

## WYVERN SPORT TERM 3 - Week 3, 2018

## Winter Sport - Saturday 11 August 2018 (last round)

The winter sport fixtures for 2018 are available on Newington Spaces.

Please remember that on occasions these fixtures are subject to change, so always refer to this document before the upcoming round of matches. Wyvern's weekly sports draw is another way to get up-to-date details regarding the weekends round of matches.

# SENSEBALL - A new and exciting sport activity offered at Wyvern

Senseball is an innovative Brain Centred Approach to Learning. Senseball training allows players to have maximum touches of the ball acquiring skill by moving left/right, forward/backward through space in a balanced way.

- Improved Cognitive readiness/ Improved Balance
- Improved left brain/ right brain collaboration
- Improved perception/ enhanced posture
- Understanding of time/space influence
- Better rhythmic performance
- · Group collaboration & Team building
- Growing Self- esteem/Improved self-confidence

Please register and pay via the link to flyer below. Positions are limited with the course beginning on Monday 13th August.

## Flyer -

https://spaces.newington.nsw.edu.au/wyvern/sport/pages/589-extra-sport-activities

#### Youtube -

https://www.voutube.com/watch?v=2wZvJMiO3ZU

## Newington Preparatory Schools Inter-House Athletics Carnival Report

Wednesday 25<sup>th</sup> July saw Lindfield and Wyvern Prep schools gather at Sydney Olympic Park Athletics Centre on a day filled with blue sky and anticipation. The unseasonably warm weather meant for perfect conditions to jump, throw and challenge the clock! The earliest arrivals were the 800m runners who were warmed up and ready to earn the first points of the day. It was clear very early on that it was going to be yet another day of stirring individual efforts and healthy Inter-House rivalry.

The junior 800m was the first event held with early arriving spectators treated to a super contest between James Hoskins  $\mathbf{1}^{\text{st}}$ in a time of 2:51:92 and Liam Casey  $\mathbf{2}^{\text{nd}}$ . There was not much separating the boys in the first

race, a trend that would prove to continue throughout the day. Lionel Falk-Brown came through into 3rd place, with Felix Paszkiewicz 4th and Mateja Wong 5th pushing themselves all the way to the tape. U/11 800m saw a rematch between two boys who had very successful cross country seasons. Connor Mosely and Harry Halleen lined up with most predicting a fast pace to decide the winner, but we had no idea what was about to unfold! From the start, Halleen took the race out hard in an attempt to break the spirits of his fellow competitors. In doing so, it became ever more apparent that he was in contention to break a very competitive race record. Mosely 2<sup>nd</sup>, Ted Goldsmith 3rd and Bowen Keegan 4th tried in valiantly to stay in touch, but Harry only extended his advantage to win by the length of the straight. As a result, Harry broke the U/11 800m record by 3 seconds in a time of 2:27:72. U/12 finalists took to the waterfall start for the 800m with nervous energy streaming out of their every move. This looked to be a quite competitive age group in terms of the overall age champion trophy, so the boys were aware of the importance of this race. With 10 runners breaking the 3-minute barrier, it was a great exhibition of endurance. Finn Wicks 1st in 2:32:77 had too much over the concluding stages for Arlo Merewether 2nd, Charlie Roberts 3rd, Ryan Ng 4th and Jake Kitchen 5th.

Every Years 3–6 boy were then organised and dispersed to the event rotation of long jump, discus, shot put, and the sprint races. The 100m and 200m events were compulsory and each boy was given two chances in each field event before finalists received a third attempt. The boys moved around in House groups with boys from Lindfield and Wyvern spending the day grouped together to form friendships and experience a sense of interschool competition.

Shot Put - Michael Sheehy took out the 8/9's event sending the 2kg shot into orbit with a throw of 6.38m. Remi Jacobe showed where his dynamic power on the track originates from with 2nd placing and Charlie Auld threw well to finish 3rd. The U/10 shot put saw Felix Beresford take the ribbon with a nice effort of 6.80m. Jed Robertson showed his throwing prowess with 2<sup>nd</sup>, as did Harrison Veitch in 3rd. The U/11's saw the 2kg shot replaced by the heavier 3kg shot, but that did not seem to deter the boys from clearing large distances. Toby Cameron Tavendale finished 1st, with 8.20m, and was closely followed by Mack Fraser Weaver 2nd and Youssef Taleb in 3rd. The U/12 shot put saw Arlo Merewether display his versatility in 1st with a solid 8.23m recorded. James Ferguson 2nd and Dan Davison 3rd, were separated by 11cm in a well-fought contest.

