 Year Shot Put giving him a great lead in to IPSHA. In the 11's Lipina Ata placed 2nd behind fellow Wyvern competitor Peter McKenzie. Peter won both carnivals, but more impressively broke a Newington Invitational record in the process, throwing 10.63m. Toby Torrible and Connor Costanzo performed well in the junior event finishing just outside the placing's, with both improving their distance thrown the week before.

In the discus events, Bili Robertson displayed his versatility in the 12's age group, throwing over 20m on both occasions. Eric Carney was consistent placing 2nd at both carnivals with fine throws. In the junior bracket Sam Walker and Connor Costanzo both enjoyed top of the podium finishes with great signs for the future.

Wyvern's long jumpers included Will Nicholas and Richard Hunt in the junior event. Jasper Walsh tried hard during the 11 years age group but a few foul jumps cost his overall finish. Bili Robertson and James McGregor had success with James 2nd at both carnivals and Bili improving his placing to finish 3rd at South Harbour.

Charlie Gill showed improvement in the junior high jump with solid efforts. Matthew Torrible displayed beautiful technique helping him finish 1st in the 11 years high jump at both carnivals. Bili Robertson had success with a 2nd at the NI and 1st at SHI in the 12's.

The 800m runners performed well at both carnivals with huge efforts showing on the faces. Will Nicholas, Charlie Roberts and Diederik Blanken ran with great pride in the junior event. Matthew Torrible and Thomas Blanken did their best to match the solid tempo in the 11's. All spectators at both carnivals applauded fine efforts from Bili Robertson as he won the 12's age group, stopping the clock in near record times.

The 100m races were furious exhibitions of pace and sportsmanship, with runners doing their best and congratulating each other at the finish. Aiden Li, Rushabh Gandhi, Sanjay Spencer and Benjamin Nichol showed their pace in the 8's with excellent performances. Jasen Begetis, Joel Zipeure, Hadi Beydoun and Sam Chittendon formed a strong group in the 9's and ran up to expectations. Richard Hunt, Will Nicholas, Tom Chanter and Charlie Roberts all looked to improve their times in the 10's age division. Thomas Blanken, Connor Gonios, Matthew Torrible and Mitchel Cope were right in the mix of the placing's at both carnivals. Our 12's were probably the most impressive with Owen Douglas, Will Douglas and James McGregor all placing at the carnivals.

The 200m event saw most of our Wyvern 100m runners back up for the longer distance. Daniel Carter was added to the list in the 8 year old race obviously blessed with more endurance. Every runner showed splendid tenacity running all the way to the line with Wyvern Spirit. James McGregor and Bili Robertson showed their class once again finishing atop of the placing's in their races.

Wyvern's junior relay team of Sam Chittendon, Charlie Roberts, Hadi Beydoun and Joel Zipeure ran well at both invitational carnivals, with the baton changes still being perfected. Wyvern's senior relay of Owen Douglas, Mitchell Cope, Bili Robertson and James McGregor showed great speed to finish 1st and 2nd at the carnivals with more improvement coming.

Well done to all participants from the invitational carnivals. We look forward to hearing how the team performs at the IPSHA carnival in coming weeks. We are sure, regardless of the results the boys will do themselves proud.



IPSHA Athletics Carnival Report

For the first time in over a decade, the two Newington Preparatory School's entered separate athletics teams at the IPSHA selection carnival. This provided more opportunities for our boys to represent their school and achieve selection in the IPSHA Athletics team which would compete in the CIS carnival. However, the question remained whether this would dilute the strength of Newington's team and results wouldn't reflect the recent high standards set by our students at this level of competition. Wyvern athletes lifted for the occasion and took full advantage of the additional opportunities presented by regularly producing 'personal best' performances on the day.

The day started with our junior relay team consisting of Sam Chittendon, Charlie Roberts, Hadi Beydoun and Joel Zipeure producing smooth baton transitions which gave themselves every opportunity to run their best time as a team. Three of these boys will still qualify for the junior relay next year so they look an exciting prospect for the future.

Following this, the senior relay team consisting of James McGregor, Bili Robertson, Owen Douglas and Mitchell Cope did likewise and the result was a qualification into the CIS Carnival as the 4th fastest IPSHA team.

Our youngest members of Wyvern's athletics team in Ben Nichol, Aiden Li and Rushabh Gandhi then ran their 8 years 100m heats. All did extremely well and Ben Nichol was unlucky to narrowly miss selection in the top 6 sprinters when he ran 16.60 to finish 9th fastest time in his age group.

Sam Chittendon missed out on selection by the narrowest of margins finishing 7th in his 9 years 100m heat and Hadi Beydoun, Joel Zipeure and Jason Begetis all ran strongly.

Charlie Roberts, Will Nicholas and Thomas Chanter ran well in their 10 years heats and in the 11 years heats Mitchell Cope ran a PB time. Similarly, Matthew Torrible, Connor Gonios and Thomas Blanken did themselves proud with their efforts.

