



WYVERN SPORT TERM 1 – Week 6, 2018

Round 5 Summer Sport commences Saturday 10 March

The Wyvern fixture sheet for Term 1 sport can be accessed via the sport page on Spaces.

All team lists, venues, starting times and opposition teams are listed. On rare occasions there may be unavoidable last minute changes to fixtures. Please check these fixtures on a Thursday evening and contact Joel Wilson through the office if you have any questions or problems.

In the case of wet weather a message will be recorded on the **WET WEATHER NUMBER (9432 1222)** and it can be called after 6:30am on the morning of the match. For early matches a message will be endeavoured to be left prior to 6:30am. A wet weather Spaces article is also set up on the Wyvern Sport page on weekends where doubt surrounds games going ahead.

Scots Invitational & South Harbour Invitational Swimming Carnivals Report

Wyvern's 21 strong swimming team enjoyed the opportunity to prepare for IPSHA swimming with 2 lead up carnivals held at Scots College. For many of the boys it was their first experience at an inter-school event, but nonetheless all competitors were eager to swim and represent the school. With some impressive results and a plethora of ribbons won, the upcoming carnival season looked bright for the team. The effort from individual swimmers was grand, but a true indicator of the level of support for the team was displayed during our relay events. Every relay finished on the podium at the carnivals is a good sign for the depth and fitness of the squad. Perhaps the most enjoyable race was the All-Aged Medley Relay, made up of U/8 – U/12 swimmers with one swimmer from each age group involved. This created a wonderful spectacle and culture within the group as we moved on to the IPSHA carnival.





IPSHA Swimming Carnival Report

Talented young swimmers assembled at Sydney Olympic Park Aquatic Centre on Tuesday for the annual IPSHA swimming carnival. 21 boys from Wyvern led by swimming captain Lewis Saupin, had prepared themselves for a day of serious racing, hoping to surpass their personal best and push for a place on the competitive IPSHA team. After a physical, water churning warm up, the team made their way back to the stands to focus mentally before their events began.

Our relay teams were the first to hit the water, with the junior team of Charlie Appleyard, Harrison Veitch, James Hoskins and Sam Rudd primed to swim well. James started the race with a solid swim, before Harrison, Charlie and Sam brought it home to finish in 7th place in the fastest heat and 10th overall. The strong senior relay of Charlie Roberts, Liam West, Lewis Saupin and Joel Zipeure, also found themselves in the fastest heat, which only spurred them on to do well. With a surging swim from Saupin on the final leg, the team finished 5th overall, qualifying for the CIS carnival later in the month. With this inspiring relay effort the team turned their attention to the individual events coming up, with confidence and positivity.



The U/8 freestyle saw another high-octane approach from Digby Leadon to finish 2nd in his 50m freestyle heat and 11th overall. Mateja Wong pushed himself on with a fine effort to stop the clock in 23rd overall. Our youngest swimmers performed very well over the Term 1 carnivals, in what was their first taste of representative swimming. U/9 freestyle saw a big performance from Aleksander Barlin to finish with 3rd in his heat and an excellent 12th overall. Alex Nicholias 1st in heat and 26th overall and Angus Baker Wood 4th in heat and 31st overall and Lionel Falk-Brown 1st in his heat and 41st all gave their best effort and made personal best times in the process. Sam Rudd and James Hoskins faced off in the U/10 freestyle, drawn alongside each other in lanes 2 and 3. Sam 39th overall tipped out James 40th overall to finish in front of fellow Wyvern competitors, Harrison Veitch 3rd in heat and 47th and Charlie Appleyard 1st in heat and 48th overall. Liam West headlined the U/11 event, swimming nicely to finish 19th overall. Joel Zipeure 24th, Orlando Mina 33rd and Sam Chittendon 1st in heat and 46th overall competed with style to display a good depth to the age group. The U/12's filed down to the marshalling area with a sense of expectation surrounding them, after an impressive swim from Lewis Saupin in the relay. Little did we know that we were about to witness one of the highlights of the day! Lewis Saupin dived from the lane 2 blocks in heat 1 and immediately sat by the leading group of swimmers. At the 25m mark, Lewis was within a stroke of the leaders and as he put his head down and fought to the wall, the Wyvern spectators cheering grew! In a super time of 29.86 seconds, Lewis was triumphantly crowned IPSHA champion, with supporters smiling broadly. Toby Torrible with a fine 21st, Charlie Roberts 40th and Anthony Bordina 53rd overall, all pushed themselves to the limit, obviously inspired by the swim from Lewis.

