



## WYVERN SPORT TERM 2 – Week 1, 2018

### Saturday Winter Sport – Saturday 5 May, 2018

The winter sport fixtures for 2018 are available on Newington Spaces.

Please remember that on occasions these fixtures are subject to change, so always refer to this document before the upcoming round of matches. Wyvern's weekly sports draw is another way to get up-to-date details regarding the weekends round of matches.

#### Winter Sport:

Please be aware that the team your son has been selected in may be subject to change at any time during the course of the season.

Depending on the size of the squad, it may be necessary to roster some students off each week. This ensures that all boys in attendance at the game receive adequate on field time and do not spend a large amount of the match sitting as a reserve. We will do our best to ensure that all boys that have been selected for a particular game will be rotated throughout the game and play equal time. This may even itself out over a number of games so please do not become worried if it does not happen over the course of one game.

If your son suddenly becomes unavailable for a match due to unforeseen circumstances on a Friday night/Saturday morning, it is expected that you contact your son's coach as early as possible. Absence from sport is the same as absence from any school activity and it is expected that your son bring in a letter explaining his absence when he first returns to school. This letter should be addressed to the coach and a copy sent to the Wyvern Sportsmaster (Mr Joel Wilson)

Finally, we ask that all boys be:

- Punctual for games – arriving at **least 30** minutes prior to the start of the scheduled game.
- Ensure that correct Newington sports uniform is worn (this includes playing equipment and safety equipment).

#### Winter Sport – “Codes of Conduct”:

The “Spectator Code of Conduct” and “Student Code of Conduct” have been publicised on Spaces.

<https://spaces.newington.nsw.edu.au/wyvern/sport/articles/11380-code-of-conduct-ipsha-sport>

Please note in particular, that parents are not allowed on to the field at any time during matches. Please also be aware that the level of experience of the referees used to officiate matches varies significantly from week

to week and that Preparatory school matches are often used as a nursery for referees to gain experience. Therefore, it is vital that we provide our referees as much support and encouragement as possible to help their development.

#### Rugby and Football (Soccer) Rules and Regulations:

For those parents in years 3-6 out there who are interested and would like to become more familiar with the rules and regulations relating to your son's sport they can be viewed in the Wyvern House Sport Handbook which can also be found on Newington Spaces.

#### Risk Warning Letter

The IPSHA has advised all schools within its association to issue the following 'Risk Warning' letter to its school community.

#### Risk Warning Under Section 5M of the Civil Liability Act 2002 on behalf of Newington College, AHIG and IPSHA:

Sporting Activities:

Newington College organises many individual and team sporting activities during the course of a year. Some of these are organised in conjunction with the Association of Heads of Independent Girls' Schools NSW (AHIGS) and some with the Independent Primary School Heads Association of Australia (IPSHA). Students participating in these sporting activities take part in practice and in competitions.

Newington College, AHIGS and IPSHA expect students to take responsibility for their own safety by wearing compulsory safety equipment, by thinking carefully about the use of safety equipment that is highly recommended and by behaving in a safe and responsible manner towards team members, opponents, spectators, officials, property and grounds.

While Newington College, AHIGS and IPSHA take measures to make the sporting activities as safe as possible for participants, there is a risk that students can be injured and suffer loss (including financial loss) and damage as a result of their participation in these sporting activities, whether at training or in actual events.

Injury can occur while the student is engaging in or watching a sporting activity, or travelling to and from the event. The injury may result from a student's actions, the actions of others or equipment failure.

On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases an injury can be life threatening or result in permanent disability. If a student has a pre-existing injury, participating in a sporting activity could result in an exacerbation of that injury. Students could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.



### IPSHA Rugby Trials

On Thursday four boys from Wyvern will attend the IPSHA rugby trials along with many other talented boys from NSW Independent schools. Quinn Mersal, Arlo Merewether, Charlie Roberts, Connor Costanzo, Thomas Kosmas and Jonah Ioannou are keen to impress with their skill and determination. The boys will gain valuable lessons from the trials which incorporate games and skills organised by NSW Waratah staff. We are hopeful that some of our Wyvern boys will be lucky enough to progress to the CIS rugby trial later in May.

