

Newington Stanmore Week 3, Term 2 2019

Recipe of the Month

Sugar free Cookies



Ingredients

- half cup coconut oil
- •2 medium banana
- •1 large egg
- •1 teaspoon vanilla extract
- •Quarter teaspoon cinnamon
- 1 half cup oats, dry
 1 cup raisins, seedless

Coordinator Corner

Happy Week 3! We have started the term off with a bang! With the introduction of Jamie Oliver's learn your fruit and veg incursions that will be happening every Monday afternoon from 4 – 5pm. This is an exciting new innovation we are offering free of charge for those who are enrolled in the service. To find out more please feel free to ring the service number and ask for Adam. Our after school care program has been focusing on group games, such as bull rush, poison ball and everyone's favorite, survival tag. We will also be focusing the next couple of weeks program on sustainability and how, as a service we can improve on our sustainability practices.



The children enjoying constructing Lego.

Junior Leaders' Journal

"I love coming to Osh because I get to see all my friends and play games with them all" - Junior Leader 3 -6

""my favourite thing to play with is the Lego" - Junior leader Year K-2

PLEASE NOTE:

Any child with medical or dietary requirements please ensure that your action plans and medications are up to date. Please see our staff if you have any questions as it may affect your bookings.



GET TO KNOW YOUR COORDINATOR :

<u>NAME:</u> Adam Vilimaa <u>AGE: 25</u> <u>STUDYING:</u> Bachelor of business <u>HOBBIES:</u> playing rugby , hanging with friends and watching sport <u>FAVORITE GAME:</u> chess, snatch and trouble



Newington Stanmore Week 8, Term 1 2019



The Educators' Guide has been developed to support the professional practice of those who are responsible for the interactions, experiences, routines and events, planned and unplanned, that occur in a school age care environment designed to foster children's wellbeing, development and learning. It focuses on aspects of pedagogy including building and nurturing relationships, program decision-making, teaching and learning. A copy is located at our front desk. All you need to do is ask a staff member for a copy!



Here at OSHClub, in Term 2 we have decided to start up COOKING CLUB again in the mornings. We will be teaching all aspects of cooking – from the importance of hygiene, of eating the right foods, following recipes as well as Teaching all the different techniques of cooking and baking. We will be running our cooking club Monday, Wednesday and Friday mornings and we hope you can come! BONUS: Breakfast is included.



Your feedback is important to us!

In order to help us improve our service and program for your children, please feel free to contact us via email or phone to give us any feedback, suggestions or complaints. Our goal is to ensure that the program runs smoothly and effectively whilst providing the best possible program for your children to enjoy every afternoon.



iCheck-In

Reminders

In order for our children to have the best available care, please ensure bookings are done 24 hours in advanced to allow appropriate staffing and program planning. If you need to do an emergency booking please contact the service phone or email <u>Newington@oshclub.com.au</u> **OSHC program phone**: 0428131700 **Coordinator**: Adam Vilimaa **Assistant Coordinator**: Iana Wan **Educators**: Rio, Steph, Antonia **OSHClub Head Office**: 03 85649000