





### WYVERN SPORT TERM 1 - Week 10, 2018

#### Term 1 Sport Wrap-Up

During Term 1 sport we have enjoyed a wide range of activities, with many boys tasting most of these for the first time. We commenced very early on with a wonderful Preparatory School swimming carnival, with Williams House once again victorious. The Scots and South Harbour Invitational swimming carnivals ensued as a precursor to the IPSHA championships. Lewis Saupin, Liam West, Charlie Roberts and Joel Zipeure competed here with Lewis and Liam winning through to compete at the CIS carnival. Both boys swam brilliantly to make the CIS team to compete at the NSWPSSA titles next week.

Summer sport teams were selected, with our 350 boys from Y3-6 allocated a team in basketball, cricket, tennis or water-polo. Our Saturday sport experience during Term 1 involved moments of joy, excitement, learning, friendship, encouragement, support, respect, health, community, humility, resilience, attitude and success. These aspects of sport were also joined with others less sort after like frustration, fear, disappointment, loss, injury and disharmony. The wonderful benefits of sport are that all aspects are transferable to every part of school life including co-curricular, pastoral, academic, and in life beyond Newington. Sport is a great vehicle to test these on a regular basis, providing wonderful learning experiences.

During Term 1 we have sent boys to trial for representative teams in football, AFL, tennis, basketball with all boys involved appreciative for the opportunity to test their skills against other boys from around NSW. It is important that Newington College caters for all boys and their aspirations within sport, whether that be for social participant or the aspiring elite. Representative trials provide boys, currently more adept in a sport the opportunity to test themselves, improve their standards and lead by example.

Our 2018 cross country carnival was held under dubious skies, but irrespective of the weather we witnessed an amazing day of participation, outstanding personal achievements and glory for the resurgent Lucas House. Our cross country team competes at the IPSHA cross country championships this weekend at Kings with high hopes for continued success. Towards the end of Term 1, winter sport team allocations commenced for our Y3-6 cohort. Rugby, AFL and football team allocations are being completed with other boys enjoying winter tennis or winter swimming by advancing their swimming skills and competency in the water. The winter sport competition commences on Saturday 5<sup>th</sup> May, in the first week back in Term 2. Fixtures are already available on Spaces for you to gain an insight on times and venues to plan Saturday morning logistics.

I would like to thank all Wyvern staff for their dedication and care of the boys during Wyvern sport. It is extremely fortunate that we have a staff as competent, selfless, willing and able to positively mentor Wyvern boys. We look forward to our boys embracing the rigours and challenges winter sport presents during Term 2 and 3. I am sure we will all continue to enjoy with the standards set in Term 1, given the level of positive support provided from staff and parents.















#### Winter Sport: (Draw completed)

Monday 26<sup>th</sup> March marked the beginning of our preparation and team allocation for the winter sport season. Training sessions will be held at the Newington Senior School during our normal Monday and Wednesday afternoon sport training times (1:45pm – 2:45pm).

During this time, coaches will be observing and assisting the boys to learn the game and demonstrate their skills. They will ensure all boys are given an equal and fair opportunity to demonstrate their abilities. There will be a series of skill assessments followed by mini games and





modified match situations to test the boys' match play skills. Students will be allocated teams during this time to allow ample time for teams to prepare for Round 1 which will be on Saturday 5th May after we return from holidays. Consideration will be given to previous form e.g. In the event of a student being injured before the trials and unable to participate, but it must not be presumed that because a student played in a particular team last year, that he will automatically be selected in that equivalent team this year.

Where possible, coaches will select squads that include a number of placements for reserves. This is necessary to allow us to cover the absence of players due to sickness, injury etc. The team may be subject to change at any time during the course of the season. Reserves will be rotated on and off the field each week throughout a match.

