

WYVERN SPORT TERM 3 - Week 7, 2019

<u>2020 Summer Sport Survey (for current Year 2 – Year 5</u> students)

2020 summer sport surveys have been sent home. Please fill in this note and return following the instructions listed. I recommend you could consider your son's sport choice carefully as changes cannot be made to your initial preferences. This is because, based on this survey, the school makes a commitment to enter a certain number of teams for each sport in the IPSHA competition. It also assists us to plan for fields, coaches, equipment etc. Once allocated to a sport the commitment is for the entire season, e.g. Terms 1 and 4 and as such, mid-season changes to other sports cannot be accommodated.

https://spaces.newington.nsw.edu.au/wyvern/sport /pages/1037-lost-your-sport-note

Harry Halleen at Cross Country Nationals

Congratulations to Harry Halleen for his enormous effort at the National Cross Country Championships last week at Kembla Grange. Harry ran over the undulating countryside course to finish with an outstanding 4th overall. Harry was also selected to be the junior captain of the NSW team. Harry can be seen alongside Newington senior school student Angus Beer, named senior captain of the team. Harry also took part in the NSW team that were crowned champions in the relay event. Well done Harry!











Luka Wong at National Football Championships

Luka Wong enjoyed the National U/12 Football Championships in Canberra as part of the NSW team. Luka spent the week in Canberra playing many games against all other Australian States and Territories. Unfortunately, the NSW boys did not do as well as they hoped, but Luka made some great mates and learned many aspects about his game to help his continued improvement. Congratulations Luka on a wonderful achievement!



Bailey Roberts-Lintmeijer at NSWPSSA Rugby Championships

Well done to Bailey Roberts-Lintmeijer who spent last week in Hawkesbury at the NSWPSSA rugby Championships as part of the CIS team. Bayley played in a number of positions in the backline for the CIS team who finished in 2nd placing overall.



Invitational Athletics Carnivals Report

As a competitive lead in for the IPSHA Athletics Carnival, the Wyvern Athletics team has been enjoying some running, jumping and throwing with two recent lead up events. The Newington Invitational (NI) South Harbour Invitational (SHI) and involved many boys from other Independent schools, all keen to gain some form before the IPSHA carnival the following week. Despite a few of our senior athletes away with other sporting commitments and a bout of late winter flu taking out others, the team performed admirably during the warmup carnivals.

The field events of shot put, discus, high jump and long jump saw many Wyvern boys perform well. Harrison Veitch signalled his form in the 11's discus taking ribbons at both carnivals. Charles Auld was just outside the placings in the junior shot put as was Finn Dauphinee in the 12's. Freddie Bolton finished second at the NI in the 11's shot put to highlight our strength in this event.

Our 800m runners produced typically dogged performances, with Mateja Wong, Harry Halleen and James Hoskins giving their all with excellent efforts.

The 100m races saw our top four fastest in each age division career down the track at top speed. Bryant Diep and Mateja Wong both won their heats in the 9's in fine style. Daniel Goldsmith and Joe Everett also ran very well in good lead ups. Remi Jacobe, Jimmy Reilly, Lionel Falk-Brown and Finn Herrig enjoyed the opportunity in the U/10's winning many ribbons along the way. James Hoskins showed his form over the shorter journey to take out a heat in the 11's, with Rome Caldwell and Aiden Li running smoothly as well. With many of the U/12's



unavailable, it was left to Will Beattie to represent the 12's age group. Will did not disappoint, running with his usual tenacity to finish just outside the placings.

The 200m event saw most of our Wyvern 100m runners back up for the longer distance. Felix Paszkiewicz was an inclusion for the longer event with his stamina shining through. In good signs for Wyvern's endurance, the 200m results were fantastic with more than our share of ribbons awarded to our runners. Mateja Wong and Jimmy Reilly stood out winning their heats.

Our junior and senior relay teams were made up of the fastest boys from the 100m. However, due to the unavailability of some members, Wyvern's relay squads required boys to back up or run in place of other boys. Alexander Fulton, Rome Caldwell, Orlando Mina and Harry Halleen were some of the boys required to lend a hand, showing great team spirit and a selfless attitude. Our relay teams showed resilience and effort in running solid races before the IPSHA carnival the following week.

Well done to all participants from the invitational carnivals and thank you to Wyvern staff who helped run both events. We look forward to some inspirational efforts at the IPSHA carnival next week. We are sure that our Wyvern boys will rise to the challenge and compete with great pride!

















IPSHA Athletics Carnival Report

On quite a dreary, cold and wet morning, Wyvern's athletics team gathered for the 2019 IPSHA Athletics Carnival at Sydney Olympic Park. Our team of 25 boys from Year 3 – 6 joined hundreds of other young athletes from Independent Schools around NSW. At the conclusion of a warm-up, including baton change technique, our junior and senior relay teams were ready to marshal for the 4x100m race.

