

# Wyvern Newington – Term 4 Week 4

**30 October 2017 – 3 November 2017**

<b>Monday</b> 30 October	Recess	<b>Vanilla &amp; Mango Frozen Yoghurt</b>	<b>\$3.00</b>
	Lunch	<b>I Love Sushi – Teriyaki Chicken, Tuna or Vegetarian (GF)</b>	<b>\$3.50</b>
<b>Tuesday</b> 31 October	Recess	<b>Slinky Apples – Red or Green (GF)</b>	<b>\$1.50</b>
		<b>or</b>	
		<b>Snack Pack – Apricots, Cheese, Crackers, Carrots and Dip</b>	<b>\$4.00</b>
	Lunch	<b>Pizza - Margherita (Napoli Sauce &amp; Mozzarella Cheese)</b>	<b>\$6.00</b>
		<b>Or Supreme (Napoli Sauce, Ham, Salami, Mushroom &amp; Mozzarella Cheese)</b>	<b>\$6.00</b>
<b>Wednesday</b> 1 November	Recess	<b>Homemade Chocolate Chip Muffin</b>	<b>\$3.50</b>
	Lunch	<b>Chicken Caesar Wrap with Egg and Bacon</b>	<b>\$6.00</b>
<b>Thursday</b> 2 November	Recess	<b>Nudge Smoothie – Baby Spinach, Berries and Maple Syrup</b>	<b>\$3.00</b>
	Lunch	<b>Homemade Fried Rice with Egg and Bacon</b>	<b>\$6.00</b>
<b>Friday</b> 3 November	Recess	<b>Homemade Peach Crumble with a Scoop of Ice Cream</b>	<b>\$4.00</b>
	Lunch	<b>Beef Burger on a Wholemeal Bun with Grilled Onion, Low Fat Cheese and Tomato Sauce</b>	<b>\$6.00</b>
		<b>I Love Sushi – Teriyaki Chicken (GF)</b>	<b>\$3.50</b>

## TUCKSHOP ROSTER

<b>Tuesday</b> 31 October	<b>Louisa Messis, Melissa Squires</b>
<b>Wednesday</b> 1 November	<b>Melanie Lukin, Kate Macdessie</b>
<b>Thursday</b> 2 November	<b>Joann Hicks, Dyanne Wayling</b>
<b>Friday</b> 3 November	<b>Elizabeth White, Janie Guy</b>

# Wyvern Newington – Term 4 Week 5

**6 November 2017 – 10 November 2017**

<b>Monday</b> 6 November	Recess	<b>Slinky Apples – Red or Green (GF)</b>	<b>\$1.50</b>
		<b>or</b>	
		<b>Snack Pack – Apricots, Cheese, Crackers, Carrots and Dip</b>	<b>44.00</b>
<b>Tuesday</b> 7 November	Recess	<b>I Love Sushi – Salmon, Tuna or Vegetarian (GF)</b>	<b>\$3.50</b>
		<b>Jelly Cup with Yoghurt</b>	<b>\$3.50</b>
	Lunch	<b>Pizza - Margherita (Napoli Sauce &amp; Mozzarella Cheese) or Hawaiian (Napoli Sauce, Ham, Pineapple &amp; Mozzarella Cheese)</b>	<b>\$6.00 \$6.00</b>
<b>Wednesday</b> 8 November	Recess	<b>Homemade Anzac Cookies (3)</b>	<b>\$3.50</b>
	Lunch	<b>Chicken Souvlaki Wrap with Tomato and Tzatziki Sauce</b>	<b>\$6.00</b>
<b>Thursday</b> 9 November	Recess	<b>Homemade Vegemite &amp; Cheese Scroll</b>	<b>\$2.50</b>
	Lunch	<b>Homemade Penne Matriciana (Bacon and Tomato Sauce)</b>	<b>\$6.00</b>
<b>Friday</b> 10 November	Recess	<b>Fruit Salad (GF)</b>	<b>\$3.50</b>
	Lunch	<b>Homemade Beef Nachos with Low Fat Cheese, Guacamole and Greek Yoghurt</b>	<b>\$6.00</b>
		<b>I Love Sushi – Teriyaki Chicken (GF)</b>	<b>\$3.50</b>

## TUCKSHOP ROSTER

<b>Tuesday</b> 7 November	<b>Natalia Obrien</b>
<b>Wednesday</b> 8 November	<b>Madeline Morris, Kim Stanoff</b>
<b>Thursday</b> 9 November	<b>Sarah Prince, Sarah Ireland</b>
<b>Friday</b> 10 November	<b>Joanne Tsaloukas, Renee Amirian</b>