Backstroke was the next event scheduled with hard working young swimmers James Hoskins and Aleksander Barlin representing in the junior division. James finished extremely well to finish 15th overall, with Aleksander in 43rd. Liam West created some anxious moments, just missing qualification by 2 tenths of a second in the U/11's race, with a quality 8th overall. Lewis Saupin continued his form narrowly qualifying in the U/12's, finishing 7th overall. Sebastian Pidcock showed his natural swimming talent finishing in the top half of the field, with a neat 24th overall.

Junior breaststroke saw James Hoskins and Angus Baker Wood resume their program, finishing 22nd and 25th respectively. Orlando Mina showed his versatility and improvement in the stroke with a quality 9th overall in the U11's. Orlando was joined by Cameron Wilk-Ellis who won his heat with a great swim finishing 25th overall. Lewis Saupin finished 14th overall in the froglike discipline, with Arlo Merewether displaying his amphibious adaptability with a super 21st overall.

The 100m freestyle event once again saw Lewis Saupin aiming for another CIS qualification. Drawn as the fastest swimmer in heat 2, Lewis needed to draw on all of his talent to win a quick time to guarantee a spot. Lewis proceeded to blow his rivals away in winning the 2nd heat to qualify 2nd fastest overall and earning another CIS representation.

Butterfly was the final stroke held, with remaining competitors becoming tired and weary as the day drew to a close. Charlie Appleyard and Angus Baker Wood did their best in the gruelling junior butterfly event, making way for another superstar to emerge. We had all been waiting patiently for Liam West to swim in the U/11 butterfly event, with expectations high after an impressive Newington record and super lead up races. Liam began in lane 4 of heat 1, with Orlando Mina beside in lane 5. As the boys entered the water and started to fly, it was clear this race was evenly matched, and that Liam in particular had the event within his grasp. With 15m to swim Liam was inch by inch gaining the upper hand, hitting the wall to the cheers of the crowd and excited friends. Liam was evidently happy to soak up the occasion taking his time to exit the water before climbing the podium for his U/11 butterfly champions photo. Orlando Mina 11th overall, showed amazing sportsmanship to congratulate his fellow Wyvern competitor. Lewis Saupin made CIS in a 4th individual event when he finished 5th overall in the U/12's butterfly with yet another first class swim. Veteran Wyvern swim team member Toby Torrible capped off a tremendous meet for the team, with an immense swim by winning his heat pulling away from his rivals to finish 9th overall.

In what can only be described as a hugely successful carnival for our boys, it was great to see so many PB's along with smiles on faces. Wyvern has CIS representation from 4 swimmers in 6 events, with Lewis Saupin (12Y 50m freestyle) and Liam West (11Y 50m butterfly) crowned IPSHA champions for 2018.



2018 Newington Swim Team			
8/9 Years	10 Years	11 Years	12 Years
M. Wong	J. Hoskins	O. Mina	L. Saupin
D. Leadon	H. Veitch	L. West	S. Pidcock
A. Barlin	C. Appleyard	J. Zipeure	A. Bordina
L. Falk-Brown	S. Rudd	S. Chittendon	T. Torrible
A. Baker Wood		C. Wilk-Ellis	C. Roberts
A. Nicholias			A. Merewether





The front of the school will be very busy and parents are advised to park along Newington Road.

Newington Preparatory School Cross Country at Newington Senior School Campus

The Newington Preparatory Schools' Cross Country will be held at Newington Senior School on Wednesday 21 March. This will involve boys in Years 3-6.

The carnival program is

1. 10:00am Junior Cross Country Race
2000m (8/9 and 10 Year olds)
2. 10:45am Senior Cross Country Race
3000m (11 and 12 Year olds)
3. 11:30am Presentation
4. 12:00noon Carnival finishes

This year we do not have a "fun run" event with all boys encouraged to enter the Championship races. We will include a cut-off time/distance for boys who may find the full distance too far. These boys will be funnelled off the course at an appropriate time or distance. All boys who participate in any of the above races will contribute points for their House. Any child who wishes to be considered for selection in the Combined Newington IPSHA Cross Country team should enter in the appropriate Championship race for their age group. The first 5-10 boys in each age group will be invited to attend the IPSHA Cross Country at Kings on Saturday 7 April.

In addition to the Newington Cross Country Championship Trophy and the Wyvern House Trophy for Cross Country, Age Champions will be recognised in the 8's/ 9's, 10's, 11's and 12's age groups. Participation is encouraged but is not compulsory if boys have a medical complaint or injury.

