

WYVERN SPORT TERM 1 - Week 2, 2019

Wyvern House Sport Handbook

The Wyvern House Sport Handbook is in the process of being updated with a number of small changes made. Most noticeably the evolution of junior cricket formats will be included, with IPSHA sport aligning closely with formats recommended by Cricket Australia.

The 2019 handbook will be available online only from this year and is accessible via the Wyvern sport page on Spaces. It is designed to assist you with understanding the day-to-day organisation of sport at Wyvern.

Please familiarise yourselves with this booklet as it will answer many of those questions that you may have during the year about sport and the school's requirements from your son.

Round 1 Summer Sport Commences Saturday 9 February

We have had a limited amount of time available to allocate our summer teams before Round 1 this year. Wyvern and senior school staff will do their best to place boys in a suitable team for their current level of play and fitness. This is important in providing an enjoyable, safe, and beneficial experience through sport. However, it would be naïve to assume that one or two errors in judgement will not be made. We do allow 2 weeks to make any adjustments to teams before settling on a squad for the season. This enables coaching staff the opportunity to gain a more intimate understanding of each boy's level of play, thus allowing to allocate teams accurately. Accordingly, we will make changes to teams if obviously necessary. This means all teams will not be fixed until Round 3 of the IPSHA competition.

The Wyvern fixture sheet for Term 1 sport can be accessed via the Wyvern sport page on Spaces. All team lists, venues, starting times and opposition teams are listed. On rare occasions there may be unavoidable last-minute changes to fixtures. Please check these fixtures on a Thursday evening and contact Joel Wilson through the office if you have any questions or problems.

In the case of wet weather, a message will be recorded on the **WET WEATHER NUMBER (9432 1222)** and it can be called after 6:45am on the morning of the match.

School Sport is Compulsory and Punctuality is Expected

Some of our boys are involved in club sport outside of Newington and this can be very beneficial to their development. I do not want to discourage this practice; however, I feel it is necessary for there to be an early reminder that school sport is compulsory at Newington and it must take priority over outside club commitments. Any requests for 'Leave from Sport' must be made in writing and addressed to the Head of Campus (Mr Ian Holden). It is also expected that the boys arrive in their correct sport uniform 30 minutes prior to the match commencing to allow sufficient time for the team to warm up and prepare for the match.

Newington Preparatory Schools' Inter-House Swimming Carnival

PLEASE NOTE: 7:30AM Departure from Senior School (Stanmore Road Gates)

The annual NCP Inter-House swimming Carnival is scheduled for Wednesday 13 February at the Ryde Aquatic Centre, Victoria Rd, Ryde. Students from Years 3 – 6 will be departing the senior school from Stanmore Road by bus for the Ryde Aquatic Centre at *7:30am sharp* and returning to Wyvern by 3:00pm for dismissal. Parents are welcome to attend.

Boys can enter 50m freestyle and breaststroke events on the day and if they are one of the eight fastest swimmers from the heats, they will progress to a final. The 100m Freestyle, 200m Individual Medley, 50m butterfly and 50m backstroke events will be straight finals on the day and selection for these finals have been held over the first two weeks of Term 1.

Program of events...

50m Backstroke Finals for U9 – U12							
50m Butterfly Finals for U9 –U12							
Junior	200m	Ind. Medley		FINAL			
Senior	200m	Ind. Medley		FINAL			
U8	50m	F/S	HEATS				
U9	50m	F/S	HEATS				
U10	50m	F/S	HEATS				
U11	50m	F/S	HEATS				
U12	50m	F/S	HEATS				
Junior	100m	F/S	FINAL				
Senior	100m	F/S	FINAL				



U8	25m	BR/S	HEATS				
U9	50m	BR/S	HEATS				
U10	50m	BR/S	HEATS				
U11	50m	BR/S	HEATS				
U12	50m	BR/S	HEATS				
50M Freestyle Finals for U8 – U12							
50M Breaststroke Finals for U9 - U12							

The carnival is scheduled to commence at 9:00am and conclude by 2:15pm. Please be advised that there is a spectator fee charged by the Aquatic Centre and that the parking is sometimes limited. There is free parking for 4 hours from 10:00am, after that the car park is patrolled by Rangers who will issue fines.

Students travelling to and from school will wear full PE uniform including their House coloured polo shirt. They should already have their swimmers on underneath. Students will travel to the pool by bus. Any students wishing to travel directly to the pool from home may do so provided a note is given to the class teacher prior to the day. All students must remain at the carnival until it concludes at 2:15pm. Parents may depart the carnival with their son, provided you inform your son's classroom teacher prior to leaving.

The boys must bring their own recess and lunch and they will eat this during the carnival when there is an appropriate amount of time between events.

Students will NOT be permitted to visit the canteen during the carnival.

FINALISTS 50m Back & Fly, 100m Free, 200m IM

https://spaces.newington.nsw.edu.au/wyvern/sport /articles/2795-finalists-for-swimming-carnival-200m-im-100m-free-50m-back-50m-fly

Newington Preparatory Schools' Swimming Team

Based on the results from the Inter-House swimming carnival, a Newington Swim team will be selected. These boys will be required to represent Newington at a number of swimming invitation carnivals and at the IPSHA swimming carnival.