### IPSHA Cross Country Carnival

Newington College cross country enthusiasts travelled to The Kings School along with 1600 other competitors to contest the 2018 IPSHA cross country championships. On an unseasonably hot day, the 27 Newington athletes would need to show all their might and effort to withstand the challenge ahead, presented by an expansive and undulating course. With hydration levels continually monitored and warm ups complete, it was time for our youngest runners to head to the start for the 2km course.

As the starters pistol sounded the U8/9 boys took off up the slope all the while jockeying for a position and navigating hundreds of heels to stay upright. Once around the corner we caught a glimpse of the first runners making their way down the driveway for the first time. Lionel Falk-Brown had manoeuvred himself expertly to sit in the top 12 runners, closely followed by Mateja Wong, Jordan Dib, James Reilly, Alex Nicholias and Noah Zoud. As the boys continued around the course it was great to see the grit and determination from our boys surely spurred on by a pride in their performance and their school. Down the road, a left hand turn, pushing hard up a steady incline, past the cattle yards, circle the prep school then back into view with faces stressed. The boys steadied their breathing for one last exertion to the finish line. Lionel Falk-Brown displayed enormous tenacity to pass at least 8 runners in the last 100m and with his withering burst of speed finished with an incredible 4<sup>th</sup> place! Mateja Wong ran into 30<sup>th</sup> and Jordan Dib 44<sup>th</sup> overall to show they are both incredibly tough competitors with potential. James Reilly 80<sup>th</sup>, Alex Nicholias 93<sup>rd</sup> and Noah Zoud 97<sup>th</sup> all completed the 2km with a surge to the line in a great all-round performance from our young chargers.

The U/10 event is also held over the 2km course made all the much harder with the mercury climbing. With 15 runners from each age group selected to compete at the CIS cross country championships as part of the IPSHA team, it is important to get a good start. James Hoskins did just that when he took out the first 500m of the race well, giving himself a chance of a top 15 finish. Liam Casey, Harry Keeping, Felix Paszkiewicz, Alexander Rumboll and Mateo Kadlec were in behind, amongst the other 170 competitors in this race. The group were fighting hard to stay in a prominent position, but were clearly feeling the pressure of the pace and heat. Nevertheless, all boys showed immense strength to post some fine results. James Hoskins continued to run well all the way to the line

to finish with a superb 18<sup>th</sup> overall. James narrowly missed out on CIS selection, but he should be very proud of his run which was full of character and merit. Liam Casey 68<sup>th</sup>, Harry Keeping 79<sup>th</sup>, Felix Paszkiewicz 88<sup>th</sup>, Alexander Rumboll 133<sup>rd</sup> and Mateo Kadlec 156<sup>th</sup> did their best and learned a lot about their personal capabilities with resilient efforts.

The course structure was altered to a 3km journey for the U/11 brigade, who were extremely positive and eager about what lay ahead. Once again the starter sent hundreds of athletes on their way with 2 blonde haired Newington runners pushing up into the top half a dozen. Harry Halleen sat 2<sup>nd</sup> and Connor Mosely 4<sup>th</sup> behind a tearaway leader, perfectly poised to challenge at the pointy end. Diesel James, Ted Goldsmith, Sam Chittendon, Hugo Isherwood, Sam Stewart and Henry Alexander all flew past the photographer at the 1km stage, expending huge amounts of energy to push themselves further. As the runners snaked their way back into view with a little over 400m to run, the Newington supporters were brought to life as Connor Mosely and Harry Halleen were both in contention for a top order finish. Both boys gave everything they had in a display to be proud of, with Connor running an incredible 3<sup>rd</sup> and Harry a tough 4<sup>th</sup> placing overall. Diesel James 60<sup>th</sup>, Ted Goldsmith 68<sup>th</sup>, Sam Chittendon 73<sup>rd</sup>, Sam Stewart 127<sup>th</sup>, Hugo Isherwood 136<sup>th</sup> and Henry Alexander 159<sup>th</sup> were excited to learn of the success of their teammates and sportingly celebrated with sweaty red faces.