In the 12 Years age group James McGregor qualified for his second event after narrowly finishing in 3rd place by 100th of a second. Owen and Will Douglas demonstrated that they not only share the same surname but share a similar ability to run very quickly. They missed qualification but finished well up the list of runners overall.

Our 800 metre runners followed. Matthew Torrible ran a great race with great heart to finish in 7th place. Bili Robertson backed up his great relay run with a magnificent race in the 12's age group. From the beginning he started quickly for the first 300m then sat on the shoulder of the pace setter from Kings. With 200m to go Bili unleashed an explosive kick of speed to quickly take the lead and finish strongly in a personal best time of 2:18:76. This was Bili's second event in which he qualified for the IPSHA Team and was not going to be his last.

Bili immediately returned to the high jump in which the bar had been raised considerably while he was waiting in the marshalling area. He proceeded to clear a PB height of 1.55cm to take out the title of champion high jumper for his age group.

Other outstanding Field Event results included Eric Carney's personal best throw of 23.09m in the 11years discus to qualify for the IPSHA Team in 3rd place. Despite feeling unwell with a cold, Peter McKenzie's throw in the 12's shot put managed to qualify him for the IPSHA Team in 6th place. James McGregor and Bili added to their list of achievements when they qualified for the IPSHA team in Long Jump ensuring they will both have a very busy day at the CIS Carnival. Reuben Palmer narrowly missed qualification when he finished 7th overall in the 12's shot put.

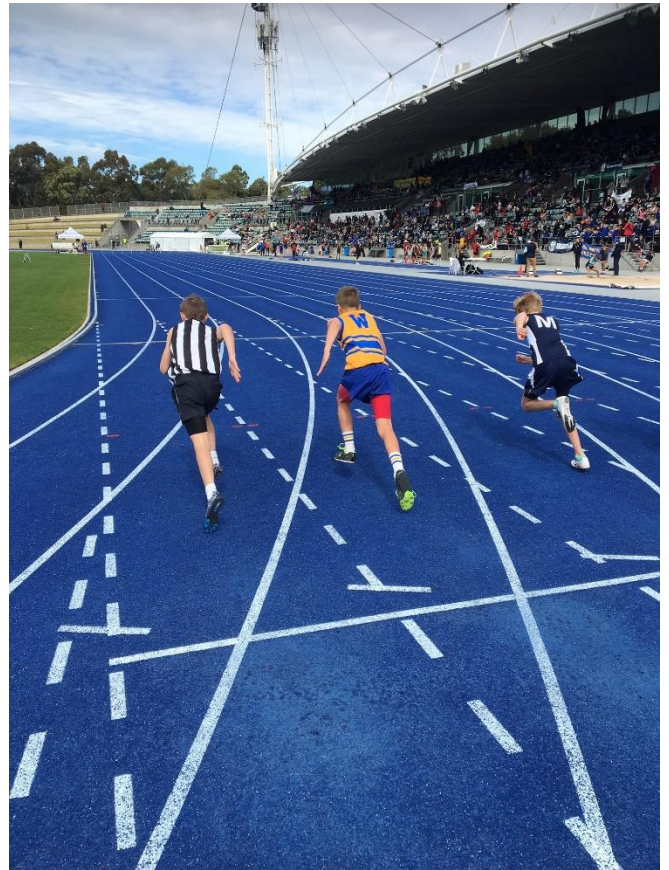
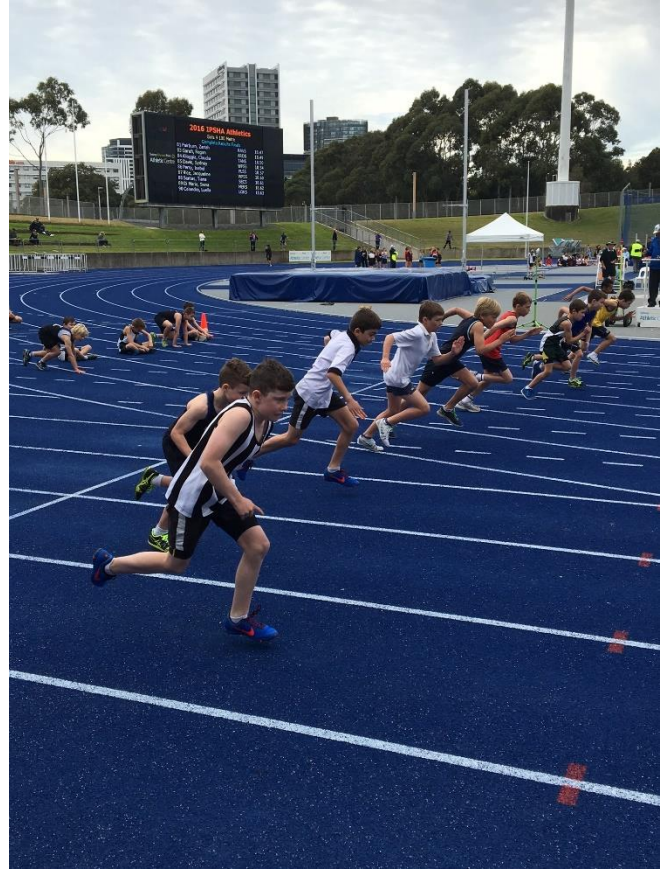
Finally after a long, tiring day, James McGregor and Bili Robertson dug deep to finish 2nd and 3rd overall to qualify in the 200m for their 4th event at the CIS Carnival. All in all an outstanding day where our Wyvern boys once again behaved impeccably and competed magnificently to give us plenty in which we could be proud.





