



WYVERN SPORT TERM 1 – Week 2, 2018

Wyvern House Sport Handbook

The Wyvern House Sport Handbook has been updated with a number of small changes made. Most noticeably the evolution of Wyvern Sporting Honours & Awards has been included, with the awarding of A-team medallions withdrawn.

The 2018 handbook has been issued to parents of children in Years 3 – 6. It is designed to assist you with understanding the day-to-day organisation of sport at Wyvern. The updated 2018 Sport Handbook is also accessible via the Wyvern sport page on Spaces.

Please familiarise yourselves with this booklet as it will answer many of those questions that you may have during the year about sport and the school's requirements from your son.

Round 1 Summer Sport commences Saturday 10 February

We have had a limited amount of time available to allocate our summer teams before Round 1 each year. Wyvern and senior school staff will do their best to place boys in a suitable team for their current level of play and fitness. This is important in providing an enjoyable, safe, and beneficial experience through sport. However, it would be naïve to assume that one or two errors in judgement will not be made. We do allow 2 weeks to make any adjustments to teams before settling on a squad for the season. This enables coaching staff the opportunity to gain a more intimate understanding of each boy's level of play, thus allowing to allocate teams accurately. Accordingly, we will make changes to teams if obviously necessary. This means all teams will not be fixed until Round 3 of the IPSHA competition.

The Wyvern fixture sheet for Term 1 sport can be accessed via the Wyvern sport page on Spaces. All team lists, venues, starting times and opposition teams are listed. On rare occasions there may be unavoidable last minute changes to fixtures. Please check these fixtures on a Thursday evening and contact Joel Wilson through the office if you have any questions or problems.

In the case of wet weather a message will be recorded on the **WET WEATHER NUMBER (9432 1222)** and it can be called after 6:45am on the morning of the match.

School Sport is Compulsory and Punctuality is Expected

Some of our boys are involved in club sport outside of Newington and this can be very beneficial to their development. I do not want to discourage this practice, however, I feel it is necessary for there to be an early reminder that school sport is compulsory at Newington and it must take priority over outside club commitments. Any requests for 'Leave from Sport' must be made in writing and addressed to the Head of Campus (Mr Ian Holden). It is also expected that the boys arrive in their correct sport uniform 30 minutes prior to the match commencing to allow sufficient time for the team to warm up and prepare for the match.

Newington Preparatory Schools' Inter-House Swimming Carnival

PLEASE NOTE: 7:30AM Departure from Senior School (Stanmore Road Gates)

The annual NCP Inter-House swimming Carnival is scheduled for Wednesday 14 February at the Ryde Aquatic Centre, Victoria Rd, Ryde. Students from Years 3 – 6 will be departing the senior school from Stanmore Road by bus for the Ryde Aquatic Centre at **7:30am sharp** and returning to Wyvern by 3:00pm for dismissal. Parents are welcome to attend.

Boys can enter 50m freestyle and breaststroke events on the day and if they are one of the eight fastest swimmers from the heats, they will progress to a final. The 100m Freestyle, 200m Individual Medley, 50m butterfly and 50m backstroke events will be straight finals on the day and selection for these finals were held over the first two weeks of Term 1.

Program of events...

50m Backstroke Finals for U9 – U12

50m Butterfly Finals for U9 –U12

Junior	200m	Ind. Medley	FINAL
Senior	200m	Ind. Medley	FINAL
U8	50m	F/S	HEATS
U9	50m	F/S	HEATS
U10	50m	F/S	HEATS
U11	50m	F/S	HEATS
U12	50m	F/S	HEATS
Junior	100m	F/S	FINAL



Senior	100m	F/S	FINAL
U8	25m	BR/S	HEATS
U9	50m	BR/S	HEATS
U10	50m	BR/S	HEATS
U11	50m	BR/S	HEATS
U12	50m	BR/S	HEATS

50M Freestyle Finals for U8 – U12

50M Breaststroke Finals for U9 – U12

The carnival is scheduled to commence at 9:00am and conclude by 2:15pm. Please be advised that there is a spectator fee charged by the Aquatic Centre and that the parking is sometimes limited. There is free parking for 4 hours from 10:00am, after that the car park is patrolled by Rangers who will issue fines.

Students travelling to and from school will wear full PE uniform including their House coloured polo shirt. They should already have their swimmers on underneath. Students will travel to the pool by bus. Any students wishing to travel directly to the pool from home may do so provided a note is given to the class teacher prior to the day. All students must remain at the carnival until it concludes at 2:15pm. Parents may depart the carnival with their son, provided you inform your son's classroom teacher prior to leaving.

The boys must bring their own recess and lunch and they will eat this during the carnival when there is an appropriate amount of time between events.

Students will NOT be permitted to visit the canteen during the carnival.

FINALISTS -

<https://spaces.newington.nsw.edu.au/wyvern/sport/articles/2795-finalists-for-swimming-carnival-200m-im-100m-free-50m-back-50m-fly>

Newington Preparatory Schools' Swimming Team

Based on the results from the Inter-House swimming carnival, a Newington Swim team will be selected. These boys will be required to represent Newington at a number of swimming invitation carnivals and at the IPSHA swimming carnival.

Depending on the program offered by the host school, the swim team may vary from carnival to carnival as we match up swimmers with the events on the program.