Depending on the size of the final squad it may be necessary to roster some students off from playing each week. This will be done on a rotational basis, so all boys get an equal opportunity to play. 'Rostered Off' reserves are not required to attend the matches but their attendance to show support for their team mates is welcome. This ensures that all boys in attendance receive adequate game time and do not spend a large amount of time sitting off. We will do our best to ensure that all boys that have been selected for a particular game will be rotated throughout the game and play equal time. This may even itself out over a number of games so please do not become worried if it does not happen over the course of one game.

It is important, regardless of the team that your son ultimately finds himself selected in, that we encourage team camaraderie, good sportsmanship, a positive attitude and that we reinforce the values that working hard to achieve a goal will make the rewards far more appreciated.

#### **UNIFORM REQUIREMENTS FOR MONDAY AND** WEDNESDAY WINTER SPORT

## Football (soccer)

- Newington soccer shirt, soccer shorts, ٠ Newington black and white striped socks and runners to and from school.
- Shin pads and boots at training

## Rugby

AMWORK ENJOYMENT IMPROVEMENT TRY YOUR BEST' ATTITUDE

- Newington rugby jumper, rugby shorts, Newington black and white striped socks and runners to and from school.
- Mouth guard and boots at training

# AFL

- PE shirt, rugby shorts, Newington black and white striped socks and runners to and from school.
- PE shirt, mouth guard and boots at training

## F.A.S.T Football Program for Years 1 and 2

During Terms 2 & 3 Wyvern will once again be offering the F.A.S.T Football program for boys in Years 1 and 2 to help develop their skills before entering inter-school sport in Year 3. Flyers will be sent home towards the end of Term 1 with online registration details. Students will have the opportunity to participate in a 12 week program held after school on Friday afternoons during Term 2 and 3. More details will be on the flyer and parents are asked not to approach Fast Football until this flyer has been advertised, in order to provide an equal opportunity for registration.

## Football Skill Development Sessions

To help further develop the skills and technique of 2018 Wyvern football players, skills sessions will be run alternate Fridav mornings from 7:15am -8:00am, during Term 2 and Term 3. This program will be overseen by Newington College Head of Football, Brian McCarthy. These sessions will begin Friday the 4<sup>th</sup> May and will continue for the duration of the football season finishing in Term 3 on the 10<sup>th</sup> August. Numbers are limited and enrolments are accepted on a first in best dressed basis. Parents who have enrolled their child will only be contacted if their application is too late. Permission notes are available on Spaces or from the bookcase by reception.

## **Rugby Skill Development Sessions**

To help further develop the skills and technique of 2018 Wyvern rugby players, Flag Rugby skills sessions will be run alternate Wednesday mornings from 7:15am - 8:00am, during Term 2 and Term 3. This program will be overseen by Christian Mayo from Play Rugby Australia. These sessions will begin Wednesday the 2<sup>nd</sup> May and will continue for the duration of Term 2 finishing in Term 3 on the 20th August. Registration is online via the Wyvern Sport Page - "Extra Sport Activities" tab.





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### **Holiday Sport Camps**

Flyers for the different Holiday Sport Camps will be added to Spaces as they become available. Please go to the Wyvern Sport Page under the "More" tab for the "Holiday Sport Flyers" information.

## **Shining Stars**

- Harry Halleen has recently competed with distinction at the State Little Athletics Championships. Harry competed in 3 events, the 400m, 800m and 1500m, with amazing results and significant personal best performances in all events. 1500m Gold medal (4.48), 400m Silver medal (1.03), 800m 4<sup>th</sup> place (2.26) Congratulations Harry!
- Yash Jayswal took part in a Tennis Tournament organised my Voyager Tennis at Ryde las week, where he played very well in his pool. Yash was also awarded with a prize for best technique in Under 9s group. Well done Yash!
- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this "Shining Stars" section of the Wyvern.

## Coming Up

- Saturday 7th April IPSHA Cross Country at Kings. (selected students)
- Saturday 5th May 1st round of IPSHA winter sport
- Tuesday 22th May NSW FUTSAL Competition at Sutherland (selected students)

Joel Wilson Newington College – Wyvern Sportsmaster