



## **WYVERN SPORT TERM 3 – Week 5, 2018**

### **Winter Sport Awards Assembly**

This year our winter sports awards assembly will be held on Monday 17 September. It will commence at 2.00pm and conclude around 3.00pm in the Wyvern Hall. Letters are sent home via students prior to the assembly informing parents if their child will be receiving an award. Parents are welcome to attend.

### **SENSEBALL - A new and exciting sport activity offered at Wyvern**

Senseball is an innovative Brain Centred Approach to Learning. Senseball training allows players to have maximum touches of the ball acquiring skill by moving left/right, forward/backward through space in a balanced way.

- Improved Cognitive readiness/ Improved Balance
- Improved left brain/ right brain collaboration
- Improved perception/ enhanced posture
- Understanding of time/space influence
- Better rhythmic performance
- Group collaboration & Team building
- Growing Self- esteem/Improved self-confidence

Please register and pay via the link to flyer below. Positions are limited with the course beginning on Monday 13 August.

**Flyer-** <https://spaces.newington.nsw.edu.au/wyvern/sport/pages/589-extra-sport-activities>

### **Youtube**

- <https://www.youtube.com/watch?v=2wZvJMio3ZU>

### **Invitational Athletics Season Commences**

Last Saturday the Newington Athletics team competed at the South Harbour Invitational Athletics Carnival. All Wyvern boys were complemented for competing with great pride and discipline throughout the day. Surely due to the positive attitudes, some outstanding results were also recorded. This was highlighted by both our senior relay teams winning their races well, and our throwers including Jed Robertson, Youssef Taleb, Harrison Veitch, Arlo Merewether and Sam Walker all enjoying success. The Newington Invitational Athletics Carnival is on this weekend, with over 25 Wyvern boys competing against 7 other schools. The Newington Athletics team will use this carnival, as the last warm up before IPSHA on Wednesday 29 August. We look forward to hearing how the boys fared in the next newsletter.





## Wyvern Summer Inter-House Competition Years 3 – 6

Over the next 3 – 4 weeks during sport time on a Monday or Wednesday afternoon, the boys in years 3 – 6 will be competing in a series of Inter-House sport matches. Sports that will be played include: rugby, football, AFL, cricket, basketball and tennis. Rules are modified for the safety and enjoyment of all the boys. At the conclusion we will determine who our winning House teams are in each sport for 2018. The boys are not required to bring in equipment apart from their PE uniform and House coloured polo shirt.

- House Comp 1** – Wed 22 August
- House Comp 2** – Mon 27 August
- House Comp 3** – Wed 29 August
- House Comp 4** – Mon 3 September
- House Comp 5** – Wed 5 September
- House Comp 6** – Mon 10 September

## Tennis - Newington Inter-House Tennis Singles Championship

This year the Newington Preparatory Schools' Inter-House Tennis Singles Championship will be held on Saturday 22 September at the Newington Senior School tennis courts (8:00am – 12:00pm). This tennis championship is open to all boys in Years 3-6 from both the Wyvern and Lindfield campuses. However, numbers participating in this competition will be restricted.

**Entry:** Any boys who wish to compete in this 'Open' competition must first check with their parents and then they need to follow directions which can be found on Spaces (Link below)  
<https://spaces.newington.nsw.edu.au/wyvern/sport/articles/8447-tennis-entry-form-newington-preparatory-schools-inter-house-tennis-championships>

An email must then be sent to Mr Martin by Friday 31 August to indicate your son's availability for the event. Please remember that the Championship is a Saturday morning. A final confirmation of entry will be sent home prior to the event to notify the boys who are required to play. Unfortunately, not all entries can be successful, and preference will be given to boys in the higher grades. Uniform and Equipment: Boys will be required to wear House Polo shirt, shorts & runners as well as provide their own tennis racquet.

**Format:** There will be a round robin competition to begin with. Boys will play 5 x 10 minute matches with the number of games won recorded. The winner of the most games in each pool will progress to the knockout draw to determine an overall singles champion and runner up. The standard of competition will be challenging and it should be an absorbing battle to see which House will be the Champion House for 2018 and who will be this year's individual tennis champion.

## Newington Inter-House Biathlon

The Newington Preparatory Schools' Inter-House Biathlon will be held on Saturday 22 September at the Newington Senior School pool (7:00am start). It involves a 400m swim followed by a 1600m run.

**Entry:** Any boys who wish to compete in this 'Open' competition must first check with their parents and then follow directions which can be found on the Wyvern Sport page on Spaces. (Link below)  
<https://spaces.newington.nsw.edu.au/wyvern/sport/articles/8446-biathlon-entry-form-newington-preparatory-schools-inter-house-biathlon>

An email must be sent to Mr Martin by Friday 31 August to indicate your son's availability for the event. Please remember that the Championship is on a Saturday morning. A final confirmation of entry will be sent home prior to the event to notify the boys who are required.

## Shining Stars

- Over the winter break, Aleksandar Petrovski, from 3S, was selected to play in a football tournament in Sardinia, Italy. Aleksandar was part of team assembled to represent Australia from a players selected from Sydney and Melbourne. The 5 on 5 tournament was an intensive 6-day competition, played in the late Italian afternoons. The Australian team was undefeated in the tournament scoring over 100 goals, bringing the Sardinia Cup to Australia. Well done Aleksandar!





- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this “Shining Stars” section of the Wyvern.

### **Coming Up**

- Wednesday 22 August – House matches Commence
- Saturday 25 August – Newington Invitational Athletics Carnival (SOPAC for selected students)
- Wednesday 29 August – IPSHA Athletics Carnival (selected students)
- Thursday 13 September – CIS Athletics Carnival (selected students)
- Monday 17 September – Winter Sport Assembly
- Saturday 22 September – Newington Preparatory Schools Inter-House Biathlon & Tennis Championships
- Monday 24 September – T4 Summer Sport Training Commences

**Joel Wilson**  
**Newington College – Wyvern Sportsmaster**