



WYVERN SPORT TERM 1 – Week 6, 2019

Round 5 Summer Sport commences Saturday 9 March

The Wyvern fixture sheet for Term 1 sport can be accessed via the sport page on Spaces.

All team lists, venues, starting times and opposition teams are listed. On rare occasions there may be unavoidable last-minute changes to fixtures. Please check these fixtures on a Thursday evening and contact Joel Wilson through the office if you have any questions or problems.

In the case of wet weather, a message will be recorded on the **WET WEATHER NUMBER (9432 1222)** and it can be called after 6:30am on the morning of the match. For early matches a message will be endeavoured to be left prior to 6:30am. A wet weather Spaces article is also set up on the Wyvern Sport page on weekends where doubt surrounds games going ahead.

Scots Invitational Swimming Carnival Report

In the final few weeks of summer, rain clouds gathered overhead, and eight schools mustered inside Scots College pool for the Scots Invitational Carnival. Sunscreen was swapped for umbrellas as the heavens opened and the 19 strong Wyvern swim team steadied for a great day of competition. This carnival is the first lead-up to the IPSHA swimming event a few weeks later. Our boys gain fitness, confidence and hopefully a competitive boost before the representative carnivals ahead.

Cameron Wilk-Ellis and Orlando Mina got the Newington crowd on their feet with two stirring performances in the 100m freestyle. The 50m freestyle events saw our youngest U/8's experience a representative carnival for the first time. Frank O'Halloran and Leon Votsikas showed immense resilience and effort to improve their school carnival times. The U/9's group provided some team morale with outstanding swims from Isaac Hammond 3rd, Mateja Wong 3rd, Digby Leadon 4th and Leo Langman 4th. Our remaining swimmers all placed 4th or better in the remaining freestyle races to provide extra belief, incentive and resolve for the upcoming events.

The breaststroke then came and went with some more brilliant performances from the young brigade once more. A swim from new boy Joel Miller, who showed his swimming class finishing 2nd in his event. Followed by Aleksander Barlin powering home to finish 2nd in his second swim of the day.

In the backstroke, James Hoskins, Cameron Wilk-Ellis and Orlando Mina were dynamic, finishing 3rd in their respective events, with our junior swimmers competitive also. Sam Rudd stepped in for an absent team member in the backstroke, willing to give his best effort for the team.

Our U/12's were strong once more in the butterfly event showing their strength and power through the water to swim away with ribbons. Harrison Veitch performed well in the butterfly and throughout the day, showing Wyvern Spirit by swimming in races vacated by boys unable to attend.

The relays saw some brilliant performances, particularly from the 8 years Freestyle, who fought hard to the wall in the first relay event. Both junior relays churned up and down the 25m pool, arms and legs whirling with fury in a bid for a podium finish. The junior A team of Joel Miller, Angus Baker Wood, Alex Nicholias and Aleksander Barlin were particularly competitive against some strong teams. Our senior relays took up the challenge, undoubtedly spurred on by their junior counterparts and the cheering from the pool deck. William Donnelly, Charlie Appleyard, Harrison Veitch and Hugo Isherwood flew home for 4th before our senior A team stopped the clock in a very respectable time.

At the very instant the last relay team touched the wall to conclude the event, the rain cleared to reveal an amazingly blue sunny sky. This positive atmosphere was duplicated on the bus ride back to Wyvern, with all boys proud of their efforts and looking forward to the next meet.



The carnival runs on the same program from the week before, with the only difference being the schools involved are all south of the bridge. During this carnival, the Wyvern team enjoyed great success with many ribbons received for a first, second or third. Our U/10's 50m freestyle was a particularly strong group with Angus Baker Wood and Aleksander Barlin finishing 2nd and Joel Miller and Alex Nicholias finishing 1st. These efforts were a strong sign for a competitive relay at the IPSHA carnival the following week.

