



Recipe of the week:

HEALTHY HIDDEN VEGGIE SAUSAGE ROLLS



INGREDIENTS

500 g lean beef mince
100 g chopped onion cooked and cooled (use raw if you don't have time)
1 cup grated carrot 100gms
1 cup grated zucchini excess moisture removed (150gms)
3 tbsp tomato sauce
80 g low fat cheese grated
10 sheets filo pastry
Canola spray olive oil spray is also ok.

Coordinator Corner

Happy Week 7 everyone! It is almost the end of term and we are planning an exciting winter vacation care for the kids. Last Monday was our last Jamie Oliver incursion and we ended it with coleslaw! We hope that the boys had a blast learning all about vegetables and learning new cooking skills. Last week our theme was kitchen science, and we got to use everyday products found in the kitchen to do some experiments. We made some sherbet and the boys had fun experimenting how much of each ingredient was needed to make it taste yummy.

Stay tuned for what is coming up with our vacation care program!



Children enjoying building towers with blocks

Junior Leaders' Journal

"doing the cooking was so much fun! "

Junior Leader 3 -6

"I really enjoy playing snatch with my friends"

- Junior leader Year K-2

PLEASE NOTE:

Any child with medical or dietary requirements please ensure that your action plans and medications are up to date.

Please see our staff if you have any questions as it may affect your bookings.



The Educators' Guide has been developed to support the professional practice of those who are responsible for the interactions, experiences, routines and events, planned and unplanned, that occur in a school age care environment designed to foster children's wellbeing, development and learning. It focuses on aspects of pedagogy including building and nurturing relationships, program decision-making, teaching and learning. A copy is located at our front desk. All you need to do is ask a staff member for a copy!

HIGHLIGHTS OF THE WEEK



Children loved their final week of the cooking incursion



The boys doing a science experiment exploding lemons



The boys creating towers out of marshmallows



Your feedback is important to us!

In order to help us improve our service and program for your children, please feel free to contact us via email or phone to give us any feedback, suggestions or complaints. Our goal is to ensure that the program runs smoothly and effectively whilst providing the best possible program for your children to enjoy every afternoon.

Reminders

In order for our children to have the best available care, please ensure bookings are done 24 hours in advanced to allow appropriate staffing and program planning. If you need to do an emergency booking please contact the service phone or email Newington@oshclub.com.au

OSHC program phone: 0428131700

Coordinator: Adam Vilimaa

Assistant Coordinator: Iana Wan

Educators: Rio, Steph, Rebecca, Michelle

OSHClub Head Office: 03 85649000