If there are any health concerns leading up to the carnival or medication that is required prior to, before or after the carnival these need to be discussed with the child's teacher and written instructions provided. In addition to this, any child who feels unwell, light headed or dizzy during the race, will be reminded prior to commencing the race to stop and go to the nearest staff member who will be located at regular intervals around the course. Children suffering asthma will be asked to carry their "puffers" with them during the run.

With the races commencing in the morning this year we ask that the boys eat an appropriate light breakfast prior to attending school and take regular sips of water throughout the morning before and after their race.



Parking at Newington - Saturday 17 March

Please note the following for parking at Newington College on Saturday 17th March.

- Head of the River buses will be departing at the front of the school from 7.30am – 8.30am, so there will be limited access to the main road and school area.
- **no onsite parking for parents will be available.**



There will be no sport training after the cross country on this day. Upon returning, the boys will resume normal classroom lessons and be dismissed at 3:15pm.

WHAT TO BRING

- PE uniform and House coloured polo shirt
- PE Tracksuit if it is cold
- White Newington sun hat
- sun cream
- water bottle
- light snack/nibbles
- lunch for after race
- medication eg ventolin inhalers (if required)

Summer Sport Photos

Summer sport team photos will be held at school on Monday 19 March. Boys are required to bring their summer sport uniform to get changed into for their photo.

Winter Sport: (Draw completed 29 March)

Monday 26 March marks the beginning of our preparation and team allocation for the winter sport season. Training sessions will be held at the Newington Senior School during our normal Monday and Wednesday afternoon sport training times (1:45 – 2:45pm).

During this time, coaches will be observing and assisting the boys to learn the game and demonstrate their skills. They will ensure all boys are given an equal and fair opportunity to demonstrate their abilities. There will be a series of skill assessments followed by mini games and modified match situations to test the boys' match play skills. Students will be allocated teams during this time to allow ample time for teams to prepare for Round 1 which will be on Saturday 5 May after we return from holidays. Consideration will be given to previous form e.g. In the event of a student being injured before the trials and unable to participate, but it must not be presumed that because a student played in a particular team last year, that he will automatically be selected in that equivalent team this year.

Where possible, coaches will select squads that include a number of placements for reserves. This is necessary to allow us to cover the absence of players due to sickness, injury etc. The team may be subject to change at any time during the course of the season.

Reserves will be rotated on and off the field each week throughout a match.

Depending on the size of the final squad it may be necessary to roster some students off from playing each week. This will be done on a rotational basis so all boys get an equal opportunity to play. 'Rostered Off' reserves are not required to attend the matches but their attendance to show support for their team mates is welcome. This ensures that all boys in attendance receive adequate game time and do not spend a large amount of time sitting off. We will do our best to ensure that all boys that have been selected for a particular game will be rotated throughout the game and play equal time. This may even itself out over a number of games so please do not become worried if it does not happen over the course of one game.

It is important, regardless of the team that your son ultimately finds himself selected in, that we encourage team camaraderie, good sportsmanship, a positive attitude and that we reinforce the values that working hard to achieve a goal will make the rewards far more appreciated.

UNIFORM REQUIREMENTS FOR MONDAY AND WEDNESDAY WINTER SPORT

Football (soccer)

- Newington soccer shirt, soccer shorts, Newington black and white striped socks and runners to and from school.
- Shin pads and boots at training

Rugby

- Newington rugby jumper, rugby shorts, Newington black and white striped socks and runners to and from school.
- Mouth guard and boots at training

AFL

- PE shirt, rugby shorts, Newington black and white striped socks and runners to and from school.
- PE shirt, mouth guard and boots at training



IPSHA Football Trials

Well done to Will Beattie, Luka Wong and Arlo Merewether for successfully earning a spot at the IPSHA football trial next week. We wish the boys the best of luck and hope they enjoy the experience and gain confidence before the winter season kicks off.

Shining Stars

- Arlo Merewether is a member of the North Bondi U/12 boys Beach Relay Team who managed to defend their State Title last week for a third year in a row at the State Nippers Championships. Congratulations Arlo!
- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this “Shining Stars” section of the Wyvern.

Coming Up

- Monday 19 March – Summer Sport Photos
- Wednesday 21 March – Newington Prep Inter-House Cross Country
- Thursday 22 March – CIS Swimming Championships (Lewis Saupin, Liam West, Joel Zipeure, Charlie Roberts)
- Saturday 7 April – IPSHA Cross Country at Kings. (selected students)

Joel Wilson

Newington College – Wyvern Sportsmaster