Our backstrokers, breaststrokers and butterflyers were exceptional with great improvement shown. Charlie Appleyard 3rd in backstroke and James Hoskins and Cameron Wilk-Ellis 2nd were the standouts in backstroke. Orlando Mina 3rd, Aleksander Barlin 2nd and Angus Baker Wood 1st were the stars in breaststroke. Once again Orlando Mina 2nd and Aleksander Barlin 1st provided team success in the butterfly events.

With relay success for the junior A team, of Joel Miller, Angus Baker Wood, Alex Nicholias and Aleksander Barlin they stamped themselves as a real prospect to qualify for CIS the following week. Our senior A team also showed their improvement with a 3rd to once again finish on a positive note.

Bags were packed, sausage sandwiches devoured, ribbons gathered and lollies hidden, before we left the Scots College grounds with our bodies prepared and our minds firmly set on Homebush and the IPSHA swimming carnival the following Tuesday.



South Harbour Invitational Swimming Carnival Report

A much warmer, muggy afternoon greeted the Newington swim team as they descended upon the outdoor pool at Scots for the 2nd consecutive week, for the Sth Harbour Invitational Swimming Carnival. Hopes were high for the final practice before IPSHA, after fantastic performances at the carnival six days prior.



The front of the school will be very busy and parents are advised to park along Newington Road.

Newington Preparatory School Cross Country at Newington Senior School Campus

The Newington Preparatory Schools' Cross Country will be held at Newington Senior School on Wednesday 20 March. This will involve boys in Years 3-6. Boys will meet at Wyvern for morning classes, before walking over to the senior school at 9:30am.

The carnival program is

1. 10:10am Junior Cross Country Race (2000m 8/9 and 10 Year olds)
2. 10:450am Senior Cross Country Race (3000m (11 and 12 Year olds)
3. 11:30am Presentation
4. 11:55am Carnival finishes

This year we do not have a "fun run" event with all boys encouraged to enter the Championship races. We will include a cut-off time/distance for boys who may find the full distance too far. These boys will be funnelled of the course at an appropriate time or distance. All boys who participate in any of the above races will contribute points for their House. Any child who wishes to be considered for selection in the Combined Newington IPSHA Cross Country team should enter in the appropriate Championship race for their age group. The first 5-10 boys in each age group will be invited to attend the IPSHA Cross Country at Kings on Saturday 6th April.

In addition to the Newington Cross Country Championship Trophy and the Wyvern House Trophy for Cross Country, Age Champions will be recognised in the 8's/ 9's, 10's, 11's and 12's age groups. Participation is encouraged but is not compulsory if boys have a medical complaint or injury.

If there are any health concerns leading up to the carnival or medication that is required prior to, before or after the carnival these need to be discussed with the child's teacher and written instructions provided. In addition to this, any child who feels unwell, light headed or dizzy during the race, will be reminded prior to commencing the race to stop and go to the nearest staff member who will be located at regular intervals around the course. Children suffering asthma will be asked to carry their "puffers" with them during the run.

2019 Newington Swim Team			
8/9 Years	10 Years	11 Years	12 Years
M. Wong	A. Barlin	J. Hoskins	O. Mina
D. Leadon	J. Miller	H. Veitch	H. Isherwood
L. Langman	A. Baker Wood	C. Appleyard	W. Donnelley
F. O'Halloran	A. Nicholias	S. Rudd	C. Wilk-Ellis
L. Votsikas		S. Williams	
I. Hammond			

Parking at Newington – Saturday 16 March

Please note the following for parking at Newington College on Saturday 16 March.

- Head of the River buses will be departing at the front of the school from 7:30am – 8:30am, so there will be limited access to the main road and school area.
- **no onsite parking for parents will be available.**



With the races commencing in the morning this year we ask that the boys eat an appropriate light breakfast prior to attending school and take regular sips of water throughout the morning before and after their race.

There will be no sport training after the cross country on this day. Upon returning, the boys will resume normal classroom lessons and be dismissed at 3:15pm.