**Discus** – Carter Tocknell propelled the discus into the sky, fizzing all the way to 17.91m to take  $1^{\text{st}}$  place in the U/8/9 event. Michael Sheehy  $2^{\text{nd}}$  and Hugh Jones  $3^{\text{rd}}$  made the podium with fantastic throws of their own. U/10 was a one-sided affair as Harrison Veitch  $1^{\text{st}}$ , used all of his strength to expedite the disc a massive 26.82m.



Jed Robertson 2<sup>nd</sup> and Oliver Turner in 3<sup>rd</sup>could only stand and applaud as they tenaciously fought out the red and green ribbon. Sam Walker once again took out his age division, this year saw Sam named U/11's champion with a throw of 19.09m using the heavier plate. Mack Fraser Weaver 2<sup>nd</sup> and William Killen 3<sup>rd</sup> both pushed hard to surpass Walker with great throws to no avail. Flynn Clatworthy 1<sup>st</sup> with a nice effort of 25.30m won the U/12 title. Arlo Merewether 2<sup>nd</sup> and Mackenzie Berman 3<sup>rd</sup>, both exceeded the 20m mark with solid efforts to reach the podium.

**High Jump** – The High Jump Finals are completed at school prior to the carnival. Congratulations to the following boys who placed in age group. Special congratulations to Matias Barrington Higgs winning the U/12 division in a new Newington Prep School Record height.

**8/9 Years** – 1<sup>st</sup> Lionel Falk Brown (1.19m), 2<sup>nd</sup> Mateja Wong, 3<sup>rd</sup> Alex Nicholias

**10 Years** – 1<sup>st</sup> Lachlan Sutton (1.17m), 2<sup>nd</sup> James Hoskins, 3<sup>rd</sup> Finn Cathcart

**11 Years** – 1st Toby Cameron-Tavendale (1.30m), 2<sup>nd</sup> Sam Chittendon, 3<sup>rd</sup> Henry Alexander

**12 Years** – 1<sup>st</sup> Matias Barrington-Higgs (1.48m & new record), 2<sup>nd</sup> Finn Wicks, 3<sup>rd</sup> Charlie Roberts

Long Jump - Gus Klineberg leapt over 3.07m to win the U/8/9 event by a narrow, but nonetheless distinct margin. Lachlan Mosely 2nd and Jimmy Reilly 3rd strived hard for the victory, falling inches short with powerful efforts. Speed is a crucial ingredient required for long jump success, a prerequisite Liam Casey has in abundance. Liam jumped 3.85m to win the U/10 event, over Lachlan Sutton 2nd, and Oliver Turner 3rd. The U/11's saw Toby Cameron-Tavendale fly exactly 4.00m, 20cm in front of gallant performances from Sam Chittendon 2<sup>nd</sup> and Harry Halleen 3<sup>rd</sup>. Matias Barrington-Higgs showed his high jump credentials were no fluke, with another spring-healed performance to win the U/12's with a jump of 4.35m. This event was extremely close, requiring a jump off to separate Finn Wicks 2<sup>nd</sup> and Arlo Merewether 3rd.

Track Finals – Throughout the morning, we had a massive 98 heats contested in the 100m and 200m sprint. The fastest qualifiers from the morning session were announced over the loud speaker. As they made their way from the stands and onto the track, their fellow Housemates cheered them on with gusto. From every age division, finals were all extremely tight races with the finish line officials left thankful for the photo finish! The U/8's 100m saw Mateja Wong power down the SOPAC straight to win in 16:14 seconds. Daniel Goldsmith 2<sup>nd</sup>, Jack Putter 3<sup>rd</sup> and Joe Everett 4<sup>th</sup> challenged hard, but could not diminish the margin.