Lionel Falk-Brown, James Reilly, Mateja Wong and Joe Everett shot around the track in a black and white blur to finish 3rd in their heat with a time of 1:02.74 seconds and an impressive 9th overall. The junior team showed immense teamwork, changing the baton seamlessly despite the dexterity of their fingers impaired by the cold temperatures. The senior team consisting of Liam Casey, Bailey Roberts-Lintmeijer, James Hoskins and Will Beattie had an interrupted lead up without many opportunities to practice due to injury and sickness. However, the team showed determination, managing to finish well under the one-minute barrier in 58.64 seconds and 12th overall.

The U/9 100m athletes began to muster at the start with energy and expectation oozing through their veins. Our youngest sprinters got us off to a fantastic start, with the speedy Joe Everett 9th, the ever-improving Daniel Goldsmith 25th, the always reliable Mateja Wong 32nd and the dynamic Bryant Diep 41st overall. Our U/10 runners ran with excellent form, gliding home to win ribbons in their heats. They were led by Lionel Falk-Brown 12th, Remi Jacobe 41st, James Reilly 42nd and Finn Herrig 84th overall. James Hoskins 31st, Rome Caldwell 66th and Aiden Li 91st did their best to challenge in the 11's age group, but they were unable to replicate their quick times from the Newington Carnival. Bailey Roberts-Lintmeijer improved his Newington carnival time finishing with an excellently smooth 9th overall. Will Beattie 45th overall was our other U/12 competitor doing well with a solid time recorded.

Mateja Wong backed up his sprint effort with a highly competitive 6th overall in the junior 800m. James Reilly finished less than 10 seconds behind with 19th overall. James Hoskins 11th and Felix Paszkiewicz 21st overall in the 11's 800m both ran with pride and stamina. Harry Halleen was not able to attend the IPSHA meet but was selected for the CIS team in the 800m event with a superior certified time. Harry was also accepted to represent in the 1500m event at CIS with another certified time registered before the carnival.

The junior 200m saw Lionel Falk-Brown 11th, Joe Everett 29th, Mateja Wong 49th and James Reilly finish 65th overall. All boys had already run in a number of events, so their effort to place as high was a challenge accepted. In a positive sign for their fitness, James Hoskins 19th and Felix Paszkiewicz 58th backed up in the 11-year's 200m age division, with times quicker than those posted at our Newington event. Will Beattie 56th overall ran with an enviable pride and tenacity in the 12's event.

IPSHA field events were taking place throughout the day, with grey skies threatening to dump rain at any second. Our high jumpers mostly succumbed to injury on the day with only Lionel Falk-Brown jumping to finish 13th in the junior event. The long jump cohort hit the board hard but shared mixed results in the three-chance event. Alexander Fulton jumped his way into 19th overall, Liam Casey showed his liking for the event with a very respectable 7th overall and Bailey Robert-Lintmeijer was



unable to produce his best finishing in 17th overall. Our throwing team had solid carnivals prior to IPSHA and were keen to send the shot and discus soaring at IPSHA. Our shot put results were handy with Charles Auld 10th and Finn Dauphinee 15th overall. Our discus competitors fared a little better with Carter Tocknell 9th in the junior event, Harrison Veitch 2nd in the 11's and Sam Walker 16th overall in the 12's. With his huge throw of 25.56m, Harrison deservedly earned a place on the IPSHA team to throw at the CIS carnival. This late in the day qualification was a fine way to conclude the event for the team.

This year the team performed well with many top 10 placings and PB's attained. We saw Harry Halleen and Harrison Veitch both qualify for the CIS carnival held in mid-September and we wish both boys the best of luck. Unfortunately, a number of boys were not at their best in the lead ups or during the day of competition. It was clear to see some of our boys suffering physically with flu and minor injuries. We need to remember that these minor setbacks are all part of the performance aspect of sport. Sometimes these are out of our control, but thankfully, one constant we can always control is our effort, attitude and commitment.





















Shining Stars

• If your son has had some successful sporting achievements outside of school, I would love to hear from you. They can be shared with the Wyvern community through this "Shining Stars" section of the Wyvern.

Coming Up

- Wednesday 11 September House Comp 4
- Wednesday 11 September 2019 New Zealand Tour Information Night (5.30pm Wyvern Hall)
- Thursday 12 September CIS Athletics Carnival (Harry Halleen & Harrison Veitch)
- Saturday 14 September Newington Preparatory Schools Inter-House Biathlon & Tennis Championships
- Wednesday 18 September T4 Summer Sport Training Commences

Joel Wilson Newington College – Wyvern Sportsmaster