Our first invitation swimming carnival will be The Scots College Invitation on Friday 23 February. This will be followed by the South Harbour Invitation on Friday 2 March. The IPSHA swimming carnival is scheduled for Tuesday 6 March.

A note will go home providing greater detail to all the boys selected in the swimming team, after our Inter-House Carnival.

Swimming Squad

During 2018, Newington's Swimming program under the NEWSPORT banner, will evolve into a more streamlined experience for all students at

Wyvern. From Term 2, squad training will be held on mornings for our faster swimmers and afternoon sessions will be organised for our developing swimmers. More details on NEWSPORT swimming program will be made available during Term 1.

During Term 1, you have an opportunity to enrol your son in a swimming squad that is held at the Senior School pool on Tuesday and Thursday mornings. This program will NOT be a "Learn to Swim" program or be aimed at mini-squad level. It will involve boys' being assessed and graded into squads on ability. During Term 1, the boys will concentrate on swimming coaching and stroke correction. It will aim to improve their technique, building their fitness, stamina and endurance in **a swim squad style training session co-mingled with the students in Year 7 – 12.**

On Tuesday and Thursday mornings, boys are to meet at the Senior School pool to commence training at 7:00am sharp. They will be escorted back to Wyvern by swimming staff, with the session concluding at 8:00am.

Please Note - Enrolments for Term 1 have now closed. They are accepted on a first in best dressed basis. Parents who have enrolled their child will only be contacted if their application is too late.

PLEASE NOTE: Enrolment for Swim Squad 2018 is now done online at

<http://www.newington.nsw.edu.au/payments/make-a-payment/>

Wyvern Swim Squad is an Activity listed under the "Events, Excursions and Activities" tab.



Y3-6 Wyvern Basketball Skills Coaching – Wednesday Mornings (7:30am – 8:10am)

To assist in the development of young basketballers at Wyvern Preparatory School an additional skill session will be completed each Wednesday morning. This voluntary session will run from 7:30am – 8:10am and it is available for boys in Years 3 - 6.

This program will be overseen by the Director of Basketball at the Senior School, Rex Nottage.

It should be noted that no Preparatory School teachers will be present at these sessions and parents will be required to transport their boys from the Newington Senior School Gym to Wyvern following the completion of the training session. Alternately, you may grant permission for your child to walk back to Wyvern by indicating it on the bottom of the permission note. Senior School prefects supervise the pedestrian crossings between the Senior School and Wyvern at this time of the morning.

These sessions will begin on Wednesday the 7th of February and will continue for the duration of the basketball season in Term 1, finishing on the 14th of March.

So that Coach Nottage can plan accordingly, can you please indicate if your son will be attending these skills sessions by completing the permission form and returning it to Mr Joel Wilson.

<https://spaces.newington.nsw.edu.au/wyvern/sport/pages/589-extra-sport-activities>

Y3 – 6 Wyvern Cricket Skills Coaching – Y3/4 Thursday Mornings & Y5/6 Friday Mornings, 7.00am – 8.00am

Cricket skills sessions are planned for Year 3-6 students, who have either chosen cricket as their compulsory summer sport and are looking to improve their skill level; or students currently playing a different sport but looking to practice cricket with a view to play in the future.

The Cricket Development Sessions will occur under the guidance of Newington’s new Head of Cricket Mr Ross Turner. Ross has vast playing and coaching experience in Australia and abroad.

The Development Sessions will focus on fine tuning acquired skills and improving fundamental batting, bowling and fielding techniques. We are confident these technical elements together with game

strategies will better prepare students for match play.

As an outcome of the program the students will increase their knowledge, understanding and skills cricket-wise and in turn build confidence and enjoyment levels in readiness for competitive cricket.

Basic equipment will be provided however boys are encouraged to bring their own if they are able.
<https://spaces.newington.nsw.edu.au/wyvern/sport/pages/589-extra-sport-activities>

PLEASE NOTE – YEAR 3/4 REGISTRATION NOW CLOSED

Winter Sport Preference Survey

A Winter Sport Preference Survey will be sent home next week. This form needs to be completed by all students in Years 3 – 6 and returned to their classroom teacher by Friday 9 February at the latest.

Please ask your son to think carefully about his sport preference, as the results from these surveys will be used to determine how many teams Wyvern will enter in each age group of the IPSHA competition. Students will not be allowed to change preferences once the survey has been returned.

Flyers

The following flyers can be found on Wyvern Sport Spaces page “Extra Sport Activities” or collected from the display unit near the front reception.

- Y3 -6 Swim Squad
- Y3 -6 Basketball Skills
- Y3 -6 Cricket Skills

Shining Stars

- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this “Shining Stars” section of the Wyvern.

Coming Up

- Friday 9 February - Winter Sport Preferences Survey due back to classroom teacher
- Saturday 10 February - Round 1 Summer Sport



- Wednesday 14 February - Newington Prep Inter-House Swim Carnival at Ryde Aquatic Centre
- Friday 23 February – The Scots College Invitation Swimming Carnival at Scots
- Friday 2 March – South Harbour Invitation Swimming Carnival at Trinity
- Tuesday 6 March – IPSHA Swimming Carnival at Homebush (selected students)
- Wednesday 21 March – Newington Prep Inter-House Cross Country

Joel Wilson

Newington College – Wyvern Sportsmaster