Lionel Falk-Brown stopped the clock at 15:58 seconds to take out the U/9 100m from Michael Sheehy 2nd, Finn Herrig 3<sup>rd</sup> and Lachlann Mosely 4<sup>th</sup> right on his tail. The 15-second barrier was broken in the U/10's race when Liam Casey won in 14:98 seconds in an epic battle over James Hoskins in 2<sup>nd</sup>. Aiden Li ran 3<sup>rd</sup> and William Eddowes 4th pushed all the way to the line with good times. In another stirring contest, Sam Chittendon had too much speed for Harry Halleen in the U/11's race. Sam won in a time of 14:52, half a second quicker than his winning time last year. Harry Halleen was 2<sup>nd</sup>, Mack Fraser Weaver 3rd and Toby Cameron-Tavendale was 4th. The blue ribbon event of the U/12 100m was next and an enthralling race ensued. Finn Wicks took the final in 14:41 seconds narrowly in front of Arlo Merewether 2<sup>nd</sup>, Charlie Roberts 3rd and Anthony Arancio 4th.

The 200m finals saw most of the 100m finalists return to the starting line for another energy sapping effort. Once more, Mateja Wong took out the U/8 race with a crushing win in 35:08 seconds. Jack Putter 2<sup>nd</sup> turned the tables over Daniel Goldsmith 3rd and Joe Everett 4th. U/9 200m saw Remi Jacobe 2nd, Jimmy Reilly 3rd and Michael Sheehy 4th push hard for victory, but Lionel Falk-Brown was too quick once more, posting a win of 33:31 seconds. The U/10 competition was tight! Liam Casey and James Hoskins had been sharing the honors over the day and the 200m was yet another fine exhibition of healthy competition. On this occasion, James got the better of Liam late in the race recording 31:54 seconds to win from Liam in 2<sup>nd</sup>, Aiden Li 3<sup>rd</sup> and Sanjay Spencer 4<sup>th</sup>. Harry Halleen had to use all of his determination and form to hold off a lionhearted Sam Chittendon in the U/11 race. Harry finished just ahead of Sam in 2<sup>nd</sup>, Mack Fraser Weaver and Toby Cameron-Tavendale 4th in a time of 29.36 seconds. The final individual race of the day saw another duel between Finn Wicks and Arlo Merewether. On this occasion, Finn had a little more to spare on the line, winning over Arlo 2<sup>nd</sup> in a time of 28:81 seconds. Mackenzie Berman 3rd and Charlie Roberts 4th gave honest, commendable performances just behind.

The final events for the day were the 4x100m relays for juniors and seniors. The representatives from each House, were announced and heralded like speedy, fast twitched gladiators as they took to the track. With a gunshot, the junior relay commenced in a flurry of colour, as Kingswood took it out hard. Down the back straight it appeared as though Coates had pushed forward, with Lucas making a charge. As the runners shot into the home straight, Coates tried in vain, as Howe sailed past to take the race in 1:07:55 seconds. Coates held on for 2<sup>nd</sup>, with Kingswood 3<sup>rd</sup>, Lucas 4<sup>th</sup>, Williams 5<sup>th</sup> and Rydal 6th. The senior relay runners warmed up for the relay practicing baton changes whilst Mr Holden offered sound technical advice. Williams and Kingswood took off from the start with the early advantage whilst Coates and Lucas tried to negate the margin. Into the final change, we had a stirring contest appearing as all teams were within striking distance. Down the home straight Coates



House eventually wore down Williams to win in 59:79 seconds. Williams 2<sup>nd</sup>, Kingswood 3<sup>rd</sup>, Lucas 4<sup>th</sup>, Rydal 5<sup>th</sup> and Howe 6<sup>th</sup> were all super efforts in defeat.

Immediately after a staff relay entertained the boys and onlookers, where Mr Holden graciously and selflessly allowed the Lindfield staff to enjoy a victory, a sudden hush flowed over the boys. As they awaited the announcement of the winning house for 2018, hopes and anticipation grew! Congratulations to Kingswood who for the 2<sup>nd</sup> year in succession take home the Inter-House Champion Trophy.

