# Wyvern Newington – Term 4

## Week 6

### **14 November 2016 – 18 November 2016**

Manday	Deseas		
<b>Monday</b> 14 November	Recess	Egg and Bacon Toasted English Muffin	\$3.50
	Lunch	I Love Sushi – Teriyaki Chicken, Tuna or Vegetarian (GF)	\$3.50
<b>Tuesday</b> 15 November	Recess	Slinky Apples – Red or Green (GF)	\$1.50
		Snack Pack – Apricots, Cheese, Crackers, Carrots and Dip	\$3.50
	Lunch	PIZZA DAY – Homemade Margherita (Napoli Sauce and Mozzarella Cheese) OR	\$5.50
		Hawaiian (Napoli Sauce, Ham, Pineapple and Mozzarella Cheese)	\$5.50
Wednesday 16 November	Recess	Homemade Choc Chip Muffin	\$3.50
	Lunch	Quiches – Ham and Cheese Or Vegetarian	\$4.00 \$4.00
Thursday 17 November	Recess	Fruit Salad with a Scoop of Ice Cream (GF)	\$4.00
	Lunch	Mini Roasted Drumettes with Wedges	\$6.00
Friday 18 November	Recess	Banana Bread Slice	\$3.00
	Lunch	Skinless Hot Dog on a Wholemeal Bun with Tomato Sauce	\$4.00
		l Love Sushi – Teriyaki Chicken (GF)	\$3.50

#### **TUCKSHOP ROSTER**

<b>Tuesday</b> 15 November	Ariadne Clark
<b>Wednesday</b> 16 November	Natalie Obrien, Cath Dunstan
<b>Thursday</b> 17 November	Catherine Young, Sarah Alden
<b>Friday</b> 18 November	Kathy Burshtein, Wendy Stanton

# Wyvern Newington – Term 4

## Week 7

### 21 November 2016 – 25 November 2016

<b>Monday</b> 21 November	Recess	Freshly Popped Popcorn (GF)	\$2.50
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	Lunch	l Love Sushi – Salmon, Tuna or Vegetarian (GF)	\$3.50
Tuesday	Recess	Vegemite and Cheese Scrolls	\$2.00
22 November	Lunch	PIZZA DAY – Homemade	
		Margherita (Napoli Sauce and Mozzarella Cheese)	\$5.50
		OR	
		Supreme (Napoli Sauce, Ham, Salami, Mushroom and	\$5.50
		Mozzarella Cheese)	
Wednesday 23 November	Recess	Homemade Anzac Cookies (3)	\$3.50
	Lunch	Homemade Chicken Caesar Wrap	\$6.00
Thursday 24 November	Recess	Frozen Strawberry Yoghurt	\$3.00
	Lunch	Homemade Beef Ravioli with Napoli Sauce	\$6.00
<b>Friday</b> 25 November	Recess	Strawberry & Banana Smoothie with Low Fat Milk (GF)	\$3.00
	Lunch	Homemade Beef Nachos with Low Fat Cheese,	\$6.00
		Guacamole and Greek Yoghurt	
		I Love Sushi	
		Teriyaki Chicken (GF)	\$3.50

#### **TUCKSHOP ROSTER**

<b>Tuesday</b> 22 November	Louisa Messis, Bridget Smit
Wednesday 23 November	Kim Stanoff
<b>Thursday</b> 24 November	Gillian Begg, Cathy Cooper
<b>Friday</b> 25 November	Kate Pennington, Sara Carlisle