



WYVERN SPORT TERM 1 – Week 8, 2018

Winter Sport: (Draw completed)

Monday 26 March marks the beginning of our preparation and team allocation for the winter sport season. Training sessions will be held at the Newington Senior School during our normal Monday and Wednesday afternoon sport training times (1:45 – 2:45pm).

During this time, coaches will be observing and assisting the boys to learn the game and demonstrate their skills. They will ensure all boys are given an equal and fair opportunity to demonstrate their abilities. There will be a series of skill assessments followed by mini games and modified match situations to test the boys' match play skills. Students will be allocated teams during this time to allow ample time for teams to prepare for Round 1 which will be on Saturday 5 May after we return from holidays. Consideration will be given to previous form e.g. In the event of a student being injured before the trials and unable to participate, but it must not be presumed that because a student played in a particular team last year, that he will automatically be selected in that equivalent team this year.

Where possible, coaches will select squads that include a number of placements for reserves. This is necessary to allow us to cover the absence of players due to sickness, injury etc. The team may be subject to change at any time during the course of the season. Reserves will be rotated on and off the field each week throughout a match.

Depending on the size of the final squad it may be necessary to roster some students off from playing each week. This will be done on a rotational basis, so all boys get an equal opportunity to play. 'Rostered Off' reserves are not required to attend the matches but their attendance to show support for their team mates is welcome. This ensures that all boys in attendance receive adequate game time and do not spend a large amount of time sitting off. We will do our best to ensure that all boys that have been selected for a particular game will be rotated throughout the game and play equal time. This may even itself out over a number of games so please do not become worried if it does not happen over the course of one game.

It is important, regardless of the team that your son ultimately finds himself selected in, that we encourage team camaraderie, good sportsmanship, a positive attitude and that we reinforce the values that working hard to achieve a goal will make the rewards far more appreciated.

UNIFORM REQUIREMENTS FOR MONDAY AND WEDNESDAY WINTER SPORT

Football (soccer)

- Newington soccer shirt, soccer shorts, Newington black and white striped socks and runners to and from school.
- Shin pads and boots at training

Rugby

- Newington rugby jumper, rugby shorts, Newington black and white striped socks and runners to and from school.
- Mouth guard and boots at training

AFL

- PE shirt, rugby shorts, Newington black and white striped socks and runners to and from school.
- PE shirt, mouth guard and boots at training

Newington Preparatory Schools' Inter-House Cross Country Championships Report

Under inclement skies, both campuses gathered at the senior school for the running of the 2018 Newington Prep Schools' Cross Country Championship. Although wet weather had dampened the course, it had no such effect on the eagerness of our boys, keen to test themselves over the endurance distance with House pride at stake.

During a break in the rain, the competitors for the junior race over the distance of 2km, mustered at the start. After an explanation of the course and an education on start etiquette, the siren sounded and our 8, 9 and 10 year old students sprinted into the first corner and onto the main course. Competitors navigated the driveway and traversed the embankment onto the Johnson Oval, resembling a herd of rainbow coloured wildebeest crossing the Mara River onto the Serengeti plains.



James Hoskins and Liam Casey asserted their dominance to open up a healthy lead after the first lap. Lionel Falk-Brown stuck on gamely, with Harry Keeping, Matteo Kadlec and Felix Paszkiewicz just in behind. These competitors led the junior race, winding their way from Old Boys down the fence line onto Buchanan and back up onto the driveway for a 2nd lap. Jordan Dib, Mateja Wong and James Reilly were all competing with tenacity in the 8/9 division, just behind the breakaway group. As the leaders came back into view, 200m from the finish, Liam Casey was edging closer to James Hoskins before a final surge saw Hoskins deliver on his impressive training form to take the junior title. Liam Casey held 2nd comfortably from our first 8/9 year runner in Lionel Falk-Brown. Harry Keeping clung on to 3rd in the 10's division, with Jordan Dib 2nd and Mateja Wong 3rd running super races in the 8/9 age group.

With many finished the 2km, it would be easy for the runners remaining on the course to coast home to the line. But it was extremely pleasing to witness our youngest sportsman stretching themselves both physically and mentally to complete the distance with their personal best. The rainy day had certainly galvanised the fortitude of the junior racers, finishing with spirited efforts, spurred on by the cheering crowd.

The senior runners were called to the start with a lot of nervous energy apparent. Boys stretched, jogged on the spot and rolled the arms to loosen shoulders in an aid to release tension. The 3km course was in front of them, final explanations were given "You can't win the race in the first 50m, but you can go a long way to losing it, if you don't take care at the start!" This advice was largely dismissed as the siren sent the primary coloured throng hurtling off the start. Harry Halleen had made an obvious effort to take the race out hard. Mr MacRae "the bunny" or course guide was understandably stressed by the pace of his chasers. Finn Wicks, Connor Mosely, Arlo Merewether and Edward Wadland all ensured the pace would remain, lungs burning in a bid to pull in Halleen.