The day was a tremendous success, with every boy participating with sportsmanship and pride. It was great to see athletes test and challenge themselves with amazing personal best performances. We look forward to the representative athletics season, with more personal bests to achieve.

The full results are below:

1 <sup>st</sup>	Kingswood
2 <sup>nd</sup>	Coates
3 <sup>rd</sup>	Howe
4th	Lucas
5 <sup>th</sup>	Williams
6th	Rydal

Congratulations to the following boys awarded Age Champions and Runners up in each Age Group.

8/9YRS		
Champion	Lionel Falk Brown (38)	
Runner Up	Mateja Wong (34) & Michael Sheehy (34)	
10 YRS		
Champion	James Hoskins (36) & Liam Casey (36)	
Runner Up	Lachlan Sutton (28)	
11YRS		
Champion	Toby Cameron Tavendale (46)	
Runner Up	Sam Chittendon (38)	
12YRS		
Champion	Arlo Merewether (52)	
Runner Up	Finn Wicks (50)	

## Wyvern Athletics Team for IPSHA 2018

Mateja Wong, Daniel Goldsmith, Jack Putter, Joe Everett, Finn Herrig, Jimmy Reilly, Remi Jacobe, Lionel Falk-Brown, Felix Beresford, Alexander Fulton, Liam Casey, James Hoskins, Aiden Li, Felix Paszkiewicz, Fletcher Lapthorne, Jasen Begetis, Harrison Veitch, Ted Goldsmith, Sam Chittendon, Harry Halleen, Sam Walker, Arlo Merewether, Charlie Roberts, Anthony Bordina, Mackenzie Berman, Youssef Taleb.

Invitationals Only: Lachlan Sutton, Jed Robertson, Sanjay Spencer, Jake Kitchen











## NSW Schools FUTSAL Championships

Congratulations to Mr Pollard and the Wyvern FUTSAL team for their efforts at the NSW Schools State Finals last week. The team was knocked-out in the semi-final stage, after some awesome performances in the pool games. The team finished 4<sup>th</sup> in the state-wide competition which is a fine accomplishment and reward for their hard work. Well done boys!

Wyvern FUTSAL team: Taliesin Dorigo, Seb Webber, Frankie Alafaci, Arlo Merewether, Joshua Lakkis, Will Beattie, Luka Wong, Oscar McLeod



## Harry Halleen Cross Country Success

Harry Halleen competed at the NSWPSSA Cross Country Championships finishing with a sensational  $6^{th}$  in the U/11 3km race. Harry will now compete at the National titles as a member of the NSW team. Well done Harry!



## **Lewis Saupin Swimming Success**

Well done to Lewis Saupin for his amazing feats at the National swimming titles in Hobart last week. Lewis managed to finish 12<sup>th</sup> overall in the 100m butterfly, 13<sup>th</sup> in the 50m free and 4<sup>th</sup> in the 4x 50m relay. Lewis swam PB's in every race, and he is extremely deserved of his successful swimming season. Well done Lewis!



<u>Congratulations Thomas Kosmas and Connor Costanzo –</u> <u>CIS Rugby League</u>

Thomas Kosmas and Connor Costanzo enjoyed a successful NSWCIS Rugby League tournament in Mudgee during the last week of Term 2. The CIS team performed well above expectations in winning all but one match, finishing runners-up overall. The Wyvern boys were integral to the team's success with Thomas earning selection in the NSW team to play in the National Titles in Adelaide this week. Well done boys!

## Wyvern Winter Sport & Co Curricular Photos

Photos for Winter Sport & Co-Curricular are taking place on Monday 13 August. All boys need to bring their winter sport uniform for these photos. On this day, boys will wear greys to school if they are having any Music, Chess, Debating, Da Vinci Decathlon or TOM photos. If boys are not involved with these photos, winter sports uniform can be worn to school.