The final age division to run were unfortunately asked to do so in sweltering conditions. The U/12 team faced this challenge with a professional mindset, but not aided by a distinct lack of sleep after a 3 day Y6 Wyvern Camp. Finn Wicks too off hard, settling down in the first pack of runners. Arlo Merewether along with Jake Kitchen, Tee Barrington-Higgs and Finlay FitzSimons were followed by Ryan Ng and Charlie Roberts early on. The boys were working extremely hard to fight the course as well as the mental demands of cross country running. The extreme warmth was challenging many of the runners physically, with some coping a little better than others. Finn Wicks continued the fight hard down to the line to finish with a very credible and tenacious 20<sup>th</sup> overall. Jake Kitchen displayed awesome qualities to run 31<sup>st</sup>, with Tee Barrington-Higgs tremendous in 45<sup>th</sup>. Finlay FitzSimons attained his goals with 55<sup>th</sup> and Ryan Ng exhibited another fine performance with 65<sup>th</sup>. Arlo Merewether was next to finish with a gutsy 85<sup>th</sup> and Charlie Roberts battled through the pain to come home in 109<sup>th</sup>.

So after all boys enjoyed a juice and a snack to recover from their race, we packed up leaving with some outstanding performances to look back upon. Lionel Falk-Brown, Connor Mosely and Harry Halleen all qualified for CIS with inspiring personal efforts. Every other boy ran with pride, showing the physical and mental qualities required to compete in such an extremely tough contest. Well done to all boys involved and thank you to parents for your support on the day.



**2018 IPSHA CROSS COUNTRY TEAM**

8&9	10	11	12
Jordan Dib	James Hoskins	Harry Halleen	Finn Wicks
Alex Nicholias	Liam Casey	Connor Mosely	Arlo Merewether
Noah Zoud	Harry Keeping	Sam Chittendon	Edward Wadland
Lionel Falk-Brown	Matteo Kadlec	Henry Alexander	Charlie Roberts
Mateja Wong	Felix Paszkiewicz	Hugo Isherwood	Tee Barrington-Higgs
James Reilly	Alexander Rumboll	Diesel James	Ryan Ng
		Ted Goldsmith	Jake Kitchen
		Samuel Stewart	Finlay FitzSimons





Wyvern students Lewis Saupin, Will Richardson, Toby Torrible and Charlie Roberts. Well done boys!

### Football Skill Development Sessions

To help further develop the skills and technique of 2018 Wyvern football players, skills sessions will be run alternate Friday mornings from 7:15am – 8:00am, during Term 2 and Term 3. This program will be overseen by Newington College Head of Football, Brian McCarthy. These sessions will begin Friday the 4<sup>th</sup> May and will continue for the duration of the football season finishing in Term 3 on the 11<sup>th</sup> August. Numbers are limited and enrolments are accepted on a first in best dressed basis. Parents who have enrolled their child will only be contacted if their application is too late. Permission notes are available on Spaces or from the bookcase by reception.

### Rugby Skill Development Sessions

To help further develop the skills and technique of 2018 Wyvern rugby players, skills sessions will be run alternate Wednesday mornings from 7:15am – 8:00am, during Term 2. This program will be overseen by Christian Mayo from Play Rugby Australia. These sessions will begin Wednesday the 2<sup>nd</sup> May and will continue for the duration of Term 2 finishing in Term 3 on the 9<sup>th</sup> August. Permission notes are available on Spaces or from the bookcase by reception.

### F.A.S.T Football Program for Years 1 and 2

Fast Football registration is now closed for Y1 and Y2 students during T2 and T3. These sessions begin on Friday 5<sup>th</sup> of May. All uniforms will be handed out to participating boys on Friday at school. Fast Football will be made available for Kindergarten students during T3, with information circulated later this Term.

### Flyers:

The following flyers are available on Newington Spaces and can also be collected from the display unit near the front office.

- Term 2 Swim Squad
- Football Skills Year 3 – 6 (registrations closed for Y3 & Y4)
- Rugby Skills Year 3 – 6

### Shining Stars

- On April 13-15, Sydney University Lions sent three teams of boys to the Waterpolooza tournament held at the Canberra International Swimming and Aquatic Centre in Belconnen. This water-polo tournament is specifically for those born 2006 or later, with five games per team, semis and finals for qualifying teams over the weekend. The winning Sydney University boys team included



- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this “Shining Stars” section of the Wyvern.

### Coming Up

- Saturday 5 May – Round 1 Saturday Winter Sport
- Tuesday 22 May – NSW Schools FUTSAL (selected students)

**Joel Wilson**  
Newington College – Wyvern Sportsmaster