WHAT TO BRING

- PE uniform and House coloured polo shirt
- PE Tracksuit if it is cold
- White Newington sun hat
- sun cream
- water bottle
- light snack/nibbles
- lunch for after race
- medication eg ventolin inhalers (if required)

Winter Sport: (Draw completed 21 March)

Monday 25 March marks the beginning of our preparation and team allocation for the winter sport season. Training sessions will be held at the Newington Senior School during our normal Monday and Wednesday afternoon sport training times (1:45 – 2:45pm).

During this time, coaches will be observing and assisting the boys to learn the game and demonstrate their skills. They will ensure all boys are given an equal and fair opportunity to demonstrate their abilities. There will be a series of skill assessments followed by mini games and modified match situations to test the boys' match play skills. Students will be allocated teams during this time to allow ample time for teams to prepare for Round 1 which will be on Saturday 5 May after we return from holidays. Consideration will be given to previous form e.g. In the event of a student being injured before the trials and unable to participate, but it must not be presumed that because a student played in a particular team last year, that he will automatically be selected in that equivalent team this year.

Where possible, coaches will select squads that include a number of placements for reserves. This is necessary to allow us to cover the absence of players due to sickness, injury etc. The team may be subject to change at any time during the course of the season.

Reserves will be rotated on and off the field each week throughout a match.

Depending on the size of the final squad it may be necessary to roster some students off from playing each week. This will be done on a rotational basis, so all boys get an equal opportunity to play. 'Rostered Off' reserves are not required to attend the matches but their attendance to show support for their team mates is welcome. This ensures that all boys in attendance receive adequate game time and do not spend a large amount of time sitting off. We will do our best to ensure that all boys that have been selected for a particular game will be rotated throughout the game and play equal time. This may even itself out over a number of games so please do not become worried if it does not happen over the course of one game.

It is important, regardless of the team that your son ultimately finds himself selected in, that we encourage team camaraderie, good sportsmanship, a positive attitude and that we reinforce the values that working hard to achieve a goal will make the rewards far more appreciated.

UNIFORM REQUIREMENTS FOR MONDAY AND WEDNESDAY WINTER SPORT

Football (soccer)

- Newington soccer shirt, soccer shorts, Newington black and white striped socks and runners to and from school.
- Shin pads and boots at training

Rugby

- Newington rugby jumper, rugby shorts, Newington black and white striped socks and runners to and from school.
- Mouth guard and boots at training

AFL

- PE shirt, rugby shorts, Newington black and white striped socks and runners to and from school.
- PE shirt, mouth guard and boots at training



IPSHA Football Trials

Well done to Will Beattie, Luka Wong and Lucas Johnson for successfully earning a spot at the IPSHA football trial next week. We wish the boys the best of luck and hope they enjoy the experience and gain confidence before the winter season kicks off.



NewSport Holiday Camps

With the April school holidays fast approaching, please see the various NewSPORT camps as below.

Week 1 School Holidays:

- Mon 15 April – Thur 18 April : [Beginner Water Polo Clinic](#)
- Mon 15 April – Tue 16 April: [Primary School Football Camp](#)
- Mon 15 April – Tue 16 April: [Primary School Tennis Camp](#)
- Wed 17 April – Thur 18 April: [Primary School Basketball Camp](#)
- Thur 18 April: [Primary School Football Camp \(1 Day\) @ Lindfield](#)

Shining Stars

- Owen Lloyd Jones swam in the NSW State Surf Lifesaving Championships with approximately 200 entrants from clubs across NSW. It was a very strong field and Owen made it through heats, then the semis and into the final of 32 competitors. After a long swim in some tough surf conditions and the sprint to the line Owen finished 15th after an unfortunate stumble towards the finish. Owen did an outstanding job finishing in the top 15 for the State. Well done Owen!



- If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this “Shining Stars” section of the Wyvern.

Coming Up

- Saturday 16 March – Last Round of Term 1 summer sport
- Monday 18 March – No Wyvern sport Training
- Wednesday 20 March – Newington Prep Inter-House Cross Country
- Wednesday 20 March – CIS Swimming Championships
- Monday 25 March – Winter sport training commences
- Saturday 6 April – IPSHA Cross Country at Kings. (selected students)

Joel Wilson

Newington College – Wyvern Sportsmaster