# Wyvern Summer Inter-House Competition Years 3 - 6

Over the next 3 – 4 weeks during sport time on a Monday or Wednesday afternoon, the boys in years 3 – 6 will be competing in a series of Inter-House sport matches. Sports that will be played include: rugby, football, AFL, cricket, basketball and tennis. Rules are modified for the safety and enjoyment of all the boys. At the conclusion we will determine who our winning House teams are in each sport for 2018. The boys are not required to bring in equipment apart from their PE uniform and House coloured polo shirt.

House Comp 1 - Wed 22 August House Comp 2 - Mon 27 August House Comp 3 - Wed 29 August House Comp 4 - Mon 3 September House Comp 5 - Wed 5 September House Comp 6 - Mon 10 September

## <u>Tennis - Newington Inter-House Tennis Singles</u> Championship

This year the Newington Preparatory Schools' Inter-House Tennis Singles Championship will be held on Saturday 22 September at the Newington Senior School tennis courts (8:00am – 12:00pm). This tennis championship is open to all boys in Years 3-6 from both the Wyvern and Lindfield campuses. However, numbers participating in this competition will be restricted.

**Entry:** Any boys who wish to compete in this 'Open' competition must first check with their parents and then they need to follow directions which can be found on Spaces (Link below)

https://spaces.newington.nsw.edu.au/wyvern/sport/artic les/8447-tennis-entry-form-newington-preparatoryschools-inter-house-tennis-championships

An email must then be sent to Mr Martin by Friday 31st August to indicate your son's availability for the event. Please remember that the Championship is a Saturday morning. A final confirmation of entry will be sent home prior to the event to notify the boys who are required to play. Unfortunately, not all entries can be successful, and preference will be given to boys in the higher grades.

**Uniform and Equipment:** Boys will be required to wear House Polo shirt, shorts & runners as well as provide their own tennis racquet.

Format: There will be a round robin competition to begin with. Boys will play  $5 \times 10$  minute matches with the number of games won recorded. The winner of the most games in each pool will progress to the knockout draw to determine an overall singles champion and runner up. The standard of competition will be challenging, and it should be an absorbing battle to see which House will be the Champion House for 2018 and who will be this year's individual tennis champion.

## **Newington Inter-House Biathlon**

The Newington Preparatory Schools' Inter-House Biathlon will be held on Saturday 22nd September at the Newington Senior School pool (7:00am start). It involves a 400m swim followed by a 1600m run. Entry: Any boys who wish to compete in this 'Open'

competition must first check with their parents and then follow directions which can be found on the Wyvern Sport page on Spaces. (Link below)

https://spaces.newington.nsw.edu.au/wyvern/sport/artic les/8446-biathlon-entry-form-newington-preparatoryschools-inter-house-biathlon

An email must be sent to Mr Martin by Friday 31st August to indicate your son's availability for the event. Please remember that the Championship is on a Saturday morning. A final confirmation of entry will be sent home prior to the event to notify the boys who are required.

## **Shining Stars**

 Congratulations to Sam Rudd who competed in the holidays at the Sydney Inter-schools Snowsports Championships. Sam has been selected to represent Newington/Wyvern in Skier X event at the State Interschools on the 25th August. Here is a photo of Sam from the event (Sam in a blizzard!)





Joshua Cronin Y3 played in a Glebe PCYC 12-14 year, basketball competition last term. Unfortunately, his team never had a more than 4 boys at any game. At the end of last Term Joshua was extremely excited that his 4-man team, "The Rangers" won the basketball grand-final, with a scoreboard of 46 to 27. This was an outstanding effort with a team of only 4 boys. What great Wyvern Spirit! Well done Josh!



 If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this "Shining Stars" section of the Wyvern.

## **Coming Up**

- Saturday 11 August Last round winter sport
- Monday 13 August Winter Sport & Music Co-Curricular Photos
- Wednesday 15 August NO Sport training
- Saturday 18 August South Harbour Athletics Carnival (SOPAC for selected students)
- Wednesday 22<sup>nd</sup> August House matches Commence
- Saturday 25 August Newington Invitational Athletics Carnival (SOPAC for selected students)
- Wednesday 29 August IPSHA Athletics Carnival (selected students)
- Monday 17<sup>th</sup> September Winter Sport Assembly

Joel Wilson Newington College – Wyvern Sportsmaster