Depending on the program offered by the host school, the swim team may vary from carnival to carnival as we match up swimmers with the events on the program. Our first invitational swimming carnival will be The Scots College Invitational on Friday 22 February. This will be followed by the South Harbour Invitational on Thursday 28 February. The IPSHA swimming carnival is scheduled for Tuesday 5 March.

A note will go home providing greater detail to all the boys selected in the swimming team, after our Inter-House Carnival.

Swimming Squads

During 2019, Newington's Swimming program under the NEWSPORT banner, will provide a streamlined experience for all students at Wyvern. Squad training will be held on mornings for our faster swimmers and afternoon sessions will be organised for our developing swimmers. More details on NEWSPORT swimming program are available on Spaces.

https://spaces.newington.nsw.edu.au/wyvern/sport /pages/589-extra-sport-activities

<u>Year 3–6 Wyvern Basketball Skills Coaching –</u> <u>Wednesday Mornings (7:30am – 8:10am)</u>

To assist in the development of young basketballers at Wyvern Preparatory School an additional skill session will be completed each Wednesday morning. This voluntary session will run from 7:30am – 8:10am and it is available for boys in Years 3 - 6.

This program will be overseen by the Director of Basketball at the Senior School, Rex Nottage.

It should be noted that no Preparatory School teachers will be present at these sessions and parents will be required to transport their boys from the Newington Senior School Gym to Wyvern following the completion of the training session. Alternately, you may grant permission for your child to walk back to Wyvern by indicating it on the bottom of the permission note. Senior School prefects supervise the pedestrian crossings between the Senior School and Wyvern at this time of the morning.

These sessions will begin on Wednesday the 6th of February and will continue for the duration of the basketball season in Term 1, finishing on the 13th of March.



So that Coach Nottage can plan accordingly, can you please indicate if your son will be attending these skills sessions by completing the permission form and returning it to Mr Joel Wilson.

https://spaces.newington.nsw.edu.au/wyvern/sport /pages/589-extra-sport-activities

<u>Year 3 – 6 Wyvern Cricket Skills Coaching – Y3/4</u> <u>Thursday Mornings & Y5/6 Friday Mornings,</u> <u>7.00am – 8.00am</u>

Cricket skills sessions are planned for Year 3-6 students, who have either chosen cricket as their compulsory summer sport and are looking to improve their skill level; or students currently playing a different sport but looking to practice cricket with a view to play in the future.

The Cricket Development Sessions will occur under the guidance of Newington's new Head of Cricket Mr Ross Turner. Ross has vast playing and coaching experience in Australia and abroad.

The Development Sessions will focus on fine tuning acquired skills and improving fundamental batting, bowling and fielding techniques. We are confident these technical elements together with game strategies will better prepare students for match play.

As an outcome of the program the students will increase their knowledge, understanding and skills cricket-wise and in turn build confidence and enjoyment levels in readiness for competitive cricket.

Basic equipment will be provided however boys are encouraged to bring their own if they are able.

https://spaces.newington.nsw.edu.au/wyvern/sport /pages/589-extra-sport-activities

Winter Sport Preference Survey

A Winter Sport Preference Survey has been sent home last week. This form needs to be completed by all students in Years 3 – 6 and returned to their classroom teacher by Friday 8 February at the latest. Please ask your son to think carefully about their sport preference as the results from these surveys will be used to determine how many teams Wyvern will enter in each age group of the IPSHA competition. Students will not be allowed to change preferences once the survey has been returned.

Flyers

The following flyers can be found on Wyvern Sport Spaces page "Extra Sport Activities" or collected from the display unit near the front reception.

- Y3 6 Swim Squad
- Y3 6 Basketball Skills
- Y3 6 Cricket Skills

Shining Stars

Congratulations to Cameron Wilk-Ellis for his efforts in water-polo during the school holidays. Cameron played two competitions in January, with Balmain 12 & Under. Cameron's team placed second before heading up to Brisbane for Nationals from 17th to the 25th of Jan. His team came in as the silver plate winners, achieving 9th position. Cam had great fun in these events, he has learnt so much from his experience during the break. Well done Cam!



 Orlando Mina has also been heavily involved during the break, winning a bronze medal at the water polo national championships.
Orlando was part of the Sydney Uni U12s
Lions team. Orlando was joined and is pictured with ex Wyvern student Joel
Zipeure. From all reports, the boys played very well with outstanding sportsmanship.
Well done Orlando!





• If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this "Shining Stars" section of the Wyvern.

Coming Up

- Friday 8 February Winter Sport Preferences Survey due back to classroom teacher.
- Saturday 9 February Round 1 Summer Sport.
- Wednesday 13 February Newington Prep Inter-House Swim Carnival at Ryde Aquatic Centre
- Friday 22 February The Scots College Invitational Swimming Carnival at Scots
- Thursday 28 February South Harbour Invitational Swimming Carnival at Trinity
- Tuesday 5 March IPSHA Swimming Carnival at Homebush (selected students)
- Wednesday 20 March Newington Prep Inter-House Cross Country

Joel Wilson Newington College – Wyvern Sportsmaster