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RESPECT
 RESILIENCE
 TEAMWORK
 ENJOYMENT
 IMPROVEMENT
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Well Done Oliver Townsend!

Oliver Townsend spent last week in Mudgee at the NSWPSA rugby Championships as part of the CIS team. Oliver played many games in various positions over the 3 days of fierce competition. Whilst the results didn't go in favour of CIS, Oliver definitely played well, learnt a lot and enjoyed the opportunity.

Tennis - Newington Inter-House Tennis Singles Championship

This year the Newington Preparatory Schools' Inter-House Tennis Singles Championship will be held on Saturday 10 September at the Newington Senior School tennis courts (8:00am – 12:00pm). This tennis championship is open to all boys in Years 3-6 from both the Wyvern and Lindfield campuses. However, numbers participating in this competition will be restricted.

Entry: Any boys who wish to compete in this 'Open' competition must first check with their parents and then they need to fill out a permission note which can be found on Spaces.

<https://spaces.newington.nsw.edu.au/wyvern/sport/articles/8447-tennis-entry-form-newington-preparatory-schools-inter-house-tennis-championships>

This note must then be returned to Mr Martin by Friday 29th August to indicate your son's availability for the event. Please remember that the Championship is a Saturday morning. A final confirmation of entry will be sent home prior to the event to notify the boys who are required to play. Unfortunately not all entries can be successful and preference will be given to boys in the higher grades.

Uniform and Equipment: Boys will be required to wear House Polo shirt, shorts & runners as well as provide their own tennis racquet.

Format: There will be a round robin competition to begin with. Boys will play 5 x 10 minute matches with the number of games won recorded. The winner of the most games in each pool will progress to the knockout draw to determine an overall singles champion and runner up.

The standard of competition will be challenging and it should be an absorbing battle to see which House will be the Champion House for 2016 and who will be this year's individual tennis champion.

Newington Inter-House Biathlon

The Newington Preparatory Schools' Inter-House Biathlon will be held on Saturday 10th September at the Newington Senior School pool (7:00am start). It involves a 400m swim followed by a 1600m run.

Entry: Any boys who wish to compete in this 'Open' competition must first check with their parents and then they need to fill out a permission note which can be found on the Wyvern Sport page on Spaces.

<https://spaces.newington.nsw.edu.au/wyvern/sport/articles/8446-biathlon-entry-form-newington-preparatory-schools-inter-house-biathlon>

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2017 Summer Sport Survey

2017 summer sport surveys have been sent home this week. Please fill in this note and return following the instructions listed. I recommend you could consider your son's sport choice carefully as changes cannot be made to your initial preferences. This is because, based on this survey, the school



makes a commitment to enter a certain number of teams for each sport in the IPSHA competition. It also assists us to plan for fields, coaches, equipment etc. Once allocated to a sport the commitment is for the entire season, e.g. Terms 1 and 4 and as such, mid-season changes to other sports cannot be accommodated.

Winter Sport Awards Assembly

This year our winter sports awards assembly will be held on Friday 23 September in Wyvern Hall at 1.45pm. Letters will be sent home prior to the assembly informing parents if their child will be receiving an award. Parents are welcome to attend.

Flyers

The following flyers are available on Newington Spaces and can also be collected from the display unit near the front office.

- Swim Squad
- AFL Auskick Term 3
- Holiday Flyers - Water Polo, Rugby, Tennis, Multi Sport

Shining Stars

- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this “Shining Stars” section of the Wyvern.

Coming Up

- Wednesday 7th September – Summer Sport Training recommences
- Saturday 10th September – Newington Inter-House Biathlon & Tennis Championships
- Wednesday 14th September – Milo Cup Cricket (selected students)
- Wednesday 14th September – CIS Athletics Carnival (selected students)
- Tuesday 19th September – CIS Cricket Trials (selected students)
- Friday 23rd September – Winter Sport Awards Assembly

Neil Brunton
Newington College Wyvern Sportsmaster