Harry Halleen travelled through the halfway mark with a metronomic cadence, spreading the field with a fine display of middle distance stamina. The peloton displayed the struggle on their faces, with Sam Chittendon, Charlie Roberts and Tee Barrington-Higgs tacking on. As the majority of the field continued over the beautiful senior school grounds, the crowd showed their appreciation, as

Halleen ran to the line to record a super impressive victory. Just as impressive was the sportsmanship shown at the finish line as competitors congratulated each other in a display of respect and honour. Finn Wicks pushed the entire way to finish 2nd overall and 1st in the 12 year old race. Connor Mosely 2nd in the 11's and 3rd overall was also an impressive combatant. Arlo Merewether finished 4th overall and 2nd in the 12's, just in front of Edward Wadland in 3rd. Sam Chittendon finished with immense effort to claim 3rd in the 11's, with Henry Alexander, Hugo Isherwood, Charlie Roberts and Tee Barrington-Higgs all putting in performances to be proud of.

Before the next unwelcome deluge, Mr Holden and Mr Barrington-Higgs helped present the age champions, runners-up and 3rd place getters in each division as well as the junior and senior champions. The final presentation was for the 2018 House Cross Country Championship. After 6th to 3rd place was revealed, the Kingswood and Lucas faithful held their expectant breathe. A hush came across the expectant pavilion, before Miss Dillon punched the air and blue shirts cheered. The rain had helped break the drought for Lucas, as they were announced cross country champions for 2018!

Thank you to all staff who helped, all boys that participated and to all parents who braved the weather to make the event such a memorable occasion.

CROSS COUNTRY RESULTS

Age	Champion	Runner-Up	3rd
8&9	L. Falk-Brown	J. Dib	M. Wong
10	J. Hoskins	L. Casey	H. Keeping
11	H. Halleen	C. Mosely	S. Chittendon
12	F. Wicks	A. Merewether	E. Wadland

House	Grand Total	Adjusted	Champions
Lucas	84	1 st - 98.8	Junior
Kingswood	67	2 nd - 91.8	J. Hoskins
Coates	78	3 rd - 91.7	Senior
Williams	62	4 th - 72.1	H. Halleen
Rydal	43	5 th - 60.6	House
Howe	26	6 th - 30.2	Lucas



WYVERN SPIRIT

RESPECT
RESILIENCE
TEAMWORK
ENJOYMENT
IMPROVEMENT
"TRY YOUR BEST" ATTITUDE





IPSHA Cross Country Carnival

We wish all the Newington cross country runners all the best for the IPSHA championships to be held at Kings on Saturday 7 April. 28 boys from Wyvern and Lindfield campuses will be matching their endurance with the best runners from the IPSHA schools in NSW. We look forward to hearing how the team fared next newsletter.



2018 IPSHA TEAM

8&9	10	11	12
L. Falk-Brown	J. Hoskins	H. Halleen	F. Wicks
J. Dib	L. Casey	C. Mosely	A. Merewether
M. Wong	H. Keeping	S. Chittendon	E. Wadland
J. Reilly	M. Kadlec	H. Alexander	C. Roberts
A. Nicholias	F. Paszkiewicz	H. Isherwood	T. Barrington-Higgs
N. Zoud	A. Rumboll	D. James	R. Ng
		T. Goldsmith	J. Kitchen
		S. Stewart	F. FitzSimons

Luka Wong Year 5 and Arlo Merewether Year 6 also attended the highly competitive trials. All boys played well, learned a lot and represented Wyvern with accomplishment.

CIS AFL Trials

Congratulations to Year 6 student Charlie Roberts for earning a spot on the CIS AFL team to compete at Bateman's Bay in May. Sacha De Rosnay Year 6 and Charlie were the Wyvern representatives, who both learned a great deal during the trial. Well done boys!

Shining Stars

- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this "Shining Stars" section of the Wyvern.

Wyvern Summer Sport Captains 2018

Congratulations to the following boys in being named as a summer sport captain for 2018. These boys have been chosen to represent Wyvern by displaying sportsmanship, leadership and a standard of accomplishment within their sport.

Tennis To be confirmed T4

Cricket Will Verden

Basketball Joel Lyons

Water-Polo To be confirmed T4

F.A.S.T Football Program for Years 1 and 2

During Terms 2 & 3 Wyvern will once again be offering the F.A.S.T Football program for boys in Years 1 and 2 to help develop their skills before entering inter-school sport in Year 3. Flyers will be sent home towards the end of Term 1 with online registration details. Students will have the opportunity to participate in a 12 week program held after school on Friday afternoons during Term 2 and 3. More details will be on the flyer and parents are asked not to approach Fast Football until this flyer has been advertised, in order to provide an equal opportunity for registration.

Holiday Sport Camps

Flyers for the different Holiday Sport Camps will be added to Spaces as they become available. Please go to the Wyvern Sport Page under the "More" tab for the "Holiday Sport Flyers" information.

IPSHA Football Trials

Congratulations to Wyvern Year 5 student Will Beattie for successfully earning a position on the IPSHA football team. Will now plays in the CIS Championships, to be held at Glenwood in April.

Coming Up

- Thursday 22 March – CIS Swimming Championships (Lewis Saupin, Liam West, Joel Zipeure, Charlie Roberts)
- Saturday 7 April – IPSHA Cross Country at Kings. (selected students)
- Saturday 5 May – 1st round of IPSHA winter sport
- Tuesday 22 May – NSW FUTSAL Competition at Sutherland (selected students)

Joel Wilson

Newington College – Wyvern Sportsmaster